

**BINOD BIHARI MAHTO KOYALANCHAL
UNIVERSITY, DHANBAD (JHARKHAND)**



**FOUR YEARS UNDER GRADUATE PROGRAM
PSYCHOLOGY**

UP TO SEMESTER VI

AS PER NEP-2020

YEAR OF IMPLIMENTATION: ACADEMIC YEAR 2022-2023

Members of Board of Studies of Psychology for Four Year Undergraduate Syllabus as Per the Guidelines of NEP-2020 of Binod Bihari Mahto Koyalanchal University, Dhanbad

1. Dr.Kavita Singh
Associate Professor & Hread
Uni.Dept. of Psychology
BBMKU

-Chairperson

2. Dr.Sudhinta Sinha
Associate Professor
Uni.Dept. of Psychology
& Proctor,BBMKU

-Internal Member

3. Dr. Meera Jaiswal(Retd.)
Professor & Ex- Head
Uni.Dept. of Psychology
Ranchi University, Ranchi

-External Member

4. Dr. Kirti
Professor & Head
Dept. of Psychology
College of Commerce, Patna

-External Member

5. Dr. R.S. Yadav(Retd.)
Associate Professor & Ex- Head
Uni.Dept. of Psychology
BBMKU

-Invited Member

(Dr.Kavita Singh)
Head
Uni.Dept. of Psychology
BBMKU,Dhanbad

K.S. Singh
31/07/2023
HEAD
UNIVERSITY DEPT. OF PSYCHOLOGY
BBMKU, DHANBAD



Meera Jayaswal (Ph.D., D.Litt.)

University Professor (Retd.)

Department of Psychology

Ranchi University Ranchi-834008, Jharkhand

Mobl: 8084269255 email: drmeerarun@gmail.com

Date 26.9.2022

To:

Dr. Kavita Singh

Head

University Department of Psychology

B.D.M.K.U

Dhanbad

Subject: Approval of Syllabus

Dear Madam,

The syllabus for Four Year Undergraduate Programme under NIP 2020 is approved.

Yours sincerely,

(Meera Jayaswal)

Phone-cum-Fax : 0612-2350136 (O)
DEPARTMENT OF PSYCHOLOGY



College of Commerce, Arts & Science
Kankarbagh, Patna-800 020

[A Constituent unit of Patliputra University, Patna]
NAAC Re-Accredited 'A' Grade with CGPA 3.10

Website : www.cocaspatna.ac.in; Email : principalcocaspatna@gmail.com

Ref :

Date :

To,

Dr. Kavita Singh

Head

University Department of Psychology

B B M K U, Dhanbad

Subject : regarding Approval of Syllabus

Dear Madam,

After going through the syllabus for Four Years Undergraduate Program in Psychology of Binod Bihari Mahto Koylanchal University, Dhanbad (Jharkhand) under NEP-2020, I hereby give my approval for the same.

Yours Sincerely

[Signature]

[PROF. KARTI]

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Jharkhand, NEP Regulations for FYUGP, 2022 onwards
Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 160]

Level of Courses	Semester	M2: Discipline Specific Courses - Core or Major (80)	M1: Minor from discipline (16)	M1N: Minor from vocational (16)	MDC: Multidisciplinary Courses (Life sciences, Physical Sciences, Mathematical and Computer Sciences, Data Analysis, Social Sciences, Humanities, etc.) (9)	AEC: Ability Enhancement Courses (Modern Indian Language and English) (8)	SEC: Skill Enhancement Courses (9)	VAC: Value Added Courses (6)	IAP: Internship/ Dissertation (4)	RC: Research Courses (12)	AAI: Advanced Courses in lieu of Research (12)	Credits	Double Major (DMJ)
100-199: Foundation or Introductory courses	I	4	4		3	2	3	4				20	4+4
	II	4+4		4	3	2	3					20	4+4
Exit Point: Undergraduate Certificate provided with Summer Internship/ Project (4 credits)													
200-299: Intermediate-level courses	III	4+4	4		3	2	3					20	4+4
	IV	4+4+4		4		2		2				20	4+4
Exit Point: Undergraduate Diploma provided with Summer Internship in 1st or 2nd year/ Project (4 credits)													
300-399: Higher-level courses	V	4+4+4	4						4			20	4+4
	VI	4+4+4+4		4								20	4+4
Exit Point: Bachelor's Degree													
400-499: Advanced courses	VII	4+4+4+4	4									20	4+4
	VIII	4		4						12	4+4+4	20	4+4
Exit Point: Bachelor's Degree with Hons. /Hons. with Research												160	224

Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD

Highlights of Regulations of FYUG/Research

- The Full-time, Regular UG programme for a regular student shall be for a period of four years with multiple entries and multiple exit options-
- a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
- a Diploma after 2 years (4 semesters) of study,
- a Bachelor after a 3-year (6 semesters) programme of study,
- a Bachelor (with Hons. / Research) after a 4-year (8 semesters) programme of study
- Validity of a registration for FYUGP will be of six years for Three Year Programme and maximum Seven years for Four Years Programme from the date of registration.

Four Years Undergraduate Honours/Research Program Structure in Psychology

Program Outcomes:

By the end of the Honours/Research Program in Psychology the students will be able:

- To explain the basic concepts in Psychology
- To understand the basic psychological processes and applications in everyday life.
- To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing).
- To understand the basic aspects of different branches and basic theories of Psychology.
- To demonstrate knowledge of the application of theories of Psychology
- To understand the basic aspects of different branches and basic theories of Psychology.
- To use various psychometric tools for assessment.
- To analyses the critical aspects in the process of diagnosis of mental health issues.
- To conduct a social science research with focus on the methods of studying human behavior
- To shape cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- To foster interest in Psychology and create foundation for further studies in Psychology

SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE /RESEAAARCH PROGRAMME

Table-1: Semester wise Course Code and Credit Points for Practical Subjects:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Credit
	Code	Paper	
I	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
II	MJ	Major-2 (Discipline Specific Course)	4
	MJ	Major-3 (Discipline Specific Course)	4
	MN	Minor-I (From Vocational)	4
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
III	MJ	Major-4 (Discipline Specific Course)	4
	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
IV	MJ	Major-6 (Discipline Specific Course)	4
	MJ	Major-7(Discipline Specific Course)	4
	MJ	Major-8 (Discipline Specific Course)	4
	MN	Minor-II (From Vocational)	4
	AEC	Ability Enhancement Course	2
	VAC	Value Added Course	2
V	MJ	Major-9 (Discipline Specific Course)	4
	MJ	Major-10 (Discipline Specific Course)	4
	MJ	Major-11 (Discipline Specific Course)	4
	MN	Minor-IC(From Discipline)	4 (3+1)
	IAP	Internship/Dissertation	4
VI	MJ	Major-12 (Discipline Specific Course)	4
	MJ	Major-13 (Discipline Specific Course)	4
	MJ	Major-14 (Discipline Specific Course)	4
	MJ	Major- 15 (Discipline Specific Course)	4
	MN	Minor-III (From Vocational)	4
VII	AMJ	Advance Major-01 (Discipline Specific Course)	4
	AMJ	Advance Major- 02 (Discipline Specific Course)	4
	AMJ	Advance Major-03 (Discipline Specific Course)	4
	AMJ	Advance Major- 04 (Discipline Specific Course)	4
	MN	Advance Minor- 05 (From Discipline)	4 (3+1)
VIII	AMJ	Advance Major-XX (Discipline Specific Course)	4
	MN	Minor-IV (From Vocational)	4
	RC	Research Courses (Dissertation)	12
		Total Credit	160

Abbreviations:

MJ- Major Disciplinary/Interdisciplinary Courses
 MN- Minor Disciplinary/Interdisciplinary Courses
 AMJ- Advance Major Disciplinary/Interdisciplinary Courses
 MDC Multidisciplinary Course
 AEC-Ability Enhancement Course

VAC- Value Added Course
 IAP- Internship
 RC- Research Course
 SEC- Skill Enhancement Course

Table-2: Title of the Major, Minor and Multidisciplinary Courses in Psychology

S. No.	Title of The Papers
	<u>MAJOR DISCIPLINE SPECIFIC</u>
1	<i>MJ-1- FOUNDATION S OF PSYCHOLOGY</i>
2	<i>MJ-2-FOUNDATIONS OF BIOPSYCHOLOGY</i>
3	<i>MJ-3- PRACTICAL</i>
4	<i>MJ-4- COGNITIVE PSYCHOLOGY</i>
5	<i>MJ-5- PRACTICAL</i>
6	<i>MJ-6- FUNDAMENTALS OF SOCIAL PSYCHOLOGY</i>
7	<i>MJ-7-INTRODUCTION TO PERSONALITY</i>
8	<i>MJ-8- PRACTICAL</i>
9	<i>MJ-9-FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY</i>
10	<i>MJ-10-FUNDAMENTALS OF CLINICAL PSYCHOLOGY</i>
11	<i>MJ-11- PRACTICAL</i>
12	<i>MJ-12- SYSTEMS AND SCHOOLS IN PSYCHOLOGY</i>
13	<i>MJ-13- PSYCHOLOGICAL ASSESSMENT</i>
14	<i>MJ-14-INTRODUCTION TO INDIAN PSYCHOLOGICAL THOUGHTS</i>
15	<i>MJ-15- PRACTICAL</i>
16	<i>AMJ-01- EDUCATIONAL PSYCHOLOGY</i>
17	<i>AMJ-02-FOUNDATIONS OF ORGANIZATIONAL PSYCHOLOGY</i>
18	<i>AMJ-03- EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY</i>
19	<i>AMJ-04 PRACTICAL</i>
20	<i>AMJ-05- RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY</i>
	<u>MINOR DISCIPLINE SPECIFIC</u>
21	<i>MN-IA: INTRODUCTION TO PSYCHOLOGY (THEORY)</i>
	<i>MN-IA: PRACTICAL</i>
22	<i>MN-IB: COMMUNITY PSYCHOLOGY(THEORY)</i>
	<i>MN-IB: PRACTICAL</i>
23	<i>MN-IC: PSYCHOLOGY ANDMENTAL HEALTH (THEORY)</i>
	<i>MN-IC: PRACTICAL</i>
24	<i>MN-ID: PSYCHOLOGY AT WORK(THEORY)</i>
	<i>MN-ID: PRACTICAL</i>
	<u>MULTI DSCIPLINARY COURSE</u>
25	<i>MDC-PSYCHOLOGY: INTRODUCTION TO GRNERAL PSYCHOLOGY</i>

Table-3:Semester-Wise Title of the Papers in Four Year Undergraduate Honours/Research Program in Psychology

For Practical Subjects

Year	Semester	Paper	Title of the Paper	Theory/Practical	Credits
		Code			
Major Papers					
1 st	I	MJ-1	Foundations of Psychology	Theory	4
	II	MJ-2	Foundations of Bio-psychology	Theory	4
		MJ-3	Practical	Practical	4
2 nd	III	MJ-4	Cognitive Psychology	Theory	4
		MJ-5	Practical	Practical	4
	IV	MJ-6	Fundamentals of Social Psychology	Theory	4
		MJ-7	Introduction to personality	Theory	4
		MJ-8	Practical	Practical	4
3 rd	V	MJ-9	Foundations of Developmental Psychology	Theory	4
		MJ-10	Fundamentals of Clinical Psychology	Theory	4
		MJ-11	Practical	Practical	4
	VI	MJ-12	Systems and Schools in Psychology	Theory	4
		MJ-13	Psychological Assessment	Theory	4
		MJ-14	Introduction to Indian Psychological Thoughts	Theory	4
MJ-15	Practical	Practical	4		
4 th	VII	AMJ-01	Educational Psychology	Theory	4
		AMJ-02	Foundations of Organizational Psychology	Theory	4
		AMJ-03	Emergence of Environmental Psychology	Theory	4
		AMJ-04	Practical	Practical	4
	VIII	AMJ-05	Research Methods and Statistics in Psychology	Theory	4
Total Credit					80

Table-4: Distribution of Marks for Major Papers:

S.No.	Semester	Paper	Credit	Full Marks=100			Pass Marks		
				Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical	Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical
1.	I	MJ-1	4	25	75		10	30	
2.	II	MJ-2: Theory	4	25	75		10	30	
		MJ-3: Practical	4			100			40
3.	III	MJ-4: Theory	4	25	75		10	30	
		MJ-5: Practical	4			100			40
4.	IV	MJ-6: Theory	4	25	75		10	30	
		MJ-7: Theory	4	25	75		10	30	
		MJ-8I: Practical	4			100			40
5.	V	MJ-9: Theory	4	25	75		10	30	
		MJ-10: Theory	4	25	75		10	30	
		MJ-11: Practical	4			100			40
6.	VI	MJ-12: Theory	4	25	75		10	30	
		MJ-13: Theory	4	25	75		10	30	
		MJ-14: Theory	4	25	75		10	30	
		MJ-15: Practical	4			100			40
7	VII	AMJ-01: Theory	4	25	75		10	30	
		AMJ-02: Theory	4	25	75		10	30	
		AMJ-03: Theory	4	25	75		10	30	
		AMJ-04: Practical	4			100			40
8.	VIII	AMJ-05: Theory	4	25	75		10	30	
Total Credit				80					

Table-5: Distribution of Marks for Minor Papers:

S.No.	Semester	Paper	Credit	Full Marks		Pass Marks	
				Theory(Internal +End Semester)	Practical(End Semester)	Theory(Internal +End Semester)	Practical
1.	I	MN-IA	3+1	15+60	25	30	10
2.	III	MN-IB	3+1	15+60	25	30	10
3.	V	MN-IC	3+1	15+60	25	30	10
4.	VII	MN-ID	3+1	15+60	25	30	10

Table-6: Distribution of Marks for Multidisciplinary Paper-Psychology:

S.No.	Semester	Paper	Credit	Full Marks Theory(End Semester)	Pass Marks Theory(End Semester)
1.	I or II or III	MDC-Psychology	3	75	30

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-I
MAJOR PAPER-1
Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Mid Semester Examination shall have two components. (a) Semester Internal Assessment Test (SIA) of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd, 5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain two questions. Question No. 1(A) will be very short type questions consisting of five questions of 1mark each. Question No.1 (B) will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any 4 to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1
Paper - Foundations of Psychology		
Paper Code: MJ-1		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Introduction:		
<ul style="list-style-type: none"> • Emergence and Development of Psychology • Definition and Goals of Psychology and subject matter of Psychology; • Branches of psychology- Cognitive, Abnormal, Social, Developmental and Biopsychology, • Methods of psychology- Psychology in modern India. 		
Unit 2: Perception:		
<ul style="list-style-type: none"> • Concept and process • Perceptual organization • Role of attention in perception • Perceptual sets • Perceptual constancies • Perception of Depth, Distance and Movement 		
Unit 3: Learning:		
<ul style="list-style-type: none"> • Concept of learning • Learning curve and methods of learning 		

- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning, Kohler & Kafka's Insight theory and Observational Learning
- Digital learning; Self-regulated learning

Unit 4: Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- Concept of Ebbinghaus and Bartlett
- **Forgetting:**
- Concept, Nature and Causes
- Theories of Forgetting

Unit 5: Emotion:

- Meaning and Characteristics
- Development of Emotion
- Physiological correlates of Emotion
- Measurement of Emotion – Galvanic Skin Response(GSR)

BOOKS RECOMMENDED:

1. Sing, A. K. (2012). Adhunik Samanya Manavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) :Adhunik Samanya Manougyan. Patna: MotilalBanarsidas. (In Hindi)
3. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
5. Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: TataMcGraw-Hill.
6. Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051
7. Morgan C.T., King R.A, Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to psychology. TATA McGraw Hill Education Pvt. New Delhi.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-II MAJOR PAPER-2 Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time: 1 hour

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd. 5 marks).

End Semester Examination (ESE):

Time: 3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-II
Paper – Foundations of Bio-psychology		
Paper Code: MJ-2		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM: 100		SIE=25, ESE=75
PM: 40		SIE=10, ESE=30
Unit 1: Introduction to Biopsychology		
<ul style="list-style-type: none">• Definition and Nature of Bio-Psychology;• Subject matter of Bio-Psychology• Methods of Bio-Psychology• Ethics in Bio-Psychology		
Unit 2: Neuron and Neural Conduction		
<ul style="list-style-type: none">• Neuron –structure, types and Functions• Nerve Impulse and Neural conduction• Synapse and Synaptic transmission.• Neurotransmitters		
Unit 3: Nervous system		
<ul style="list-style-type: none">• Structure and function of Central Nervous System (CNS)• Structure and function of Peripheral Nervous System (PNS)		

- Methods of Studying Functions of Brain

Unit 4: Endocrine System:

- Endocrine Glands –Concept and Type
- Structure and functions of endocrine Glands
- Abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pinea

Unit 5: Receptor, Effectors and Adjuster Mechanism

- Receptor Cells
- Effectors Cells
- Adjuster Cells

BOOKS RECOMMENDED:

1. Breedlove, S. M., Rosenzweig, M. R. and Watson, N. V. (2007). Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience (5th Edition). Sunderland, Massachusetts
2. Carlson, N. R. (2009) Foundations of Physiology (6th Edition). New Delhi: Pearson
3. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Pinel, J.P. (2011). Biopsychology (8th Edition). New Delhi: Pearson Education. New Delhi: Tata McGraw-Hill.
5. Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.
6. Carlson, Neil, R. (2008) Foundations of Physiological Psychology. Pearson Education India

MAJOR PAPER-3
Practical I

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE): Time: 3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as - Experiment -30, Testing-30, Viva-Voce-20 and N.B-20. Four Questions will be set - Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Certificate	Year-First	Semester-II
Paper - Practical I		
Paper Code: MJ-3P		Core Compulsory
Credit: 4 (120 hours)		1 Credit=30 hrs
FM:100		PM: 40
Group A: Experiment: Verbal Learning and Sensory Motor Learning		
<ol style="list-style-type: none"> 1. Memorizing non-sense syllables by the method of Simple Reproduction 2. Memorizing non-sense syllables by the method of Serial Reproduction 3. Bi-lateral transfer (Positive transfer) in sensory motor learning 4. Habit-interference (Negative transfer) 		
Group B: Testing : Perception, Emotion, Mental Health and Stress		
<ol style="list-style-type: none"> 1. Defence Mechanism Inventory by Mrinal and Singhal 2. Emotional Maturity Scale by Singh and Sengupta or by Singh and Bhargava 3. Mental Health Battery by Singh and Sengupta 4. Stress Test by Singh Personal Stress Source Inventory 		
Reference Books:		
<ol style="list-style-type: none"> 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas 2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas. 3. Sinha, R.R.P. (2001). Manovigyan me prayog, Parikchan aur Snakhiyeki. Patna: Bharti Bhawan 4. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan 		

SEMESTER -III**MAJOR PAPER-4****Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paper – Cognitive Psychology		
Paper Code: MJ-4		Core Compulsory
Credit: 4(60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Cognitive Psychology:		
<ul style="list-style-type: none"> • Origin and Definitions • Approaches of Cognitive Psychology • Current Status of Cognitive Psychology 		
Unit 2: Intelligence:		
<ul style="list-style-type: none"> • Definitions, Nature and Types • Theories of intelligence- Two factor, Multiple factor and Group factor theory • Impact of heredity and environment on intelligence • Concept of Emotional Intelligence 		
Unit 3: Thinking:		
<ul style="list-style-type: none"> • Meaning and nature of thinking • Types of Thinking • Jean Piaget' contributions in children's thinking 		

- Role of Set in thinking

Unit 4: Concept Formation and Problem Solving:

- Nature and Importance of Concept
- Types of Concept
- Factors influencing Concept Formation
- Meaning and Nature of Problem Solving
- Steps of Problem Solving
- Methods of Problem Solving

Unit 5: Attention

- Meaning and Characteristics of Attention
- Types of Attention
- Distraction of Attention
- Determinants of Attention

BOOKS RECOMMENDED:

1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) :Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
3. Baron, R.and Misra,G. (2013). Psychology.NewDelhi: Pearson.
- 4.Ciccarelli, S. K. and Meyer, G. E.(2010). Psychology. New Delhi Pearson Education.
5. Passer, M.W. and Smith, R.E. (2010). Psychology: TheScienceof mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7 . Morgan C.T., King R.A, WeissJ.RadSchopler,J.(2012). (latestedition).Introduction to psychology. TATA McGraw Hill Education Pvt .New Delhi.
8. Mangal S.K(2000)General Psychology, New Delhi: Sterling Publishers Pvt.Ltd.
9. Shashi Jain(Latestedition) Introduction to Psychology. NerwDelhi: Kalyani Publishers.

MAJOR PAPER-5
Practical 2

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paper - Practical-2		
Paper Code: MJ-5/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40
Group A: Experiments; Attention and Problem Solving		
<ol style="list-style-type: none"> 1 Effect of organization of stimulus materials on span of attention 2. Effect of distraction of attention on mental task 3. Fluctuation of attention 4. Role of Mental Set in Problem Solving 		
Group B: Testing: Intelligence		
<ol style="list-style-type: none"> 1. Alexander's Battery Test of Intelligence (Pass Along Test, Koh's Block Design Test, Cube Construction Test) 2. Mohsin's General Intelligence Test 3. Raven's Progressive Matrices 4. Joshi's Test of Intelligence 		
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
3. Sinha, R.R.P. (2001). Manovigyan me prayog, Parikhan aur Snahiyeki. Patna: Bharti Bhawan		
4. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-IV MAJOR PAPER-6

Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-IV
Paper - Fundamentals of Social Psychology		
Paper Code: MJ-6		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Introduction:		
<ul style="list-style-type: none">• History of Social Psychology• Definition, Nature and Scope of Social Psychology• Relationship with Sociology and Anthropology• Current status of Social Psychology in India and its application		
Unit 2: Understanding Social Behaviors:		
<ul style="list-style-type: none">• Self and its process- Self-concept, Self-esteem, Self-presentation• Person Perception, Social perception and its determinants• Attitude- Nature, Formation and Change		
Unit 3: Group, Group Dynamics and Group Cohesiveness:		
<ul style="list-style-type: none">• Group-Meaning, Classification, Structure and Functions, Distinction between Primary and Secondary groups• Group Formation		

- Group Dynamics-Meaning
- Group Cohesiveness- Meaning, Factors influencing group cohesiveness and Effects of group cohesiveness

Unit 4: Leadership:

- Nature and Definition;
- Type and Traits theories of leadership
- Functions of a leader
- Difference between Democratic and Authoritarian leadership

Unit 5: Public Opinion

- Definition; Factors influencing Public Opinion
- Role of media in Public Opinion
- Measurement of Public Opinion

BOOKS RECOMMENDED:

1. Baron, R.A and Byrne, D. (2000). Social Psychology. New Delhi: Prentice Hall.
2. Crutch, D., Crutchfield, R.S. and Balachey, E.L. (1962) Individual in Society, A text book of Social Psychology, McGraw Hill
3. Hewit, J.P. (1986). Self and Society: A symbolic interactions social psychology. Boston: Allyn and Bacon.
4. Pandey, J. (Ed.) (1998). Psychology in India: The state of the art. Basic and applied social psychology. (Vol. II). New Delhi: Sage.
5. Secord and Backman (1978). Social Psychology. New York: McGraw Hill.
6. Singh, A.K. (2002). Samaj Manovigyan Ki Roop Rekha. Patna: Motilal Banarsidas (In Hindi).
7. Suleman, Md. (1991). Adhunik Samaj Manovigyan. Patna: Shukla Book Depot (In Hindi).
8. Panday, J. (Ed.) (1980). Perspectives on Experimental Social Psychology in India. New York: Concept.
9. Alam and Razaque (2012). Social Dimension of Human Behavior. New Delhi: Manak Publication.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**SEMESTER-IV**
MAJOR PAPER-7
Theory**Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks).

End Semester Examination (ESE):**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-IV
Paper - Introduction to Personality		
Paper Code: MJ-7		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit- 1:Introduction: <ul style="list-style-type: none"> • Personality-Concept, • Type and Trait Approach 		
Unit- 2: Determinants of Personality: <ul style="list-style-type: none"> • Biological • Socio-cultural 		
Unit- 3:Psychodynamic Theories of Personality <ul style="list-style-type: none"> • Psychoanalytical Approach- Freud, Adler and Jung • Neo-Freudian Theories- Lewin's Field Theory, Erikson's Psychosocial Theory and Eric Fromm's Sociological Theory 		
Unit-4 Social Learning Theories of Personality: <ul style="list-style-type: none"> •Bandura •Dolard and Miller 		
Unit -5: The Humanistic Theories: <ul style="list-style-type: none"> •Carl Rogers' Self theory 		

- Maslow's Self-Actualization theory;
- Murray's need theory

BOOKS RECOMMENDED:

1. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
2. Bisoff, L.J (1970). Interpreting Personality Theories. New York: Harper and Roe.
3. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
4. Hall C. and G. Lindzey (1978). Theories of Personalities (III Ed.) New York: J Wiley and Sons
5. Morgan C.T., King R.A, Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGraw Hill Education Pvt. New Delhi.
6. Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: Tata McGraw-Hill.
7. Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051
8. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
9. Srivastava Ramji, et al. (2012). Personality Psychology. Agamgarh: Motilal Banarsidas. (Hindi version).
10. Suleman, Md. (2012) : Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
11. Zeigler, D.J (1991). Personality Theories: Basic Assumptions, Research and Applications (2nd ed). International Students Edition.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**MAJOR PAPER-8****Practical 3**

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE): Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	Semester-IV
Paper – Practical- 3		
Paper Code: MJ-8/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40
<p>Group A: Experiments: Sensation, Perception and Illusion</p> <ol style="list-style-type: none"> 1. Determination of two point threshold by method of limit 2. Determination of DL for lifted weights and visual lengths by the method of limit 3. Effect of fatigue on RL 4. Mullar-Layer Illusion by method of average error <p>Group B. Testing –Personality Assessment:</p> <ol style="list-style-type: none"> 1. MMPI 2. 16 Personality Factors 3. Eyejenk' s Personality Questionnaire (EPQ-Indian Adaptation) 4. Type A Type B Personality Test 		
Reference Books:		
1. Bhargav, M. (2009) Manovaigyanik Parikshan Awam Mapan, Bhargav Book House, Agra		
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
4. Sinha, R.R.P (2001). Manovigyan me prayog, Parikchan aur Snakhiyeki. Patna: Bharti Bhawan		
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-V
MAJOR PAPER-9

Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each..Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-V
Paper - Foundations of Developmental Psychology		
Paper Code: MJ-9		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1:Introduction:		
<ul style="list-style-type: none"> • Human Development • Developmental Psychology- Concept, Objectives, Scope and Utility • Major issues in Developmental Psychology 		
Unit 2: Periods of Life Span Development::		
<ul style="list-style-type: none"> • Prenatal development ;Birth and Infancy • Childhood • Adolescence • Adulthood • Physical development and physical growth cycle 		
Unit 3: Domains of Human Development:		
<ul style="list-style-type: none"> • Cognitive development: Perspective of Piaget • Language development • Motor/Physical development • Emotional development 		

- Moral development

Unit 4: Sensory and Perceptual Development:

- Sensory Process
- Perceptual Process
- Sensory capacity of Infants
- Development of Perceptual ability
- Dimensions and Determinants of Perceptual Development

Unit 5: Socio- Cultural Context for Human Development:

- Family
- Peers, Play behaviour
- Media and Schooling

BOOKS RECOMMENDED:

1-Berk-; Child development.

2 Bee and Byod-; Developing Child

3-Hurlock-;;Child Psychology

4-Liebert Polous,and Marmor-; Developmental Psychology

5-RamjeeSrivastavandothers-; Adhunik Vikasatmak Manovigyan

6--RRP, Sinha, Child Development

7.Singh,A.K.(1995)SaraVikasatmakEwamSamajManovigyan.MotilalBanarsidas, Patna.

8.Singh, R.N.(2008) Adhunik Vikasatmak Manovigyan, Aggarwal Publication, Agra

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SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-V
MAJOR PAPER-10
Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-V
Paper - Fundamentals of Clinical Psychology		
Paper Code: MJ-10		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Foundation of Clinical Psychology:		
<ul style="list-style-type: none">• Concept and Nature of Clinical psychology• Scope and functions of Clinical Psychology• Problems of Clinical Psychology• Training and Education of Clinical Psychologists		
Unit 2: Clinical Psychologists in Action:		
<ul style="list-style-type: none">• Role of Clinical Psychologists in Mental Hospitals.• Role of Clinical Psychologists in Child Guidance clinics• Role of Clinical Psychologists in Schools• Role of Clinical Psychologists in Vocational Guidance Centre		
Unit 3: Professional Issues and Skill of Therapists:		
<ul style="list-style-type: none">• Professional Training		

- Professional Regulation
- Professional Ethics
- Skills of Therapists

Unit 4: Clinical Assessment:

- Meaning and Nature of clinical assessment
- Meaning and Types of Psychodiagnoses
- Process and purpose of Clinical Assessment
- Stages and Components of Clinical diagnoses

Unit 5: Therapeutic Techniques:

- Behaviour Therapy
- Cognitive Therapy
- Client Centred Therapy
- Family Therapy

BOOKS RECOMMENDED:

1. Beistein, Douglas A and Neitzel, Michael T (1987) Introduction to Clinical Psychology, New York: Academic Press
2. Kaplan, H. I. and Shadock, B.J. (1988) Comparison Textbook of Psychiatry, (5th edition) Baltimore, W. Wilkins.
3. Korchin, Sheldon, J(1982) Modern Clinical Psychology, New Delhi CBS Publication.
4. Wolberg, L.R.(1988). The Techniques of Psychotherapy(IV Edition) Vol.-I and Vol-II, Philadelphia, Grunc and Stratton Inc.
5. Hassan, S.(2000) Naidank Manovigyan, Patna, Motilal Banarsi Das.
6. Singh, A.K.(2002) Uchhtar Naidank Manovigyan. Motilal Banarsidas, Patna.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

MAJOR PAPER-11

Practical 4

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE): Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Bachelor's Degree	Year-Third	Semester-IV
Paper - Practical-4		
Paper Code: MJ-11/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40
<p>Group A: Remembering and Forgetting</p> <ol style="list-style-type: none"> 1. A comparative study of Recall and Recognition 2. Role of context factor in Recognition 3. Phenomenon of Proactive Inhibition(PI) 4. Phenomenon of Retroactive Inhibition(RI) <p>Group B: Testing: Aptitudes and Values</p> <ol style="list-style-type: none"> 1. Numerical Aptitude Test of Differential Aptitude Test(DAT) 2. Verbal Reasoning Test of Differential Aptitude Test(DAT) 3. Alport- Vernon-Lindzey Scale of Values(Indian Adaptation) 4. Moral Value Scale by Gupta and Singh 		
Reference Books:		
1. Bhargav, M.(2009) Manovaiyanik Parikshan Awam Mapan, Bhargav Book House, Agra		
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
4. Sinha, R.R.P(2001). Manovigyan me prayog, Pariksha aur Snakhiyeki. Patna: Bharti Bhawan		
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-VI
MAJOR PAPER-12
Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No.1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
Paper - Systems and Schools in Psychology		
Paper Code: MJ-12		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Systems in Psychology: <ul style="list-style-type: none"> • Meaning and Types • Evaluation of Systems of Psychology • Basic Issues in Psychology 		
Unit 2: Structuralism and Functionalism: <p>(A) Structuralism:</p> <ul style="list-style-type: none"> • Systematic Psychology of Wilhelm Wundt • Contribution of Wundt as an Experimentalist • Titchner's Structural Psychology <p>(B) Functionalism:</p> <ul style="list-style-type: none"> • Antecedents of Functionalism • Contributions of John Dewey, James Rowland Angell and Harvey Carr, • Functionalism as a System 		

Unit 3: Behaviourism:

3. Antecedents factors of Behaviourism
4. Watsonian Behaviourism as a System
5. Watson's experiments and views on Learning, Emotion and Memory

Unit 4: Gestalt Psychology:

- Contributions of Max Wertheimer, Wolfgang Kohler and Kurt Koffka
- Basic experimental contributions of Gestalt Psychology
- Gestalt Psychology as a system

Unit 5: Psychoanalysis and neo-Freudians:

- Contributions of Freudian Psychoanalysis
- Individual Psychology of Alfred Adler
- Analytical Psychology of Carl Jung

BOOKS RECOMMENDED:

1. Boring, E.G.(1929) A History of Experimental Psychology. The century Company
2. Hergenhahn, B.R.(2005) An Introduction to the History of Psychology Thomas Wordsworth.
3. Leahey, T.H.(2012, Seventh Edition). History of Psychology: From Antiquity to Modernity, Taylor and Francis Group.
4. Panday, Ramprasad (2012). Manovigyan ka Itihas. Rjkamal Prakashan
5. Sharma, R.N. Manovigyan ka Itihas. Laxmi Narayan Agarwal, Agra.
6. Singh, A.K. (2015). A Comprehensive History of Psychology Patna: Motilal Banarsidas (In English).
7. Singh, A.K. (2012). Manovigyan ke Sampraday avam Etihad, Patna: Motilal Banarsidas (In Hindi).

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SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-VI
MAJOR PAPER-13
Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
Paper - Psychological Assessment		
Paper Code: MJ-13		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Introduction:		
<ul style="list-style-type: none">• Origin and Development of Psychological Testing• Types of Psychological Tests• Characteristics of a good Psychological test.		
Unit 2: Measurement in Psychology:		
<ul style="list-style-type: none">• Level of Measurement-Nominal Scale, Ordinal Scale, Interval Scale and Ratio Scale.• Uses of Measurement• Psychological and Physical Measurement• Measurement and Evaluation		
Unit 3: Test Construction:		
<ul style="list-style-type: none">• Steps• Test Standardization• Test Reliability-Types• Test Validity-Types		

Unit 4: Measurement of Aptitude:

- Aptitude- Definition and Characteristics
- Differential Aptitude Tests
- Specific Aptitude Tests

Unit 5: Measurement of Attitudes:

- Attitude-Definition and Nature
- Thurston's Scale
- Likert's Five Point Scale
- Bogardus's Social Distance Scale

BOOKS RECOMMENDED:

1. Anastasi, Anne(1988).Psychological Testing, London, McMillan Publishing Copany.
2. Asthana, Bipin (Second Edition). Measurement and Evaluation in Psychology and Measurement. Vinod Pustak Bhandar, Agra.(In English)
3. Bhargav, Mahesh (2009).Adhunik Manovagyanik Parikshan avam Mapan, H.P. Bhargav Book Hause, Agra.
4. Chromback, Lee,J.Essentials of Psychological Testing.New York:Harpar and Row

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SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-VI
MAJOR PAPER-14
Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
Paper - Introduction to Indian Psychological Thoughts		
Paper Code: MJ-14		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
Unit 1: Introduction:		
<ul style="list-style-type: none">• Psychology in India during Ancient time• Cognitive Processes in Ancient Indian Psychology<ul style="list-style-type: none">a) Perceptionb) Attention and Distractionc) Learningd) Memory and Imagination e) Thought and Language		
Unit 2: Personality in Ancient Indian Psychology:		
<ul style="list-style-type: none">• Explanation of Personality in Upanishad• Yoga Theory of Personality		
Unit 3: Abhidhamma- An Eastern Personality Theory:		
<ul style="list-style-type: none">• Introduction• Kushal(Healthy) and Akushal(Unhealthy) Factors• Types of Neutral Nature properties• Personality types- Sensual, Hateful and Deluded		
Unit 4: Healthy Personality and Mental Disorders:		

- **Alushal Karak** as source of Mental Disorder
- **Meditation- Means to Healthy Personality**
- **Arahat- Ideal type of Healthy Personality**

Unit 5: Development of Modern Indian Psychology:

- Clinical Psychology
- Social Psychology
- Experimental Psychology
- Industrial Psychology

BOOKS RECOMMENDED:

1. Panday, Ramprasad (2012). Manovigyan ka Itihas. Rjkamal Prakashan
2. Rahman, A. and Jawaid, A. (1994). Manovigyanka Sanchhiptihas. Patna: Motilal
3. Rao, K. Ramakrishna, Paranjpe, Anand C. (2016). Psychology in the Indian Tradition, Springer. (In English)
4. Sharma, R.N. Manovigyan ka Itihas. Laxmi Narayan Agarwal, Agra.
5. Singh, A.K. (2015). A Comprehensive History of Psychology Patna: Motilal Banarsidas (In English).
6. Singh, A.K. (2012). Manovigyan ke Sampraday avam Etihas, Patna: Motilal Banarsidas (In Hindi).
7. Sinha, Jadunath (2017). Indian Psychology (VI-1, Vol-2, Vol-3). Patna: Motilal Banarsidas

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

MAJOR PAPER-15

Practical 5

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE): Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Bachelor's Degree Year-Third	Semester-VI
Paper - Practical-5	
Paper Code: MJ-15/P	Core Compulsory
Credit: 4(120 hours)	1 Credit=30 hrs
FM:100	PM:40
<p>Group A: Motivation and Emotion:</p> <ol style="list-style-type: none"> 1. Effect of Knowledge of Results on Performance 2. Zeigarnik Phenomenon 3. Colour Preference test-by the method of paired-comparison. 4. Effect of Affective state on Respiration 	
<p>Group B: Testing: Attitude, Interest and Adjustment:</p> <ol style="list-style-type: none"> 1. Sodhi's Attitude Scale 2. Gayekwar Suvarn Pramod and Sonawane Sanjiv Arjunrao' Adolescents Holistic Scientific Attitude Scale 3. Interest Inventory by Dr. Raghuraj Pal Singh 4. Bell's Adjustment Inventory (Indian Adaptation) 	
Reference Books:	
1. Bhargav, M. (2009) Manovigyanik Parikshan Awam Mapan, Bhargav Book House, Agra	
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas	
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.	
4. Sinha, R.R.P (2001). Manovigyan me prayog, Parikchan aur Snakhiyeki. Patna: Bharti Bhawan	
5. Singh, A.K. (2011). Uchchitar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan	

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER -I

MINOR PAPER-1A

Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE): Time:

1 hour

The Semester Internal Examination shall have two components. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

End Semester Examination (ESE):

Time: 3 hours

The End Semester Exam will be of 60 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-I
Paper : Introduction to Psychology		
Paper Code: MN 1A	Discipline/Inter Disciplinary Minor	
Credit: 3 (45 hours)1	Credit= 15 hours	
FM:75	SIE=15, ESE=60	
PM:30	SIE=06, ESE=24	
<p>Course Outcomes: After the completion of course, the students will have ability to:</p> <ol style="list-style-type: none"> 1. Understanding what Psychology is all about. 2. Understand the scope and the field of Psychology. 3. Developing familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, perception, thinking, emotion, sensation, attention including sensory process. 		
<p>Unit 1: Introduction:</p> <ul style="list-style-type: none"> • Definition, nature and subject matter of Psychology; • Branches of psychology- Cognitive, Abnormal, Social, Developmental, Clinical, Educational • Methods of psychology- Observation, Experimental and Interview Methods 		
<p>Unit 2: Sensory and Perceptual Processes:</p> <ul style="list-style-type: none"> • Structure and Functions of Eye • Structure and Functions of Ear 		

- Perceptual-Concept and Process
- Views on Perception: Gestalt and Behaviouristic

Unit 3: Sensation and Attention:

- **Sensation:** Definition and Characteristics
- **Attention:** Meaning and phenomena (span of attention, division of attention, fluctuation and distraction),
- Determinants: objective and subjective

Unit 4: Learning:

- Definition and Nature
- Methods of learning
- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning,

Unit 5: Memory:

- Meaning and Nature of memory
- Types of memory- Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- **Forgetting:**
- Concept, Nature and Causes

BOOKS RECOMMENDED:

1. Sing, A. K (2012). Adhunik Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) : Adhunik Samanya Manougyan. Patna: Motila IBanarsidas. (In Hindi)
3. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051
5. Morgan C.T., King R.A, Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGraw Hill Education Pvt. New Delhi.
6. Mangal S.K (2000) General Psychology, New Delhi: Sterling Publishers Pvt. Ltd.
7. Shashi Jain (Latest edition) Introduction to Psychology. New Delhi: Kalyani Publishers.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER -I

MINOR PAPER-1A

Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE): Time:

3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks Distribution of marks in end semester exam will be as - experiment-15 Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Year-Second Certificate	Semester-III
Paper - Practical I	
Paper Code: MN 1A/P	Discipline/Inter Disciplinary Minor
Credit: 1	1 Credit=30 hrs
FM:25	PM:10
<p>Experiments:</p> <ol style="list-style-type: none"> 1. Simple Method in Verbal learning 2. Serial Method in Verbal learning 3. Paired Associate Method in Verbal learning 4. Whole vs Part Method in Verbal learning 	
Reference Books:	
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas	
2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.	
3. Sinha, R.R.P. (2001). Manovigyan me prayog, Parikhan aur Snakhiyeki. Patna: Bharti Bhawan	
4. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan	

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-III

MINOR PAPER-1B

Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attnd. < 80, 2 marks; 80 < Attnd. < 85, 3 marks; 85 < Attnd. < 90, 4 marks; 90 < Attnd., 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paper – Community Psychology		
Paper Code:MN-1B	Disciplinary/Interdisciplinary Minor	
Credit: 3 (45 hours)	1 Credit=15 hrs	
FM:75	SIE=15, ESE=60	
PM: 30	SIE=06, ESE=24	
<p>Course Outcomes: This course provides:</p> <ol style="list-style-type: none"> 1. knowledge about how community issues can impact the health and wellness of individuals. 2. knowledge about the community as a context for the individuals within it, and the relationship of the individual to the community and society. 3. knowledge to understand the functioning of the community, including the quality of life of the persons within groups, organizations and institutions, communities, and society. 4. knowledge to work on issues like empowerment, civic participation, building a sense of community, problem prevention, health promotion and individual wellness. 		
<p>Unit 1: Introduction:</p> <ul style="list-style-type: none"> • Definition of Community Psychology • Historical contexts of Community Psychology: • Concept, evolution and nature of community mental health. 		

- Types of community;
- Models of mental health services: mental, social, organizational and ecological.

Unit 2:Core values:

- Individual and family wellness; sense of community; respect for human diversity;
- Social justice ;empowerment and citizen participation :collaboration and community strength

Unit 3:Health promotion:

- Process of community organization for health promotion;
- Community mental health program for child and maternal health, physically challenged and old age in the Indian context

Unit4:Intervention:

- Community mental health intervention and community based rehabilitation; Training of the Para -professional and non-professionals.

Unit 5:Communitymental health in India:

- Issues and challenges.

BOOKS RECOMMENDED:

- 1.Bloom, B. (1973). Community Mental Health– A critical analysis. New Jersey. General Learning Press.
- 2.Koch, C.H (1986)(ed.). Community Clinical Psychology.London: Croom Helm.
- 3.Mann, P.A. (1978). Community Psychology: Concepts and Application .New York: The Free Press.
- 4.Rappaport, J. (1977). Community psychology:Values Research and Action. New York: Holt, Reinchart and Wingston.
- 5.Singh, A.K. (2012). Adhunik Asamnya Manovigyan(Motilal Banarsi Das).
6. Singh, A.K. (2012). Uchtar Naidanik Manovigyan(Motilal Banarsi Das).

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**SEMESTER -III****MINOR PAPER-1B****Practical**

Instruction to faculty member sand Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing- 15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paper - Practical II		
Paper Code: MN 1B/P	Discipline/Inter Disciplinary Minor	
Credit: 1	1 Credit=30 hrs	
FM:25	PM:10	
<p>Testing:</p> <ol style="list-style-type: none"> 1.Mohsin's General Intelligence Test 2.Eyejenk' s Personality Questionnaire (EPQ-Indian Adaptation) 3.Sinha's Manifest Anxiety Scale 4. Mental Health Battery by Singh and Gupta 		
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas		
2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.		
3.Sinha,R.R.P(2001). Manovigyanme prayog, ParikchanaurSnakhiyeki.Patna: BhartiBhawan		
4.Singh,A.K.(2011).UchchtarManovigyanikPrayogaurParikshan.Patna:BhartiBhawan		

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER -V

MINOR PAPER-1C

Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

The Semester Internal Examination shall have two component.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of question in written examination of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 marks each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance UPto 75%, 1 Mark: 75<Attd.<80, 2 marks: 80<Attd.<85, 3 marks: 85<Attd.<90, 4marks: 90<Attd, 5 marks).

End Semester Examination (ESE):

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-V
Paper- Psychology and Mental Health		
Paper Code:MN 1C	Disciplinary/Interdisciplinary Minor	
Credit:3 (45 hours)	1 Credit =15 hrs	
FM:75	SIE =15,ESE=60	
PM:30	SIE=06,ESE=24	
<p>Course Outcomes: Good mental health is a state of well-being that enables us to cope with daily stressors, perform tasks effectively, realize our professional and personal goals, and contribute to society. This course provides:</p> <ol style="list-style-type: none"> 1. knowledge about mental health which includes a number of dimensions: self-esteem, realization of one's potential, the ability to maintain fulfillment, meaningful relationships and psychological well-being. 2. knowledge about components of good mental health. 3. knowledge about distinction between good mental health and mental illness. 4. understanding about factors influencing mental health and psychological well-being of individuals. 5. knowledge about the adjustment of human beings to the world and to the each other with a maximum effectiveness and happiness. 6. knowledge of methods of interventions for improving mental health. 		
<p>Unit I: Introduction:</p> <ul style="list-style-type: none"> • Definition and meaning of Mental Health • Indicators of Good Mental Health and Poor Mental health • Common myths related to mental health 		

- Strategies to improve mental health.

Unit-II: Mental Health and Illness:

- Behavioral and psychological correlates of illness
- Approaches to promoting wellness, Some common health beliefs and their implications.
- Models of health –The cognition models, The health belief model, The protection motivation model, Leventhal's self-regulatory model.

Unit-III: Stress and Management techniques:

- Definition, types and common signs of stress
- Stress influenced disorders-diabetes, heart disease and peptic ulcer
- Sources of stress across Adolescence and Adulthood: Relationship, peer relationship, academic stress, career-related concerns, substance use.
- Stress Management techniques-Grounding technique and diaphragmatic breathing.

Unit-IV: Psychological Counseling and Mental Health:

- Meaning and goals,
- Mental health professionals: Psychiatrist, Psychiatric social worker, Counsellor.
- The effective counselor: personality and self of the counselor.
- Counseling process-general steps.

Unit-V: Mental Health in India:

- Issues and challenges

BOOKS RECOMMENDED:

1. Howitz, A.V. and Scheid, T.L. (1999). Handbook for the study of Mental Health: Social Contexts, Theories and Systems, Delhi Book Store.
2. Mhanty, N, Varadwaj, K. & Mishra, H.C. (2014) Exploration of Human Nature and Strength: Practical in Psychology, Divya Prakashan, Bhubaneswar
3. Singh, A.K. Uchattar Naidanik Manovigyan.
4. Tylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill
5. United Nation (2014), Mental Health Matters: Social Inclusion of Youth with Mental Health Conditions, Economic and Social Affairs, New York.

SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER -V
MINOR PAPER 1C
Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Bachelor's Degree	Year-Third	Semester-V
Paper - Practical III		
Paper Code: MN 1C/P	Discipline/Inter Disciplinary Minor	
Credit: 1	1 Credit=30 hrs	
FM:25	PM:10	
<p>Testing:</p> <ol style="list-style-type: none"> 1.Ego strength scale byQ. Hasan (Hindi) 2.Noise Sensitivity Scale by Mohar, Bhatia and Sahgal. 3.Life Satisfaction Scale by Pramod Kumar. 4.Occupational Stress Index by Shrivastava and Singh 		
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motila IBanarsidas		
2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motila IBanarsidas.		
3.Sinha,R.R.P(2001). Manovigyanme prayog, ParikchanaurSnakhiyeki.Patna: BhartiBhawan		
4.Singh,A.K.(2011).UchhtarManovigyanikPrayogaaurParikshan.Patna:BhartiBhawan		

SEMESTER-I/II/III**Multidisciplinary Course in Psychology**
Theory

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

(Note: There is no internal examination)

Program/Class: Undergraduate	Year-First/Second	Semester-I/II/III
Certificate/ Diploma		
Paper –Introduction to General Psychology		
Paper Code: MDC/PSY	Multidisciplinary Course	
Credit: 3	1 Credit=15 hrs	
FM:75	PM:30	
<p>Course Outcomes: After the completion of course:</p> <ol style="list-style-type: none"> 1. The students will have ability to understand what Psychology is all about. 2. The students will understand the scope and the field of Psychology. 3. Develop familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, and perception, forgetting and human sensory process. <p>Unit 1:Introduction:</p> <ul style="list-style-type: none"> • Definition and Goals of psychology; • Methods of Psychology- Observation, Experimental, and Interview method <p>Unit 2:SensoryandPerceptual Processes:</p> <ul style="list-style-type: none"> • Structure and function of eye and ear; • Perception: Concept and process, Views on perception: Behavioristic and Gestalt, Perceptual organization, <p>Unit 2:Learning:</p> <ul style="list-style-type: none"> • Nature and Definitions of Learning; • Role of Motivation in Learning; • Theories of Learning-Thorndike’s Trial and Error theory, Kohlar & Kafka’s Insight theory, Pavlov’s Conditioning theory 		

Unit 4: (A) Memory:

- Nature and Definitions of Memory;
- Process of Memory;
- Types of memory

(B) Forgetting:

- Nature and Definitions of Forgetting;
- Causes of Forgetting

BOOKRECOMMENDED

1. Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
2. Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.
3. Suleiman, Md(1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarasidas.
4. Sing, A. K (2012). Adhunik Samanya Manovigyan. Patna: Motilal Banaridas. (In Hindi)
5. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
6. Robert Feldman (2011) Essentials of Understanding Psychology 10th Edition, ISBN-13-9781259003059/ISBN-10-1259003051
7. Morgan C.T., King R.A, Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGrawHill Education Pvt. New Delhi.
8. Mangal S.K (2000) General Psychology, New Delhi: Sterling Publishers Pvt. Ltd.

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 10 Marks:

F.M.=10	Subject/Code Time=1Hr.	Exam Year
General Instructions :		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
	<u>Group A</u>	
1.		[5x1=5]
	i.	
	ii.	
	iii.	
	iv.	
	v.	
	<u>Group B</u>	
2.	[5]
3.	[5]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 20 Marks:

F.M.=20	Subject/Code Time=1Hr.	Exam Year
General Instructions:		
i. Group A carries very short answer type compulsory question. ii. Answer 1 out of 2 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<u>Group A</u>		
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
2.	[5]
<u>Group B</u>		
3	[10]
4	[10]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION

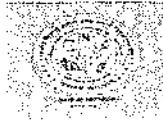


Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 50 Marks:

F.M.=50	Subject/Code	Exam Year
General Instructiong:		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
Group A		
1.		[5x1=5]
	i.	
	ii.	
	iii.	
	iv.	
	v.	
Group B		
2.	[15]
3.	[15]
4.	[15]
5.	[15]
6.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 60 Marks:

F.M.=60	Subject/Code Time=3Hrs.	Exam Year
General Instructions :		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
	<u>Group A</u>	
1.		[5x1=5]
i.	
ii.	
iii.	
iv.	
v.	
2.	[5]
3.	[5]
	<u>Group B</u>	
4.	[15]
5.	[15]
6.	[15]
7.	[15]
8.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 75 Marks:

F.M.=75	Subject/Code Time=3Hrs.	Exam Year
General Instructions:		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
1.	i. ii. iii. iv. v.	[5x1=5]
2.	[5]
3.	[5]
<u>Group B</u>		
4.	[15]
5.	[15]
6.	[15]
7.	[15]
8.	[15]
9.	[15]
Note: There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 100 Marks:

F.M.=100	Subject/Code Time=3Hrs.	Exam Year
General Instructions:		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
Group A		
1.		[10x1=10]
	i.	vi.
	ii.	vii.
	iii.	viii.
	iv.	ix.
	v.	x.
2.	[5]
3.	[5]
Group B		
4.	[20]
5.	[20]
6.	[20]
7.	[20]
8.	[20]
9.	[20]
Note: There may be subdivisions in each question asked in Theory Examination.		