# BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD (JHARKHAND)



# FOUR YEARS UNDER GRADUATE PROGRAM IN PSYCHOLOGY

(Revised)

SYLLABUS: DISCIPLINE SPECIFIC CORE COURSE (DSCC)
DISCIPLINESPECIFIC MINOR COURSES FOR SEMESTER-I,
SEMESTER-II, SEMESTR-III, AND MULTIDSCIPLINARY COURSE IN
PSYCHOLOGY

## **AS PERNEP-2020**

YEAR OF IMPLIMENTATION: ACADEMIC YEAR 2022-2023

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Members of Board of Studies of Psychology for Four Year Undergraduate Syllabus as Per the Guidelines of NEP-2020 of Binod Bihari Mahto Koyalanchal University, Dhanbad

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WEST BRIT OF PSYCHOLOGY



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Date 26.9.2022

To:

Dr. Kavita Singh Head University Department of Psychology B.D.M.K.U Dhanbad

Subject: Approval of Syllabus

Dear Madam,

The syllabus for Four Year Undergraduate Programme under NEP 2020 is approved.

Yours sincerely.

Reca Tourfakeeal
(Meera Jayaswal)

Phone-cum-Fax: 0612-2350136 (O)



# College of Commerce, Arts & Science Kankarbagh, Patna-800 020

[A Constituent unit of Patliputra University, Patna] NAAC Re-Accredited 'A' Grade with CGPA 3.10

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Ref.:....

Date: 26 9 22

To, Dr. Kavita Seingh Head University Department of Psychology BBMKU, Dhanbad

Subject: regarding Approval of Syllabus

Dear Madam,

After going through the Syllabus for Four Years Undergraduale Program in Psychology Of Bonod Bohari Mahte Koyalanchal University, Sharbas (Tharkhard) under NEP-2020, I hereby give my approval for the same.

Yours Sincerely

[PROF. KIRTI] HOD

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#### BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD

#### Highlights of Regulations of FYUG/Research Program

- The Full-time, Regular UG program for a regular student shall be for a period of four years with multiple entries and multiple exit options-
- a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
- a Diploma after 2 years (4 semesters) of study,
- a Bachelor after a 3-year (6 semesters) program of study,
- a Bachelor (with Hons. / Research) after a 4-year (8 semesters) program of study
- Validity of a registration for FYUGP will be of six years for Three Year Program and maximum Seven years for Four Years Program from the date of registration.

# Four Years Undergraduate Honours/Research Program Structure in Psychology

#### **Program Outcomes:**

By the end of the Honours/Research Program in Psychology the students will be able:

- To explain the basic concepts in Psychology
- To understand the basic psychological processes and applications in everyday life.
- To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing).
- To understand the basic aspects of different branches and basic theories of Psychology.
- To demonstrate knowledge of the application of theories of Psychology
- To understand the basic aspects of different branches and basic theories of Psychology.
- To use various psychometric tools for assessment.
- To analyses the critical aspects in the process of diagnosis of mental health issues.
- To conduct a social science research with focus on the methods of studying human behavior
- To shape cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- To foster interest in Psychology and create foundation for further studies in Psychology

Jharkhand, NEP Regulations for FYUGP. 2022 onwards

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VIII 4 4
400-499: Advanced courses Vn 4+4+4+4 4
Exit Point Eachelor's Degree
VI 4+4+4+4
300-399; Higher-level courses V 4+4+4. 4 20 4+4
Exit Point: Undergraduate Diploma provided with Summer Internship in 1" or 2" year/ Project (4 credits)
1
200-299; Intermediate-level courses III 4+4 4 4 2 3 2 3 2 4+4
Exit Point: Undergraduate Certificate provided with Summer Internship/ Project (4 credits)
or 1 * 4 · 4 3 2 3 4 20 4
, 2 3 4 5 6 7 8 9 10 11 12 13 · 14
Semester  Mut. Discipline Specific Courses  Mut. Minor from vocational (16)  Mut. Minor from vocational (16)  Mut. Minor from discipline (16)  SEC: Skill Enhancement Courses (9)  Mut. Math. Math. Dissentation (4)  Mut. Math. Math. Dissentation (4)  Mut. Minor from of Research (12)  Mut. Minor from of Research (12)  Mut. Minor from of Research (12)

Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

#### SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE /RESEAARCH PROGRAMME

### Table-1: Semester wise Course Code and Credit Points for Practical Subjects:

Semester		n, Introductory, Major, Minor, Vocational & Internship	
	Courses		
	Code	Paper	Credit
	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
I	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
	MJ	Major-2 (Discipline Specific Course)	4
	MJ	Major-3 (Discipline Specific Course)	4
A.R.	MN	Minor-I (From Vocational)	4
II	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	MJ	Major-4 (Discipline Specific Course)	4
	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
III	MDC	Multidisciplinary Course	3
***	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	MJ	Major-6 (Discipline Specific Course)	4
	MJ	Major-7(Discipline Specific Course)	4
IV	MJ	Major-8 (Discipline Specific Course)	4
1 Y	MN	Minor-II (From Vocational)	4
	AEC	Ability Enhancement Course	2
	VAC	Value Added Course	2
	MJ	Major-9 (Discipline Specific Course)	4
	MJ	Major-10 (Discipline Specific Course)	4
$\mathbf{V}$	MJ	Major-11 (Discipline Specific Course)	4
•	MN	Minor-IC(From Discipline)	4 (3+1)
	IAP	Internship/Dissertation	4
	MJ	Major-12 (Discipline Specific Course)	4
	MJ	Major-13 (Discipline Specific Course)	4
VI	MJ	Major-14 (Discipline Specific Course)	4
V I	MJ	Major- 15 (Discipline Specific Course)	4
	MN	Minor-III (From Vocational)	4
	AMJ	Advance Major-01 (Discipline Specific Course)	4
	AMJ	Advance Major- 02 (Discipline Specific Course)	4
VII	AMJ	Advance Major-03 (Discipline Specific Course)	4
Y II	AMJ	Advance Major- 04 (Discipline Specific Course)	4
	MN	Advance Minor- 05 (From Discipline)	4 (3+1)
	AMJ	Advance Major-XX (Discipline Specific Course)	4
X 7 K W K	MN	Minor-IV (From Vocational)	4
VIII	RC	Research Courses (Dissertation)	12
	1.0	Total Credit	160

#### Abbreviations:

MJ- Major Disciplinary/Interdisciplinary Courses
MN- Minor Disciplinary/Interdisciplinary Courses
AMJ- Advance Major Disciplinary/Interdisciplinary Courses

MDC Multidisciplinary Course

**AEC-Ability Enhancement Course** 

VAC- Value Added Course

IAP-Internship

RC- Research Course

SEC- Skill Enhancement Course

# <u>Table-2: Title of the Major, Minor and Multidisciplinary Courses in Psychology</u>

S. No.	Title of The Papers			
	MAJOR DISCIPLINE SPECIFIC			
1	MJ-1- FOUNDATION S OF PSYCHOLOGY			
2	MJ-2- INTRODUCTION TO BIOPSYCHOLOGY			
3	MJ-3- PRACTICAL			
4	MJ-4- COGNITIVE PSYCHOLOGY			
5	MJ-5- PRACTICAL			
6	MJ-6- FUNDAMENTALS OF SOCIAL PSYHOLOGY			
7	MJ-7- INTRODUCTION TO PERSONALITY			
8	MJ-8- PRACTICAL			
9	MJ-9- FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY			
10	MJ-10-FUNDAMENTALS OF CLINICAL PSYCHOLOGY			
11	MJ-11- PRACTICAL			
12	MJ-12- SYSTEMS AND SCHOOLS IN PSYCHOLOGY			
13	MJ-13- PSYCHOLOGICAL ASSESSMENT			
	MJ-14- INTRODUCTION TO INDIAN PSYCHOLOGICAL THOUGHTS			
15	MJ-15- PRACTICAL			
16	AMJ-01- EDUCATIONAL PSYCHOLOGY			
	AMJ-02-FOUNDATIONS OF ORGANIZATIONAL PSYCHOLOGY			
18	AMJ-03- EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY			
19	AMJ-04 PRACTICAL			
20	AMJ-05- RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY			
	MINOR DISCIPLINE SPECIFIC			
21	MN-IA: INTRODUCTION TO PSYCHOLOGY (THEORY)			
	MN-IA: PRACTICAL			
22	MN-IB: COMMUNITY PSYCHOLOGY(THEORY)			
	MN-IB: PRACTICAL			
	MN-IC: PSYCHOLOGY AND MENTAL HEALTH (THEORY)			
	MN-IC: PRACTICAL			
	MN-ID: PSYCHOLOGY AT WORK(THEORY)			
	MN-ID: PRACTICAL			
	MULTI DSCIPLINARY COURSE			
25	MDC-PSYCHOLOGY: INTRODUCTION TO GRNERAL PSYCHOLOGY			

<u>Table-3:Semester-WiseTitle of the Papers in Four Year Undergraduate Honours/Research Program inPsychology</u>

For Practical Subjects

Year	Semeste r	Paper	Title of the Paper	Theory/Practical	Credits
		Code			
			Major Papers		
1 <sup>st</sup>	I	MJ-1	Foundations of Psychology	Theory	4
	II	MJ-2	Introduction to Bio- psychology	Theory	4
		MJ-3	Practical	Practical	4
2 <sup>nd</sup>	Ш	MJ-4	Cognitive Psychology	Theory	4
		MJ-5	Practical	Practical	4
	IV	MJ-6	Fundamentals of Social Psychology	Theory	4
		MJ-7	Introduction to personality	Theory	4
		MJ-8	Practical	Practical	4
3 <sup>rd</sup>	V	MJ-9	Foundations of Developmental Psychology	Theory	4
		MJ-10	Fundamentals of Clinical Psychology	Theory	4
		MJ-11	Practical	Practical	4
	VI	MJ-12	Systems and Schools in Psychology	Theory	4
		MJ-13	Psychological Assessment	Theory	4
		MJ-14	Introduction to Indian Psychological Thoughts	Theory	4
		MJ-15	Practical	Practical	4
1 <sup>th</sup>	VII	AMJ- 01	Educational Psychology	Theory	4
		AMJ- 02	Foundations of Organizational Psychology	Theory	4
		AMJ- 03	Emergence of Environmental Psychology	Theory	4
		AMJ- 04	Practical	Practical	4
	VIII	AMJ- 05	Research Methods and Statistics in Psychology	Theory	4
otal Cre	dit				80

Table-4: Distribution of Marks for Major Papers:

S.No.	Semester	Paper	Credit	)	Full Marks=1	100	Pa	ss Marks	
				Internal Theory (Mid	End Sem Theory	End Sem Practical	Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical
1.	I	MJ-1	4	Sem) 25	75		10	30	
		1120 1	1	25	7.5	-	10	30	
2.	II	MJ-2: Theory	4	25	75		10	30	
		MJ-3: Practical	4			100			40
3.	m	MJ-4: Theory	4	25	75		10	30	
		MJ-5: Practical	4			100	1		40
4.	IV	MJ-6: Theory	4	25	75		10	30	
		MJ-7: Theory	4	25	75		10	30	
		MJ-8I: Practical	4			100			40
5.	V	MJ-9: Theory	4	25	75		10	30	
		MJ-10: Theory	4	25	75		10	30	
		MJ-11: Practical	4			100			40
6.	VI	MJ-12: Theory	4	25	75		10	30	
		MJ-13: Theory	4	25	75		10	30	
		MJ-14: Theory	4	25	75		10	30	
		MJ-15: Practical	4			100			40
7	VII	AMJ-01: Theory	4	25	75		10	30	
		AMJ-02: Theory	4	25	75		10	30	
		AMJ-03: Theory	4	25	75		10	30	
0	<b>1</b> 77577	AMJ-04: Practical	4			100			40
3.	VIII	AMJ-05: Theory	4	25	75		10	30	
Total (	Credit					30			

Table-5: Distribution of Marks for Minor Papers:

S.No.	Semester	Paper	Credit	Full Marks	Full Marks		S
				Theory(Internal +End Semester)	Practical(End Semester	Theory(Internal +End Semester)	Practical
1.	I	MN- IA	3+1	15+60	25	30	10
2.	ш	MN- IB	3+1	15+60	25	30	10
3.	V	MN- IC	3+1	15+60	25	30	10
4.	VII	MN- ID	3+1	15+60	25	30	10

## Table-6: Distribution of Marks for Multidisciplinary Paper-Psychology:

\* 15 miles

S.No.	Semester	Paper	Credit	Full Marks	Pass Marks
				Theory(End	Theory(End Semester)
				Semester)	
1.	I or II or	MDC-	3	75	30
	III	Psychology			

#### SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

#### SEMESTER-I MAJOR PAPER-1 Theory

#### InstructiontofacultymembersandQuestionSetterfor:

#### Semester Internal Examination (SIE):

Time: 1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

#### End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1
Pape	er - Foundations of Psycholog	<b>y</b>
Paper Code:MJ-1		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

#### **Unit 1:Introduction:**

- Emergence and Development of Psychology
- Definition and Goals of Psychology and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental and Biopsychology,
- Methods of psychology-Psychology in modern India.

#### **Unit 2: Perception:**

- Concept and process
- Perceptual organization
- Role of attention in perception
- Perceptual sets
- Perceptual constancies
- Perception of Depth, Distance and Movement

#### Unit 3: Learning:

- Concept of learning
- Learning curve and methods of learning

 Theories of learning-Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning, Kohler & Kafka's Insight theory and Observational Learning Digital learning; Self-regulated learning

#### **Unit 4: Memory:**

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- Concept of Ebbinghause and Bartlett
- Forgetting:
- Concept, Nature and Causes
- Theories of Forgetting

#### Unit 5: Emotion:

- Meaning and Characteristics
- Development of Emotion
- Physiological correlates of Emotion
- Measurement of Emotion Galvanic Skin Response(GSR)

#### **BOOKS RECOMMENDED:**

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012): Adhunic Samanya Manougyan. Patna: MotilalBanarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- 5. Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup>Edition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to psychology. TATAMcGraw HillEducation Pvt.NewDelhi.

#### SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

#### SEMESTER-II MAJOR PAPER-2 Theory

#### Instruction to faculty members and Question Setter for:

#### Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd. <80, 2 marks; 80<Attd. <85, 3 marks; 85<Attd. <90, 4 marks; 90<Attd, 5 marks ).

#### End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of fivequestionsof1markeach.Question No.2 and 3 will be two short answer type questionsof5marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class:Undergraduate Certificate	Year-First	Semester-11
	per – Foundations of Bio-psycho	ology
PaperCode:MJ-2		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

#### Unit 1: Introduction to Biopsychology

- Definition and Nature of Bio-Psychology;
- Subject matter of Bio-Psychology
- Methods of Bio-Psychology
- Ethics in Bio-Psychology

#### **Unit 2: Neuron and Neural Conduction**

- Neuron -structure, types and Functions
- Nerve Impulse and Neural conduction
- Synapse and Synaptictransmission.
- Neurotransmitters

#### Unit 3: Nervous system

- Structureandfunction of Central Nervous System (CNS)
- StructureandfunctionofPeripheralNervousSystem(PNS)

• Methods of Studying Functions of Brain

#### **Unit 4: Endocrine System:**

- Endocrine Glands Concept and Type
- Structure and functions of endocrine Glands
- · Abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal

#### Unit 5: Receptor, Effectors and Adjuster Mechanism

- Receptor Cells
- Effectors Cells
- Adjustor Cells

#### **BOOKS RECOMMENDED:**

- 1. Breedlove, S. M., Rosenzweig, M. R. and Watson, N<sub>th</sub>V.(2007).Biological Psychology: An introduction to behavioral, congnitive, and clinica lneuro science (5<sup>th</sup> Edition). Sunderland, Massachuset
- 2. Carlson, N. R. (2009)Foundations of Physiology(6<sup>th</sup>Edition). New Delhi: Pearson 3. Baron, R.and Misra,G. (2013). Psychology.New Delhi: Pearson.
- 4. Pinel, J.P. (2011). Biopsychology(8<sup>th</sup>Edition). New Delhi: Pearson Education. New Delhi: Tata McGraw-Hill.
- 5. Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.
- 6. Carlson, Neil, R. (2008) Foundations of Physiological Psychology. Pearson Education India

# MAJOR PAPER-3 Practical 1

#### InstructiontofacultymembersandQuestionSetterfor:

#### End Semester Examination (ESE): Time: 3 hours

The Question for-semester exam Practical Exam will be of equal to 100 Marksand will be of 3 hours duration. Distribution of marks in end semester exam will be as - Experiment -30, Testing-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Certificate	Year-First	Semester-II
	Paper - Practical I	
Paper Code:MJ-3P	rapei - rracucai i	Core Compulsory
Credit: 4 (120 hours)		1 Credit=30 hrs
FM:100		PM: 40

#### Group A: Experiment: Verbal Learning and Sensory Motor Learning

- 1. Memorizing non-sense syllables by the method of Simple Reproduction
- 2. Memorizing non-sense syllables by the method of Serial Reproduction
- 3. Bi-lateral transfer(Positive transfer) in sensory motor learning
- 4. Habit-interference (Negative transfer)

#### Group B: Testing: Perception, Emotion, Mental Health and Stress

- 1.Defence Mechanism Inventory by Mrinal and Singhal
- 2. Emotonal Maturity Scale by Singh and Sengupta or by Singh and Bhargava
- 3. Mental Health Battery by Singh and Sengupta
- 4. Stress Test by Singh Personal Stress Source Inventory

#### Reference Books:

- 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas
- 2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.
- 3. Sinha, R.P. (2001). Manovigyanme prayog, Parikchanaur Snakhiyeki. Patna: Bharti Bhawan
- 4.Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

#### **SEMESTER-III**

# MAJOR PAPER-4 Theory

#### Instruction to faculty members and Question Setter for:

#### Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

#### End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
P	aper – Cognitive Psychology	
Paper Code:MJ-4		Core Compulsory
Credit: 4(60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

#### **Unit 1: Cognitive Psychology:**

- Origin and Definitions
- Approaches of Cognitive Psychology
- Current Status of Cognitive Psychology

#### **Unit 2:Intelligence:**

- Definitions, Nature and Types
- Theories ofintelligence-Twofactor, Multiple factor and Group factortheory
- Impact of heredityand environment on intelligence
- Concept of Emotional Intelligence

#### Unit 3: Thinking:

- Meaning and nature of thinking
- Types of Thinking
- Jean Piaget' contributions in children's thinking

Role of Set in thinking

#### **Unit 4: Concept Formation and Problem Solving:**

- Nature and Importance of Concept
- Types of Concept
- Factors influencing Concept Formation
- Meaning and Nature of Problem Solving
- Steps of Problem Solving
- Methods of Problem Solving

#### Unit 5: Attention

- Meaning and Characteristics of Attention
- Types of Attention
- Distraction of Attention
- Determinants of Attention

#### **BOOKS RECOMMENDED:**

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012): Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- 5. Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup>Edition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, Weiss J.Rad Schopler, J. (2012). (latestedition). Introduction to psychology. TATA McGraw Hill Education Pvt. New Delhi.
- 8. Mangal S.K(2000)General Psychology, New Delhi: Sterling Publishers Pvt.Ltd.
- Shashi Jain(Latestedition) Introduction to Psychology. NerwDelhi: Kalyani Publishers.

# MAJOR PAPER-5 Practical 2

#### Instruction to faculty members and Question Setter for:

#### End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 100 Marksand will be of 3 hours duration. Distribution of marks in end semester exam will be as —Experiment [-30, Testing [-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
	Paper - Practical-2	
Paper Code:MJ-5/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40

#### Group A: Experiments; Attention and Problem Solving

- 1 Effect of organization of stimulus materials on span of attention
- 2. Effect of distraction of attention on mental task
- 3.Fluctuation of attention
- 4. .Role of Mental Set in Problem Solving

#### **Group B: Testing: Intelligence**

- 1. Alexander's Battery Test of Intelligence(Pass Along Test, Koh's Block Design Test, Cube Construction Test)
- 2. Mohsin's General Intelligence Test
- 3. Raven's Progressive Matrices
- 4. Joshi 's Test of Intelligence

#### Reference Books:

- 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas
- 2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.
- 3. Sinha, R.R.P (2001). Manovigyanme prayog, Parikchanaur Snakhiyeki. Patna: Bharti Bhawan
- 4. Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

#### SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

#### **SEMESTER-I**

#### MINOR PAPER-1A Theory

#### Instruction to faculty members and Question Setter for:

#### Semester Internal Examination (SIE): Time:

1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

#### End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 60 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergrad	luate Year-First	Semester-l
Certificate		
Paper Code: MN 1A Minor	Paper: Introduction to Psychology	Discipline/Inter Disciplinary
Credit: 3 (45 hours)1		Credit= 15 hours
FM:75		SIE=15, ESE=60
PM:30		SIE=06, ESE=24

Course Outcomes: After the completion of course, the students will have ability to:

- 1. Understanding what Psychology is all about.
- 2. Understand the scope and the field of Psychology.
- 3. Developing familiarity with basic concepts related to some foundational themes of study in Psychologysuch as learning, memory, perception, thinking, emotion, sensation, attention including sensory process.

#### Unit 1:Introduction:

- Definition, nature and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental, Clinical, Educational
- Methods of psychology- Observation, Experimental and Interview Methods

#### **Unit 2: Sensory and Perceptual Processes:**

- Structure and Functions of Eye
- Structure and Functions of Ear
- Perceptional-Concept and Process
- Views on Perception: Gestalt and Behaviouristic

#### Unit 3: Sensation and Attention:

- Sensation: Definition and Characteristics
- Attention: Meaning and phenomena (span of attention, division of attention, fluctuation and distraction),
- Determinants: objective and subjective

#### Unit 4: Learning:

- Definition and Nature
- Methods of learning
- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning,

#### Unit 5:Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM;
- Factors improving memory Forgetting:
- Concept, Nature and Causes

#### **BOOKS RECOMMENDED:**

- 1. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- .2.Suleman, Md. (2012) :AdhunicSamanyaManougyan. Patna: MotilalBanarsidas. (In Hindi)
- .3Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4.Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup>Edition, ISBN-13-9781259003059/ISBN-10-1259003051
- 5.. Morgan C.T., King R.A, Weiss J.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt. New Delhi.
- 6. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.
- 7. Shashi Jain (Latestedition) Introduction to Psychology. Nerw Delhi: Kalyani

Publishers.

#### **SEMESTER-I**

#### MINOR PAPER-1A Practical

Instruction to faculty members and Question Setter for:

#### End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks Distribution of marks in end semester exam will be as - experiment-15 Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-Second	Semester-III
Cirtificate		
	Paper - Practical I	
Paper Code: MN 1A/P	1	Discipline/Inter Disciplinary
		Minor
Credit: 1		1 Credit=30 hrs
FM:25		PM:10
Experiments:		
1.Simple Method in Verbal	learning	
2. Serial Method in Verbal	•	
3. Paired Associate Metho	•	
4. Whole vs Part Method in	•	
4. Whole vs I art Method III	verbai featiling	
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Ps	sychology. Patna: Motila lBar	narsidas
2. Sulaiman, M. (1996). Manovigyanik Pra	ayog AurP arikshan. Patna: M	Iotilal Banarsidas.
3.Sinha,R.R.P(2001). Manovigyan me pra	yog, Parikchan aur Snakhiyek	ci.Patna: Bhart iBhawan
4.Singh, A.K. (2011). Uchchtar Manovigyani	ikPrayogaurParikshan.Patna:	BhartiBhawan
4		

#### **SEMESTER-III**

#### MINOR PAPER-1B Theory

#### Instruction to faculty members and Question Setter for:

#### Semester Internal Examination (SIE):

Time: 1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

#### End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsof1markeach. Question No.2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergraduate	Year-Second	Semester-III
Diploma		
Pa	per – Community Psychology	
Paper Code:MN-1B		inary/Interdisciplinary Minor
Credit: 3 (45 hours)		1 Credit=15 hrs
FM:75		SIE=15, ESE=60
PM: 30		SIE=06, ESE=24

#### Course Outcomes: This course provides:

- 1. knowledge about how community issues can impact the health and wellness of individuals.
- 2. knowledge about the community as a context for the individuals within it, and the relationship of the individual to the community and society.
- 3. knowledge to understand the functioning of the community, including the quality of life of the persons within groups, organizations and institutions, communities, and society.
- 4.knowledge to work on issues like empowerment, civic participation, building a sense of community, problem prevention, health promotion and individual wellness.

#### Unit 1: Introduction:

- Definition of Community Psychology
- Historical contexts of Community Psychology:
- Concept, evolution and nature of community mental health.
- Types of community;

Models of mental health services: mental, social, organizational and ecological.

#### **Unit 2: Core values:**

- Individual and family wellness; sense of community; respect for human diversity;
- social justice; empowerment and citizen participation: collaboration and community strength

#### Unit 3: Health promotion:

- Process of community organization for health promotion;
- Community mental health program for child and maternal health, physically challenged and old age in the Indian context

#### **Unit4: Intervention:**

Community mental health intervention and community based rehabilitation;
 Training of the Para - professional and non-professionals.

#### Unit 5: Community mental health in India:

Issues and challenges.

#### **BOOKS RECOMMENDED**

- 1.Bloom, B. (1973). Community Mental Health A critical analysis. New Jersey. General Learning Press.
- 2.Koch, C.H (1986) (ed.). Community Clinical Psychology. London: Croom Helm.
- 3. Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press.
- 4.Rappaport, J. (1977). Community psychology: Values Research and Action. New York: Holt, Reinehart and Wingston.
- 5. Singh, A.K. (2012). Adhunik Asamnya Manovigyan (Motilal Banarsi Das).
- 6. Singh, A.K. (2012). Uchtar Naidanik Manovigyan (Motilal Banarsi Das).

#### SEMESTER-III

# MINOR PAPER-1B Practical

#### Instruction to faculty members and Question Setter for:

#### End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as — Testing- 15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	*	Semester-III
	Paper - Practical II		
Paper Code: MN 1B/P		Discipline/Inte	r Disciplinary Minor
Credit: 1			1 Credit=30 hrs
FM:25			PM:10
Testing:			
1.Mohsin's General Intelli 2.Eyejenk's Personality Qu 3.Sinha's Manifest Anxiety	uestionnaire (EPQ-Indian A	Adaptation)	
4. Mental Health Battery by			
Reference Books:			
1. Mohsin, S.M. (1982). Experiments in Ps	ychology. Patna: Motila lBan	arsidas	
2. Sulaiman, M. (1996). Manovigyanik Pra	yog AurP arikshan. Patna: Mo	otilal Banarsidas.	
3.Sinha,R.R.P(2001). Manovigyan me pray	og, Parikchan aur Snakhiyeki	i.Patna: Bhart iBhav	wan
4.Singh, A.K. (2011). Uchchtar Manovigyani	kPrayogaurParikshan.Patna:B	ShartiBhawan	

#### SEMESTER-I/II/III

#### Multidisciplinary Course in Psychology Theory

#### $Instruction to faculty members and {\it Question Setter for:}$

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsofImarkeach.Question No.2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-First/Second	Semester-I/II/III	
Certificate/ Diploma			
Paper –I	ntroduction to General Psycho	logy	
Paper Code: MDC/PSY Multidisciple			
Credit: 3			
FM:75		PM:30	

#### Course Outcomes: After the completion of course:

- 1. The students will have ability to understand what Psychology is all about.
- 2. The students will understand the scope and the field of Psychology.
- 3. Develop familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, and perception, forgetting and human sensory process.

#### Unit 1:Introduction:

- Definition and Goals of psychology;
- Methods of Psychology- Observation, Experimental, and Interview method

#### **Unit 2:SensoryandPerceptual Processes:**

- Structure and function ofeye andear;
- Perception: Concept and process, Views on perception: Behavioristic and Gestalt,
   Perceptual organization,

#### Unit 2:Learning:

- Natureand Definitions of Learning;
- Role ofMotivation inLearning;
- Theories of Learning-Thorndike's Trial and Error theory, Kohlar&Kafka'sInsight theory, Pavlov's Conditioningtheory

#### Unit 4(A) Memory:

• Natureand Definitions of Memory;

YEAR OF IMPLIMENTATION-2022-2023

- Process of Memory;
- Types of memory

#### (B)Forgetting:

- Nature and Definitions of Forgetting;
- Causes of Forgetting

#### **BOOK RECOMMENDED**

- 1. Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
- 2. Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.
- 3. Suleiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.
- 4. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- 5.Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 6..Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup>Edition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt. New Delhi.
- 8. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.

# FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



# Binod Bihari Mahato Koylanchal University, Dhanbad

## Question format for 10 Marks:

Subject/Code 6				
F.M.=10	Time=1Hr.	Exam Year		
General l	nstructions: **			
i.	Group A carries very short answer type compulsory question.			
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.			
iii.	Answer in your own words as far as practicable.			
iv.	Answer all sub parts of a question at one place.			
V.	Numbers in right indicate full marks of the question.			
	Group A	c		
1.		[5x1=5]		
	i			
	П			
	iii	•		
	iv			
]	V			
-				
	Group B			
2	·····	[5]		
3		[5]		
Note: The	re may be subdivisions in each question asked in Theory Exa	amination.		

### FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



### Binod Bihari Mahato Koylanchal University, Dhanbad

### Question format for 20 Marks:

	Subject/Code	er de deur de de la de la desta della dell
F.M.=20	Time=1Hr.	Exam Year
General I	nstruction: <a href="mailto:struction:series">struction:series</a>	
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable,	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
1	Group A	Γ <i>Ρ.</i> 1. <i>Ρ</i> 1
1.		[5x1-5]
	I	
	11.	
	iii	
	iv	. • • • • • • • • • • • • • • • • • • •
	V	m
2		[5]
*		
	Group B	
3		[10]
4		[10]
		2
Note: The	re may be subdivisions in each question asked in Theory Exa	umination.



# Binod Bihari Mahato Koylanchal University, Dhanbad

# Question format for 50 Marks:

,	Subject/Code	-
F.M.=50	Time=3Hrs.	· Exam Year
General I	nstructions:	A STATE A STATE
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	*
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	•
_	Group A	
1.		[5x1=5]
	i	ferra of
	ii	
	iii	
•	iv	
	V	
	Group B	
2		
3		[15]
4		[15]
5		[15]
6.		[15]
0		[15]
Note: Ther	e may be subdivisions in each question asked in Theory Exa	mination.



# Binod Bihari Mahato Koylanchal University, Dhanbad

# Question format for 60 Marks:

	Subject/Code	
F.M.=60	Time=3Hrs.	Exam Year
	nstructions:	
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
ν.	Numbers in right indicate full marks of the question.	
. • •	Group A	
1.	•	[5x1=5]
i.	****************	•
ii.	***********	
iii.	*******************	
iv.	***************************************	
v.	***************************************	•
2	***************************************	[5]
3		[5]
	Group B	-
4		[15]
** ****		[15]
		[15]
		[15]
		[15]
8	······································	[17]
were grown	ere may be subdivisions in each question asked in Theory Ex	ramination



# Binod Bihari Mahato Koylanchal University, Dhanbad

## Question format for 75 Marks:

	Subject/Code	∀ <sub>X</sub>
F.M.=75	Time=3Hrs.	Exam Year
General I	nstruction §!	
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	•
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
V.	Numbers in right indicate full marks of the question.	
1.		
1.	•	[5x1=5]
	1	
•	ii	
	iii	
	iv	
	v	
2	*******************	[5]
3	*************	[5]
*	Group B	i. J
4		[15]
5		[15]
6		[15]
/*Y	······································	[15]
8	•••••	[15]
9	•••••	[15]
		[12]
Note: There	e may be subdivisions in each question asked in Theory Example	



### Binod Bihari Mahato Koylanchal University, Dhanbad

### Question format for 100 Marks:

	Subje	ct/Code	
F.M.=100	Time	- Exam Year	
General I	astructions:		
i.	Group A carries very short answer ty	pe compulsory question.	
ii.	Answer 4 out of 6 subjective/descript		
iii.	Answer in your own words as far as I		
iv.	Answer all sub parts of a question at	one place.	
v.	Numbers in right indicate full marks	of the question.	•
		Group A	
1.			[10x1=10]
	i	vi	
	ii	vii	
	iii	viii	
	iv	ix	
	v	X	
2	***************************************		[5]
3			[5]
•	Gre	oup B	~ ~
4	**************************************		[20]
5			[20]
	************		[20]
	***********		[20]
	*****		[20]
	************		[20]
<i>7</i>			[20]
Note: Ther	e may be subdivisions in each o	juestion asked in Theory Exam	nination.