BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD (JHARKHAND)



FOUR YEARS UNDER GRADUATE PROGRAM IN PSYCHOLOGY

(Revised)

SYLLABUS: DISCIPLINE SPECIFIC CORE COURSE (DSCC)
DISCIPLINESPECIFIC MINOR COURSES FOR SEMESTER-I,
SEMESTER-II, SEMESTR-III, AND MULTIDSCIPLINARY COURSE IN
PSYCHOLOGY

AS PERNEP-2020

YEAR OF IMPLIMENTATION: ACADEMIC YEAR 2022-2023

XS: 123

Members of Board of Studies of Psychology for Four Year Undergraduate Syllabus as Per the Guidelines of NEP-2020 of Binod Bihari Mahto Koyalanchal University, Dhanbad

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Date 26.9.2022

To:

Dr. Kavita Singh Head University Department of Psychology B.D.M.K.U Dhanbad

Subject: Approval of Syllabus

Dear Madam,

The syllabus for Four Year Undergraduate Programme under NEP 2020 is approved.

Yours sincerely,

Alexa Torefacecal (Meera Jayuswal)

Phone-cum-Fax: 0612-2350136 (O)

DEPARTMENT OF PSYCHOLOGY



College of Commerce, Arts & Science Kankarbagh, Patna-800 020

[A Constituent unit of Patliputra University, Patna] NAAC Re-Accredited 'A' Grade with CGPA 3.10

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To,
Dr. Kavila Seigh
Head
University Department of Psychology
BBMKU, Dhanbad

Subject: regarding Approval of Syllabus

Dear Madam,

After going through the Syllabus for Four Years Undergradual Frogram in Psychology Of Bonod Bohari Mahte Koyalanchal University, Dharbal [Tharkhand] under NEP-2020, I hereby give my approval for the same.

Yours Sincerely

CIR:

[PROF. KIRTI]

HOD

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BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD

Highlights of Regulations of FYUG/Research Program

- The Full-time, Regular UG program for a regular student shall be for a period of four years with multiple entries and multiple exit options-
- a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
- a Diploma after 2 years (4 semesters) of study,
- a Bachelor after a 3-year (6 semesters) program of study,
- a Bachelor (with Hons. / Research) after a 4-year (8 semesters) program of study
- Validity of a registration for FYUGP will be of six years for Three Year Program and maximum Seven years for Four Years Program from the date of registration.

Four Years Undergraduate Honours/Research Program Structure in Psychology

Program Outcomes:

By the end of the Honours/Research Program in Psychology the students will be able:

- To explain the basic concepts in Psychology
- To understand the basic psychological processes and applications in everyday life.
- To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing).
- To understand the basic aspects of different branches and basic theories of Psychology.
- To demonstrate knowledge of the application of theories of Psychology
- To understand the basic aspects of different branches and basic theories of Psychology.
- To use various psychometric tools for assessment.
- To analyses the critical aspects in the process of diagnosis of mental health issues.
- To conduct a social science research with focus on the methods of studying human behavior
- To shape cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- To foster interest in Psychology and create foundation for further studies in Psychology

Jharkhand, NEP Regulations for FYUGP. 2022 onwards Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 160]

Level of Courses	Semester	MJ: Discipline Specific Courses – Core or Major (80)	MM: Minor from discipline (16)	MK; Minor from vocational (16)	MDC: Multidisciplinary Courses [Life sciences, Physical Sciences, Multernatical and Computer Sciences, Data Analysis, Social Sciences, Humanities, etc.] (9)	AEC; Ability Enhancement Courses (Modern Indian Language and English)	SEC; Skill Enhancement Courses (9)	VAC: Value Added Courses (6)	(4) noinenseld 'qidemenni :4AI	RC: Research Courses (12)	sozunoD-boomrvbA ;LMA (S1) donesost to nod ni	Credits	Double Major (DMJ)
	£í	The second secon	4	5	9	7	000	o	91	11	(3)		
100-199; Foundation or	-	4	4		3	2	3	4			7)	70	4+4
Introductory courses	11	4+4		4	3	4	3			***************************************		20	4+4
	Exft Poln	Point: Undergraduate Certificate provided with Summer Internship/ Project (4 credits)	: Certificate	provided w	ith Summer In	ternship/1	Project (4	credits)	,				
200-299: Intermediate-level contract	1111	4+4	4		0	2	3			The state of the s		20	4+4
	λί	4+4+4		4		2	-	2				20	4+4
	Exit Poin	Point: Undergraduate Diploma provided with Summer luternship in 14 or 2nd year/ Project (4 credits)	Diploma pr	ovided with	Summer lute	rnship in 1	d or 2nd y	ear/ Proje	et (4 credit	fs)			
300-399. Higher-level courses	>	4+4+4.	4						4			20	4+4
The Calledon and the Ca	Ĭ,	4+4+4		4								20	4+4
	Extt Poin	Point: Bachelor's Degree	ree			was processed and the second and account.	***************************************	1		and an array state of the state			L
400.499. A dramond comment	ΙΙΛ	4+4+4	4				-		-	The second secon		20	4+4
cocino de la companya	ALIII	4		4						12	4+4+4	20	4+4
the control of the co	Exit Poin	Point: Bachelor's Degree with Hous. /Hons. with Resenrch	ree with Ho	is. /Hons. w	ith Research	- Andrews	, ,					160	224

Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE /RESEAARCH PROGRAMME

Table-1: Semester wise Course Code and Credit Points for Practical Subjects:

Semester	Common Courses	, Introductory, Major, Minor, Vocational & Internship	
	Code	Paper	Credit
	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
1	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
	MJ	Major-2 (Discipline Specific Course)	4
	MJ	Major-3 (Discipline Specific Course)	4
	MN	Minor-I (From Vocational)	4
II	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	MJ	Major-4 (Discipline Specific Course)	4
	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
III		Multidisciplinary Course	3
	MDC	Ability Enhancement Course	2
	AEC	Skill Enhancement Course	3
	SEC MJ	Major-6 (Discipline Specific Course)	4
IV		Major-7(Discipline Specific Course)	4
	MJ	Major-8 (Discipline Specific Course)	4
	MJ	Minor-II (From Vocational)	4
	MN	Ability Enhancement Course	2
	AEC	Value Added Course	2
	VAC	Major-9 (Discipline Specific Course)	4
	MJ	Major-10 (Discipline Specific Course)	4 .
***	MJ	Major-10 (Discipline Specific Course)	4
V	MJ MN	Minor-IC(From Discipline)	4 (3+1)
		Internship/Dissertation	4
	IAP	Major-12 (Discipline Specific Course)	4
	MJ	Major-12 (Discipline Specific Course)	4
~ ~~	MJ	Major-14 (Discipline Specific Course)	4
VI	MJ	Major-15 (Discipline Specific Course)	4
	MJ		4
	MN	Minor-III (From Vocational) Advance Major-01 (Discipline Specific Course)	4
	AMJ	Advance Major-01 (Discipline Specific Course) Advance Major- 02 (Discipline Specific Course)	4
34. 35.36.36.	AMJ	Advance Major- 02 (Discipline Specific Course) Advance Major-03 (Discipline Specific Course)	4
VII	AMJ	Advance Major-03 (Discipline Specific Course) Advance Major- 04 (Discipline Specific Course)	4
	AMJ		
	MN	Advance Minor- 05 (From Discipline)	4 (3+1)
	AMJ	Advance Major-XX (Discipline Specific Course)	4
VIII	MN	Minor-IV (From Vocational)	12
	RC	Research Courses (Dissertation) Total Credit	1.2

Abbreviations:

MJ- Major Disciplinary/Interdisciplinary Courses

MN- Minor Disciplinary/Interdisciplinary Courses

AMJ- Advance Major Disciplinary/Interdisciplinary Courses MDC Multidisciplinary Course

AEC-Ability Enhancement Course

VAC- Value Added Course

IAP- Internship

RC- Research Course

SEC-Skill Enhancement Course

Table-2: Title of the Major, Minor and Multidisciplinary Courses in Psychology

S. No.	Title of The PaperS
	MAJOR DISCIPLINE SPECIFIC
1	MJ-1- FOUNDATION OF PSYCHOLOGY
2	MJ-2- BIOPSYCHOLOGY
3	MJ-3- PRACTICAL
4	MJ-4- PSYCHOLOGY OF INDIVIDUAL DIFFERENCE
5	MJ-5- PRACTICAL
6	MJ-6- DEVELOPMENT OF PSYCHOLOGICAL THOUGHTS
7	MJ-7- ABNORMAL PSYCHOLOGY
8	MJ-8- PRACTICAL
9	MJ-9- DEVELOPMENTAL PSYCHOLOGY
10	MJ-10-BASICS OF CLINICAL PSYCHOLOGY
11	MJ-11- PRACTICAL
$\frac{12}{13}$	MJ-12- INTRODUCTION TO SOCIAL PSYCHOLOGY
13 14	MJ-13- EDUCATIONAL PSYCHOLOGY MJ-14- POSITIVE PSYCHOLOGY
15	MJ-15- PRACTICAL
16	AMJ-01-COUNSELLING PSYCHOLOGY
17	AMJ-02-ORGANIZATIONAL BEHAVIOUR
18	AMJ-03- EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY
19	AMJ-04 PRACTICAL
	AMJ-05- RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY
20	AMJ-03- RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY
	MINOR DISCIPLINE SPECIFIC
21	
21	MN-IA: INTRODUCTION TO PSYCHOLOGY (THEORY)
	MN-IA: PRACTICAL
22	MN-IB: PSYCHOLOGICAL DISORDER (THEORY)
	MN-IB: PRACTICAL
23	MN-IC: PSYCHOLOGY AND SOCIAL ISSUES (THEORY)
	MN-IC: PRACTICAL
24	MN-ID: PSYCHOLOGY AT WORK (THEORY)
	MN-ID: PRACTICAL
· · · · · · · · · · · · · · · · · · ·	MULTI DSCIPLINARY COURSE

Table-3: Semester-WiseTitle of the Papers in Four Year Undergraduate Honours/Research Program in Psychology

For Practical Subjects

Year	Semeste r	Paper	Title of the Paper	Theory/Practical	Credits
		Code		,	
			Major Papers		
1 st	I	MJ-1	Foundations of Psychology	Theory	4
	П	MJ-2	Bio-psychology	Theory	4
		MJ-3	Practical	Practical	4
2 nd	III	MJ-4	Psychology of Individual Differences	Theory	4
		MJ-5	Practical	Practical	4
	IV	MJ-6	Development of Psychological Thoughts	Theory	4
		MJ-7	Abnormal Psychology	Theory	4
		MJ-8	Practical	Practical	4
3 rd	V	MJ-9	Developmental Psychology	Theory	4
		MJ-10	Basics of Clinical Psychology	Theory	4
		MJ-11	Practical	Practical	4
,	VI	MJ-12	Applied Social Psychology	Theory	4
		MJ-13	Educational Psychology	Theory	4
	•	MJ-14	Positive Psychology	Theory	4
		MJ-15	Practical	Practical	4
4 th	VII	AMJ- 01	Counseling Psychology	Theory	4
	AMJ- Org 02	Organizational Behaviour	Theory	4	
		AMJ- 03	Emergence of Environmental	Theory	4
		AMJ- 04	Psychology Practical	Practical	4
	VIII	AMJ- 05	Research Methods and Statistics in Psychology	Theory	4
Total C	× .	l			80

Table-4: Distribution of Marks for Major Papers:

S.No.	Semester	Paper	Credit]	Full Marks=	100	Pas	ss Marks	
				Internal	End Sem	End	Internal	End	End
				Theory	Theory	Sem	Theory	Sem	Sem
				(Mid Sem)		Practical	(Mid Sem)	Theory	Practical
1.	I	MJ-1	4	25	75		10	30	
			+	<u> </u>		 			
2.	п	MJ-2:	4	25	75		10	30	
		Theory							
		MJ-3:	4			100			40
		Practical							
3.	m	MJ-4:	4	25	75		10	30	
		Theory							
		MJ-5:	4			100			40
		Practical							
4.	IV	MJ-6:	4	25	75		10	30	
		Theory			ļ.,				
		MJ-7: Theory	4	25	75		10	30	
		MJ-81:	4			100			40
		Practical	"			100			40
5.	v	MJ-9:	4	25	75		10	30	
		Theory							
		MJ-10:	4	25	75		10	30	
		Theory							
		MJ-11:	4			100			40
		Practical							
6.	VI	MJ-12:	4	25	75		10	30	
		Theory						ver and a second	ļ
		MJ-13:	4	25	75		10	30	
		Theory							
		MJ-14:	4	25	75		10	30	
		Theory	ļ			.,,			
		MJ-15:	4			100			40
7	VII	Practical AMJ-01:	4	25	75		10	20	
,		Theory	4	25	/3		10	30	
		AMJ-02:	4	25	75		10	30	
		Theory			"		10	30	
		AMJ-03:	4	25	75		10	30	
	u.	Theory							
		AMJ-04:	4			100			40
		Practical							
8.	VIII	AMJ-05:	4	25	75		10	30	
		Theory							
Total (`redit		-	<u> </u>		80			
	+ 		L	· · · · · · · · · · · · · · · · · · ·					

Table-5: Distribution of Marks for Minor Papers:

S.No.	Semester	Paper	Credit	Full Marks		' Pass Mark	S
				Theory(Internal +End Semester)	Practical(End Semester	Theory(Internal +End Semester)	Practical
1.	I	MN- IA	3+1	15+60	25	30	10
2.	ш	MN- IB	3+1	15+60	25	30	10
3.	V	MN- IC	3+1	15+60	25	30	10
4.	VII	MN- ID	3+1	15+60	25	30	10

Table-6: Distribution of Marks for Multidisciplinary Paper-Psychology:

* C.

S.No.	Semester	Paper	Credit	Full Marks	Pass Marks
		- Anna Anna Anna Anna Anna Anna Anna Ann		Theory(End	Theory(End Semester)
				Semester)	
1.	I or II or III	MDC- Psychology	3	75	30

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-I MAJOR PAPER-1 Theory

InstructiontofacultymembersandQuestionSetterfor:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1
Pape	r - Foundations of Psycholog	У
Paper Code:MJ-1		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1:Introduction:

- Emergence and Development of Psychology
- Definition and Goals of Psychology and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental and Biopsychology,
- Methods of psychology-Psychology in modern India.

Unit 2: Perception:

- · Concept and process
- Perceptual organization
- Role of attention in perception
- Perceptual sets
- Perceptual constancies
- Perception of Depth, Distance and Movement

Unit 3: Learning:

- Concept of learning
- Learning curve and methods of learning

 Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning, Kohler & Kafka's Insight theory and Observational Learning Digital learning; Self-regulated learning

Unit 4: Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- Concept of Ebbinghause and Bartlett
- Forgetting:
- Concept, Nature and Causes
- Theories of Forgetting

Unit 5: Emotion:

- Meaning and Characteristics
- Development of Emotion
- Physiological correlates of Emotion
- Measurement of Emotion Galvanic Skin Response(GSR)

BOOKS RECOMMENDED:

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012): Adhunic Samanya Manougyan. Patna: MotilalBanarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- Passer, M.W. and Smith, R.E. (2010). Psychology: TheScienceof mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to psychology. TATAMcGraw HillEducation Pvt.NewDelhi.

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-II MAJOR PAPER-2 Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd. <80, 2 marks; 80<Attd. <85, 3 marks; 85<Attd. <90, 4 marks; 90<Attd, 5 marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of fivequestionsof1markeach. Question No.2 and 3 will be two short answer type questionsof5marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1I
	Paper - Bio-psychology	
PaperCode:MJ-2		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1: Introduction to Biopsychology

- Definition and Nature of Bio-Psychology;
- subject matter of Bio-Psychology
- Methods of Bio-Psychology
- Ethics in Bio-Psychology

Unit 2: Neuron and Neural Conduction

- Neuron –structure, types and Functions
- Nerve Impulse and Neural conduction
- Synapse and Synaptictransmission.
- Neurotransmitters

Unit 3: Nervous system

- StructureandfunctionofCentralNervousSystem(CNS)
- StructureandfunctionofPeripheralNervousSystem(PNS)

• Methods of Studying Functions of Brain

Unit 4: Endocrine System:

- Endocrine Glands -- Concept and Type
- Structure and functions of endocrine Glands
- Abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal

Unit 5: Receptor, Effectors and Adjuster Mechanism

- Receptor Cells
- Effectors Cells
- Adjustor Cells

BOOKS RECOMMENDED:

- 1. Breedlove, S. M., Rosenzweig, M. R. and Watson, N_{th}V.(2007). Biological Psychology: An introduction to behavioral, congnitive, and clinical neuroscience (5 Edition). Sunderland, Massachuset
- 2. Carlson, N. R. (2009)Foundations of Physiology(6thEdition). New Delhi: Pearson
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Pinel, J.P. (2011). Biopsychology(8thEdition). New Delhi: Pearson Education. New Delhi: Tata McGraw-Hill.
- 5. Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.
- 6. Carlson, Neil, R. (2008) Foundations of Physiological Psychology. Pearson Education India

MAJOR PAPER-3 Practical 1

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time: 3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as - Experiment 1-30, Experiment 2-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-First	Semester-II
Certificate		
	Paper - Practical I	
Paper Code:MJ-3P		Core Compulsory
Credit: 4 (120 hours)		1 Credit=30 hrs
FM:100		PM: 40

Group A: Experiment: Verbal Learning

Memorizing non-sense syllables by the method of-

- 1. Simple Reproduction
- 2.Serial Reproduction
- 3. Prompting and Anticipation
- 4.Paired Association

Group B: Experiment: Sensory Motor Learning

- 1.Effect of Practice on sensory motor learning
- 2.Bi-lateral transfer(Positive transfer)
- 3. Habit-interference (Negative transfer)
- 4. Phenomenon of spread of effect

Reference Books:

- 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motila lBanarsidas
- 2. Sulaiman, M. (1996). Manovigyanik Prayog AurP arikshan. Patna: Motilal Banarsidas.
- 3. Sinha, R.R.P(2001). Manovigyan me prayog, Parikchan aur Snakhiyeki. Patna: Bhart iBhawan
- 4.Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

SEMESTER-III

MAJOR PAPER-4 Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paper – Ps	sychology of Individual Differen	nces
Paper Code:MJ-4		Core Compulsory
Credit: 4(60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1:Personality:

- Concept and Natureof Personality
- Biological andsocio-cultural Determinants of personality
- Approachesto personality: Psychodynamic, Phenomenological- Humanistic, Traitand Type approach.

Unit 2:Intelligence:

- Definitions ,Nature andTypes
- Theories ofintelligence-Twofactor, Multiple factor and Group factortheory
- Impact of heredityand environment on intelligence
- Concept of Emotional Intelligence

Unit 3: Thinking:

- Meaning and nature of thinking
- Types of Thinking
- Jean Piaget' contributions in children's thinking

• Role of Set in thinking

Unit 4: Motivation:

- Concept and Nature, kinds of motives
- Theories of Motivation- Drive Theory, Incentive Theory, Need- Hierarchies Theory and Vactor-Valence Theory
- Role of motivation in learning.

Unit 5: Attention

- Meaning and Characteristics of Attention
- Types of Attention
- Distraction of Attention
- Determinants of Attention

BOOKS RECOMMENDED:

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012) :Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.RadSchopler, J. (2012). (latestedition). Introduction to psychology. TATA McGraw Hill Education Pvt. New Delhi.
- 8. Mangal S.K(2000)General Psychology, New Delhi: Sterling Publishers Pvt.Ltd.
- Shashi Jain(Latestedition) Introduction to Psychology. NerwDelhi: Kalyani Publishers.

MAJOR PAPER-5 Practical 2

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as — Testing 1-30, Testing 2-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-Second	Semester-III
Diploma		
	Paper - Practical-2(Testing	
Paper Code:MJ-5/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40
Group A: Testing: Intelligence		•
1. Alexander's Battery Test of Inte	lligence(Pass Along Test,Koh's	Block Design Test, Cube
Construction Test)		5 ,
2. Mohsin's General Intelligence 7	Cest	
3. Raven's Progressive Matrices		Con-
4. Joshi 's Test of Intelligence		
Group B: Testing: Personality		
(a) Mohsin Shamshad's Bell Adju	stment Inventory	•
(b) Word Association Test		
(c) Eysenck Personality Inventory		$\label{eq:control_eq} \mathcal{L}_{ij} = \mathcal{L}_{ij} + \mathcal{L}_{$
(d) Maudsley Personality Inventor	y	
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Ps	ychology. Patna: Motila lBanarsida:	S
2. Sulaiman, M. (1996). Manovigyanik Pra	yog AurP arikshan. Patna: Motilal I	Banarsidas.
3.Sinha,R.R.P(2001). Manovigyan me pray	og, Parikchan aur Snakhiyeki.Patna	a: Bhart iBhawan
4.Singh, A.K. (2011). Uchchtar Manovigyani	kPrayogaurParikshan.Patna:BhartiB	Bhawan

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-I

MINOR PAPER-1A Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE): Time:

1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 60 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class:Undergrad	luate Year-First	Semester-I
Certificate		
Paper Code: MN 1A	Paper: Introduction to Psychology	Discipline/Inter Disciplinary
Minor		
Credit: 3 (45 hours)1		Credit= 15 hours
FM:75		SIE=15, ESE=60
PM:30		SIE=06, ESE=24

Course Outcomes: After the completion of course, the students will have ability to:

- 1. Understanding what Psychology is all about.
- 2. Understand the scope and the field of Psychology.
- 3. Developing familiarity with basic concepts related to some foundational themes of study in Psychologysuch as learning, memory, perception, thinking, emotion, sensation, attention including sensory process.

Unit 1:Introduction:

- Definition, nature and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental, Clinical, Educational
- Methods of psychology- Observation, Experimental and Interview Methods

Unit 2: Sensory and Perceptual Processes:

- Structure and Functions of Eye
- Structure and Functions of Ear
- Perceptional-Concept and Process
- Views on Perception: Gestalt and Behaviouristic

Unit 3: Sensation and Attention:

- Sensation: Definition and Characteristics
- Attention: Meaning and phenomena (span of attention, division of attention, fluctuation and distraction),
- Determinants: objective and subjective

Unit 4: Learning:

- Definition and Nature
- Methods of learning
- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning,

Unit 5: Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory Forgetting:
- Concept, Nature and Causes

BOOKS RECOMMENDED:

- .1. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- .2. Suleman, Md. (2012): Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
- .3Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 5.. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt.NewDelhi.
- 6. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.
- 7. Shashi Jain (Latestedition) Introduction to Psychology. Nerw Delhi: Kalyani

Publishers.

SEMESTER-I

MINOR PAPER-1A Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks Distribution of marks in end semester exam will be as - experiment-15 Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Cirtificate	Year-Second	Semester-III
		No.
	Paper - Practical I	
Paper Code: MN 1A/P	1	Discipline/Inter Disciplinary
		Minor
Credit: 1		1 Credit=30 hrs
FM:25		PM:10
Experiments:		
1.Simple Method in Verbal	learning	
2. Serial Method in Verbal	learning	
3. Paired Associate Method	d in Verbal learning	
4. Whole vs Part Method in	Verbal learning	
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Ps	ychology. Patna: Motila lBa	narsidas
2. Sulaiman, M. (1996). Manovigyanik Pra	yog AurP arikshan. Patna: M	Aotilal Banarsidas.
3.Sinha,R.R.P(2001). Manovigyan me pray	yog, Parikchan aur Snakhiyel	ki.Patna: Bhart iBhawan
4.Singh, A.K. (2011). Uchchtar Manovigyani	kPrayogaurParikshan.Patna:	BhartiBhawan
7		

SEMESTER-III

MINOR PAPER-1B Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered. (Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4

marks;90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsof1markeach. Question No. 2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
Paj	per –Psychological Disorder	S
Paper Code:MN-1B		sciplinary/Interdisciplinary Minor
Credit: 3 (45 hours)		1 Credit=15 hrs
FM:75		SIE=15, ESE=60
PM: 30		SIE=06, ESE=24

Course Outcomes: This course provide:

- 1. knowledge about distinguishing normal and abnormal behaviour, educate students about anxiety, trauma and Dissociative Personality Disorders.
- 2. knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality
- 3. knowledge about classification of mental diseases.
- 4. familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder).

Unit 1: Understandingabnormality

- Definition and Criteria of abnormality
- Classification (Latestedition of DSM&ICD)
- Concept and Methods of Abnormal Psychology

Unit 2: ClinicalStates:

 Clinical Picture and Dynamics of Anxiety disorders-Phobia, Obsessive Compulsive Disorder, Generalized Anxiety Disorder • Clinical Picture and Dynamics of Conversion Disorder; Clinical Picture and Dynamics of Dissociative Identity Disorder

Unit 3: Developmental Disorders:

- Clinical picture and Dynamics of -Mental Retardation
- Autism
- Attention Deficit Hyperactive Disorder(ADHD)
- Learning Disabilities
- Unit 4: Substance-related disorder and eating disorders:
- Substance-related disorder- Alcohol abuse and Drug abuse Clinical picture and causes)
- Eating disorder- Anorexia Nervosa and Bulimia Nervosa

Unit 5: Mental Retardation:

- Meaning and Characteristics
- Level or Types
- General causes or etiology
- Treatment

BOOKS RECOMMENDED:

- 1. Oltman TFand EmeryRE (1995)Abnormal psychology. New Delhi: PrenticeHillofIndia Pvt.Ltd.
- 2.BarlowD.H.andDurandV.M.(2005).AbnormalPsychology:AnIntegratedApproach (4thEd.)Wassworth:New York.
- 3.CarsonR.C.,ButcherJ.N.,Mineka,A.,andHooleyJ.M(2007).AbnormalPsychology (13thEd.). ND: Pearson Education.
- 4. Kisker, G.W(1985). Disorganized personality. New Delhi: McGrawHill.
- 5. Singh A.K. (2002). AdhunikAsamnayaManovigyan. PatnaMotilal:Banarsidas.
- 6. Q.G. Alam and Srivastava, A. (2012). ApsamanyaManovigyan. Azamgarh: MotilalBanarisidas
- 7. Sinha, R.R.P. and Mishra, B.K. (2006) Asamanya Mnovigyan: Bharti Bhavan (Publishers & Distributers).

SEMESTER-III

MINOR PAPER-1B Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as — Testing- 15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	We start	Semester-III
	Paper - Practical I	I	
Paper Code: MN 1B/P		Discipline/In	ter Disciplinary Minor
Credit: 1			1 Credit=30 hr
FM:25			PM:10
Testing:			*
1.Mohsin's General Intell 2.Eyejenk's Personality Q 3.Sinha's Manifest Anxiety 4. Mental Health Battery by	uestionnaire (EPQ-India Scale	n Adaptation)	4
Reference Books:			
1. Mohsin, S.M. (1982). Experiments in Ps	sychology. Patna: Motila lB	Sanarsidas	
2. Sulaiman, M. (1996). Manovigyanik Pra	nyog AurP arikshan. Patna:	Motilal Banarsidas.	
3.Sinha,R.R.P(2001). Manovigyan me pra	yog, Parikchan aur Snakhiy	eki.Patna: Bhart iBl	nawan
	······································		

4.Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

SEMESTER-I/II/III

Multidisciplinary Course in Psychology Theory

InstructiontofacultymembersandQuestionSetterfor:

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsofImarkeach.Question No.2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-First/Second	Semester-I/II/III
Certificate/ Diploma		
Paper –I	ntroduction to General Psycho	logy
Paper Code: MDC/PSY		Multidisciplinary Course
Credit: 3	1 Credit=15 hrs	
FM:75		PM:30

Course Outcomes: After the completion of course:

- 1. The students will have ability to understand what Psychology is all about.
- 2. The students will understand the scope and the field of Psychology.
- 3. Develop familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, and perception, forgetting and human sensory process.

Unit 1:Introduction:

- Definition and Goals of psychology;
- Methods of Psychology- Observation, Experimental, and Interview method

Unit 2:SensoryandPerceptual Processes:

- Structure and function ofeye andear;
- Perception:Concept and process, Views on perception: Behavioristic and Gestalt, Perceptual organization,

Unit 2:Learning:

- Natureand Definitions of Learning;
- Role ofMotivation inLearning;
- Theories of Learning-Thorndike's Trial and Error theory, Kohlar&Kafka'sInsight theory, Pavlov's Conditioningtheory

Unit 4(A) Memory:

• Natureand Definitions of Memory;

- Process of Memory;
- Types of memory

(B)Forgetting:

- Nature and Definitions of Forgetting;
- Causes of Forgetting

BOOK RECOMMENDED

- 1. Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
- Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.
 Suleiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.
- 4. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- 5.Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 6..Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, Weiss J.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt.NewDelhi.
- 8. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 10 Marks:

	Subject/Code	45
F.M.=10	Time=1Hr.	Exam Year
General l	nstructions:	·
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
	Group A	r.m
1.		[5x1=5]
	i	
	%	
	iii	•
	iv	
	V	
	Group B	
2		[5]
3		[5]
Note: The	re may be subdivisions in each question asked in Theory Ex	amination.

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 20 Marks:

	Subject/Code		
F.M.=20	Time=1Hr.	Exam Year	
General I	nstruction:3.		
i.	Group A carries very short answer type compulsory question.		
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.		
iii.	Answer in your own words as far as practicable,		
iv.	Answer all sub parts of a question at one place.		
v.	Numbers in right indicate full marks of the question.		
	Group A	FP. 1 PT	
1.		[5x1-5]	
	1.		
	11.	·	
٠	iii		
	iv	. •	
	V		
2.		[5]	
•	Group B	* v	
3 .		[10]	
А	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	[10]	



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 50 Marks:

	Subject/Code	
F.M.=50	Time=3Hrs.	. Exam Year
General I	nstructiong:	,
i.	Group A carries very short answer type compulsory question.	•
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
_	Group A	
1.		[5x1=5]
	i	
	ii	
	iii	
	iv	
	V	
	Group B	
2		•
_	************	[15]
		[15]
		[15]
5,		[15]
6		[15]
m mr		
Note: Ther	e may be subdivisions in each question asked in Theory Exa	mination.



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 60 Marks:

	Subject/Code	
F.M.=60	Time=3Hrs.	Exam Year
	nstructions:	. %
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
	Group A	F.C 1
1.		[5x1=5]
i.	*************	
ii.	***********	
iii.	****************	
iv.	***************************************	
v.	***************************************	ren
2	***************************************	[5]
3	***************************************	[5]
	Group B	•
4		[15]
<i>*</i> 5		[15]
		[15]
		[15]
		[15]
U		
Mata. Th	ere may be subdivisions in each question asked in Theory Ex	camination.



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Question format for 75 Marks:

	Subject/Code		
F.M.=75	Time=3Hrs.	Exam Year	
General I	nstruction 5!	73	
i.	Group A carries very short answer type compulsory question.		
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.		
iii.	Answer in your own words as far as practicable.		
iv.	Answer all sub parts of a question at one place.		
ν.	Numbers in right indicate full marks of the question.		
1			
1.	•	[5x1=5]	
	1.	•	
•	ii		
	iii		
	iv		
	V	*	
2	*********************	[5]	
3	***************************************	[5]	
	Group B	τ. 3	
	••••••	[15]	
5		[15]	
6		[15]	
7		[15]	
8		<u>.</u>	
9		[15]	
		[15]	
Note: There may be subdivisions in each question asked in Theory Examination.			
3 East-Stone in each question asked in Theory Examination.			



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Question format for 100 Marks:

	Sub	ject/Code	
F.M.=100	Tim	- Exam Year	
General I	nstructions:		
i.	Group A carries very short answer	type compulsory question.	
ii.	Answer 4 out of 6 subjective/descri	ptive questions given in Group B.	
iii.	Answer in your own words as far as	s practicable.	
iv.	Answer all sub parts of a question a	at one place.	
v.	Numbers in right indicate full mark	•	
		Group A	
1.		•	[10x1=10]
	İ	Vi	
	11.	Vii	
	iii	viii	
	iv	ix	
	V	X	
2	***************************************		[5]
3			[5]
•	G	roup B	
4			[20]
5			[20]
6			[20]
			[20]
8			[20]
			[20]
			F
Note: Ther	e may be subdivisions in each	question asked in Theory Exa	mination.