

**BINOD BIHARI MAHTO KOYALANCHAL  
UNIVERSITY, DHANBAD (JHARKHAND)**



**FOUR YEARS UNDERGRADUATE PROGRAM  
IN  
PSYCHOLOGY**

**UP TO SEMESTER-VIII**

**AS PER NEP-2020**

**YEAR OF IMPLIMENTATION: ACADEMIC YEAR 2022-2023**

**Members of Board of Studies of Psychology for Four Year Undergraduate Syllabus as Per the Guidelines of NEP-2020 of Binod Bihari Mahto Koyalanchal University, Dhanbad**

1. Dr.Kavita Singh  
Associate Professor & Hread  
Uni.Dept. of Psychology  
BBMKU

-Chairperson

*K Singh*  
*28/9/2022*

2. Dr.Sudhinta Sinha  
Associate Professor  
Uni.Dept. of Psychology  
& Proctor,BBMKU

-Internal Member

*Sudhinta*  
*28/9/2022*

3. Dr. Meera Jaiswal(Retd.)  
Professor & Ex- Head  
Uni.Dept. of Psychology  
Ranchi University, Ranchi

-External Member

4. Dr. Kirti  
Professor & Head  
Dept. of Psychology  
College of Commerce, Patna

-External Member

5. Dr. R.S. Yadav( Retd.)  
Associate Professor & Ex- Head  
Uni.Dept. of Psychology  
BBMKU

-Invited Member

*R.S. Yadav*  
*28-9-2022*

*K Singh*  
*28/9/2022*  
(Dr.Kavita Singh)  
Head  
Uni.Dept. of Psychology  
BBMKU,Dhanbad

Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 160]

Level of Courses	Semester	Exit Point: Undergraduate Certificate provided with Summer Internship/ Project (4 credits)										Credits	Double Major (DML)	
		ML: Discipline Specific Courses - (Core or Major) (80)	MN: Minor from discipline (16)	MN: Minor from vocational (16)	MDC: Multidisciplinary Courses [Life sciences, Physical Sciences, Mathematical and Computer Sciences, Data Analysis, Social Sciences, Humanities, etc.] (9)	AEC: Ability Enhancement Courses (Modern Indian Language and English) (8)	SEC: Skill Enhancement Courses (9)	VAC: Value Added Courses (6)	IAP: Internship/ Dissertation (4)	RC: Research Courses (12)	AVIL: Advanced Courses in lieu of Research (12)			
100-199: Foundation or Introductory courses	I	3	4	5	6	7	8	9	10	11	12	13	4	
	II	4	4	4	3	2	3	4				20	4+4	
200-299: Intermediate-level courses	III	4+4	4		3	2	3					20	4+4	
	IV	4-4-4	4	4	2	2	2					20	4-4	
300-399: Higher-level courses	V	4+4+4	4						4			20	4+4	
	VI	4-4-4	4	4								20	4+4	
400-499: Advanced courses	Exit Point: Bachelor's Degree													
	VII	4+4+4+4	4									20	4-4	
	VIII	4	4	4						12	4+4+4	20	4-4	
Exit Point: Bachelor's Degree with Hons./Hons. with Research													160	224

Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

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*Akshay*  
24/1/23

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Date 26.9.2022

To:  
Dr. Kavita Singh  
Head  
University Department of Psychology  
B.D.M.K.U  
Dhanbad

Subject: Approval of Syllabus

Dear Madam,

The syllabus for Four Year Undergraduate Programme under NEP 2020 is approved.

Yours sincerely,

*Meera Jayaswal*  
(Meera Jayaswal)

# DEPARTMENT OF PSYCHOLOGY

College of Commerce, Arts & Science

Kankarbagh, Patna-800 020

[A Constituent unit of Patilputra University, Patna]

NAAC Re-Accredited 'A' Grade with CGPA 3.10

Website : www.cocaspatna.ac.in; Email : principalcocaspatna@gmail.com

Ref : .....

Date : 26/9/22

To,

Dr. Kavita Singh

Head

University Department of Psychology

B B M K U , Dhanbad

Subject : regarding Approval of Syllabus

Dear Madam,

After going through the syllabus for Four Years Undergraduate Program in Psychology of Bimod Bahari Mahto Koyalanchal University, Dhanbad (Jharkhand) under NEP-2020, I hereby give my approval for the same.

Yours Sincerely

[Signature]

[PROF. KIRTI]

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**BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD**

**Highlights of Regulations of FYUG/Research Program**

- The Full-time, Regular UG program for a regular student shall be for a period of four years with multiple entries and multiple exit options-
- a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
- a Diploma after 2 years (4 semesters) of study,
- a Bachelor after a 3-year (6 semesters) program of study,
- a Bachelor (with Hons. / Research) after a 4-year (8 semesters) program of study
- Validity of a registration for FYUGP will be of six years for Three Year Program and maximum Seven years for Four Years Program from the date of registration.

**Four Years Undergraduate Honours/Research Program Structure in Psychology**

**Program Outcomes:**

- By the end of the Honours/Research Program in Psychology the students will be able:
- To explain the basic concepts in Psychology
- To understand the basic psychological processes and applications in everyday life.
- To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing).
- To understand the basic aspects of different branches and basic theories of Psychology.
- To demonstrate knowledge of the application of theories of Psychology
- To understand the basic aspects of different branches and basic theories of Psychology.
- To use various psychometric tools for assessment.
- To analyses the critical aspects in the process of diagnosis of mental health issues.
- To conduct a social science research with focus on the methods of studying human behavior
- To shape cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- To foster interest in Psychology and create foundation for further studies in Psychology

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**SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE  
/RESEAAARCH PROGRAMME**

**Table-1: Semester wise Course Code and Credit Points for Practical Subjects:**

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Credit
	Code	Paper	
I	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
II	MJ	Major-2 (Discipline Specific Course)	4
	MJ	Major-3 (Discipline Specific Course)	4
	MN	Minor-2A (From Vocational)	4
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
III	MJ	Major-4 (Discipline Specific Course)	4
	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
IV	MJ	Major-6 (Discipline Specific Course)	4
	MJ	Major-7(Discipline Specific Course)	4
	MJ	Major-8 (Discipline Specific Course)	4
	MN	Minor-2B (From Vocational)	4
	AEC	Ability Enhancement Course	2
	VAC	Value Added Course	2
V	MJ	Major-9 (Discipline Specific Course)	4
	MJ	Major-10 (Discipline Specific Course)	4
	MJ	Major-11 (Discipline Specific Course)	4
	MN	Minor-IC(From Discipline)	4 (3+1)
	IAP	Internship/Dissertation	4
VI	MJ	Major-12 (Discipline Specific Course)	4
	MJ	Major-13 (Discipline Specific Course)	4
	MJ	Major-14 (Discipline Specific Course)	4
	MJ	Major- 15 (Discipline Specific Course)	4
	MN	Minor-2C (From Vocational)	4
VII	MJ	Major-16 (Discipline Specific Course)	4
	MJ	Major- 17 (Discipline Specific Course)	4
	MJ	Major- 18 (Discipline Specific Course)	4
	MJ	Major- 19 (Discipline Specific Course)	4
VIII	MN	MN- 1D (From Discipline)	4 (3+1)
	MJ	Major-20 (Discipline Specific Course)	4
	MN	Minor-2D (From Vocational)	4
	RC-1	Research Methodology in Psychology	4
	RC-2	Project Work/Dissertation//Research Internship/Field Work	8
	Or	Work	
	AMJ-1	Advance Major-1(Discipline Specific Course)	4
	AMJ-2	Advance Major-2(Discipline Specific Course)	4
	AMJ-2	Advance Major-3(Discipline Specific Course)	4
		<b>Total Credit</b>	<b>160</b>

**Abbreviations:**

MJ- Major Disciplinary/Interdisciplinary Courses  
 MN- Minor Disciplinary/Interdisciplinary Courses  
 AMJ- Advance Major Disciplinary/Interdisciplinary Courses  
 MDC Multidisciplinary Course  
 AEC-Ability Enhancement Course

VAC- Value Added Course  
 IAP- Internship  
 RC- Research Course  
 SEC- Skill Enhancement Course

SYLLABUS PSYCHOLOGY,BBMKU,FYUGP 2020

YEAR OF IMPLIMENTATION 2022-2023

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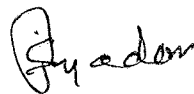
**Table-2: Title of the Major, Minor and Multidisciplinary Courses in Psychology**

S. No.	Title of The Papers
	<b><u>MAJOR DISCIPLINE SPECIFIC</u></b>
1	<b>MJ-1- FOUNDATION S OF PSYCHOLOGY</b>
2	<b>MJ-2- INTRODUCTION TO BIOPSYCHOLOGY</b>
3	<b>MJ-3- PRACTICAL-1</b>
4	<b>MJ-4- COGNITIVE PSYCHOLOGY</b>
5	<b>MJ-5- PRACTICAL-2</b>
6	<b>MJ-6- FUNDAMENTALS OF SOCIAL PSYHOLOGY</b>
7	<b>MJ-7- INTRODUCTION TO PERSONALITY</b>
8	<b>MJ-8- PRACTICAL-3</b>
9	<b>MJ-9- FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY</b>
10	<b>MJ-10-FUNDAMENTALS OF CLINICAL PSYCHOLOGY</b>
11	<b>MJ-11- PRACTICAL-4</b>
12	<b>MJ-12- SYSTEMS AND SCHOOLS IN PSYCHOLOGY</b>
13	<b>MJ-13- PSYCHOLOGICAL ASSESSMENT</b>
14	<b>MJ-14- INTRODUCTION TO INDIAN PSYCHOLOGICAL THOUGHTS</b>
15	<b>MJ-15- PRACTICAL-5</b>
16	<b>MJ-16- EDUCATIONAL PSYCHOLOGY</b>
17	<b>MJ-17-FOUNDATIONS OF ORGANIZATIONAL PSYCHOLOGY</b>
18	<b>MJ-18- EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY</b>
19	<b>MJ-19 PRACTICAL-6</b>
20	<b>MJ-20- STATISTICS IN PSYCHOLOGY</b>
21	<b>RC-1-RESEARCH METHODS IN PSYCHOLOGY</b>
22	<b>RC-2 –PROJECT WORK/DISSERTATION//RESEARCH INTERNSHIP/ FIELD WORK</b>
	<b>Or</b>
23	<b>AMJ-1-PSYCHOPATHOLOGY</b>
24	<b>AMJ-2-COUNSELLING PSYCHOLOGY</b>
25	<b>AMJ-3-PRACTICAL-7</b>
	<b><u>MINOR DISCIPLINE SPECIFIC</u></b>
26	<b>MN-IA: INTRODUCTION TO PSYCHOLOGY (THEORY)</b> <b>MN-IA: PRACTICAL</b>
27	<b>MN-IB: COMMUNITY PSYCHOLOGY(THEORY)</b> <b>MN-IB: PRACTICAL</b>
28	<b>MN-IC: PSYCHOLOGY AND MENTAL HEALTH (THEORY)</b> <b>MN-IC: PRACTICAL OF SOCIAL ISSUES</b>
29	<b>MN-ID: PSYCHOLOGY AT WORK(THEORY)</b>

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	<b><i>MN-ID: PRACTICAL</i></b>
	<b><u>MULTI DISCIPLINARY COURSE</u></b>
<b>30</b>	<b><i>MDC-PSYCHOLOGY: INTRODUCTION TO GRNERAL PSYCHOLOGY</i></b>



**Table-3: Semester-Wise Title of the Papers in Four Year Undergraduate Honours/Research Program in Psychology**

**For Practical Subjects**

Year	Semester	Paper Code	Title of the Paper	Theory/Practical	Credits
<b>Major Papers</b>					
1 <sup>st</sup>	I	MJ-1	Foundations of Psychology	Theory	4
	II	MJ-2	Introduction to Bio-psychology	Theory	4
		MJ-3	Practical-1	Practical	4
2 <sup>nd</sup>	III	MJ-4	Cognitive Psychology	Theory	4
		MJ-5	Practical-2	Practical	4
	IV	MJ-6	Fundamentals of Social Psychology	Theory	4
		MJ-7	Introduction to Personality	Theory	4
		MJ-8	Practical-3	Practical	4
3 <sup>rd</sup>	V	MJ-9	Foundations of Developmental Psychology	Theory	4
		MJ-10	Fundamentals of Clinical Psychology	Theory	4
		MJ-11	Practical-4	Practical	4
	VI	MJ-12	Systems and Schools in Psychology	Theory	4
		MJ-13	Psychological Assessment	Theory	4
		MJ-14	Introduction to Indian Psychological Thoughts	Theory	4
		MJ-15	Practical-5	Practical	4
4 <sup>th</sup>	VII	MJ-16	Educational Psychology	Theory	4
		MJ-17	Foundations of Organizational Psychology	Theory	4
		MJ-18	Emergence of Environmental Psychology	Theory	4
		MJ-19	Practical-6	Practical	4
	VIII	MJ-20	Statistics in Psychology	Theory	4
		RC-1	Research Methods in Psychology	Theory	4

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		<b>RC-2</b>	Project/Work/Dissertation//Research Internship/Field Work		<b>8</b>
			Or		
		<b>AMJ-1</b>	Psychopathology		<b>4</b>
		<b>AMJ-2</b>	Counselling Psychology		<b>4</b>
		<b>AMJ-3</b>	Practical-7		<b>4</b>
<b>Total Credit</b>					<b>92</b>

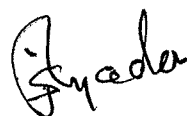
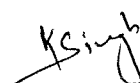


**Table-4: Distribution of Marks for Major Papers:**

S.No.	Semester	Paper	Credit	Full Marks=100			Pass Marks		
				Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical	Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical
1.	I	MJ-1	4	25	75		10	30	
2.	II	MJ-2: Theory	4	25	75		10	30	
		MJ-3: Practical	4			100			40
3.	III	MJ-4: Theory	4	25	75		10	30	
		MJ-5: Practical	4			100			40
4.	IV	MJ-6: Theory	4	25	75		10	30	
		MJ-7: Theory	4	25	75		10	30	
		MJ-8: Practical	4			100			40
5.	V	MJ-9: Theory	4	25	75		10	30	
		MJ-10: Theory	4	25	75		10	30	
		MJ-11: Practical	4			100			40
6.	VI	MJ-12: Theory	4	25	75		10	30	
		MJ-13: Theory	4	25	75		10	30	
		MJ-14: Theory	4	25	75		10	30	
		MJ-15: Practical	4			100			40
7	VII	MJ-16: Theory	4	25	75		10	30	
		MJ-17: Theory	4	25	75		10	30	
		MJ-18: Theory	4	25	75		10	30	
		MJ-19: Practical	4			100			40
8.	VIII	MJ-20: Theory	4	25	75		10	30	




		<b>RC-1 Theory</b>	<b>4</b>	<b>25</b>	<b>75</b>		<b>10</b>	<b>30</b>	
		<b>RC-2 Project/ Work/Dis sertation/ /Researc h Internshi p/Field Work</b>	<b>8</b>			<b>200</b> <b>i.Project</b> <b>Synopsis : 75</b> <b>marks</b> <b>ii. Project</b> <b>Thesis : 100</b> <b>marks</b> <b>iii.Viva-</b> <b>Vove:25</b> <b>Marks</b>			<b>80</b>
	<b>OR</b>								
		<b>AMJ-1: Theory</b>							
		<b>AMJ-2: Theory</b>							
		<b>AMJ-3: Practical</b>							
<b>Total Credit</b>			<b>92</b>						

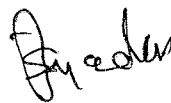



**Table-5: Distribution of Marks for Minor Papers:**

S.No.	Semester	Paper	Credit	Full Marks		Pass Marks	
				Theory(Internal +End Semester)	Practical(End Semester)	Theory(Internal +End Semester)	Practical
1.	I	MN-IA	3+1	15+60	25	30	10
2.	III	MN-IB	3+1	15+60	25	30	10
3.	V	MN-IC	3+1	15+60	25	30	10
4.	VII	MN-ID	3+1	15+60	25	30	10

**Table-6: Distribution of Marks for Multidisciplinary Paper-Psychology:**

S.No.	Semester	Paper	Credit	Full Marks	Pass Marks
				Theory(End Semester)	Theory(End Semester)
1.	I or II or III	MDC-Psychology	3	75	30




**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-I**  
**MAJOR PAPER-1**  
**Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

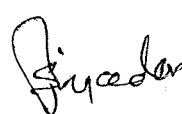
There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1
<b>Paper - Foundations of Psychology</b>		
<b>Paper Code: MJ-1</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction:</b>		
<ul style="list-style-type: none"> <li>• Emergence and Development of Psychology</li> <li>• Definition and Goals of Psychology and subject matter of Psychology;</li> <li>• Branches of psychology- Cognitive, Abnormal, Social, Developmental and Biopsychology,</li> <li>• Methods of psychology</li> <li>• Psychology in modern India.</li> </ul>		
<b>Unit 2: Perception:</b>		
<ul style="list-style-type: none"> <li>• Concept and process</li> <li>• Perceptual organization</li> <li>• Role of attention in perception</li> <li>• Perceptual sets.</li> <li>• Perceptual constancies</li> <li>• Perception of Depth, Distance and Movement</li> </ul>		
<b>Unit 3: Learning:</b>		
<ul style="list-style-type: none"> <li>• Concept of learning</li> </ul>		




- Learning curve and methods of learning
  - Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning, Kohler & Kafka's Insight theory and Observational Learning
- Digital learning; Self-regulated learning

**Unit 4:Memory:**

- Meaning and Nature of memory
- Types of memory-Sensory memory, semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- Concept of Ebbinghaus and Bartlett
- **Forgetting:**
- Concept, Nature and Causes
- Theories of Forgetting

**Unit 5: Emotion:**

- Meaning and Characteristics
- Development of Emotion
- Physiological correlates of Emotion \*
- Measurement of Emotion – Galvanic Skin Response(GSR)

**BOOKS RECOMMENDED:**

1. Sing, A. K (2012). Adhunik Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) :Adhunik Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
3. Baron, R.and Misra,G. (2013). Psychology.New Delhi: Pearson.
- 4.Ciccarelli, S. K. and Meyer, G. E.(2010). Psychology. New Delhi Pearson Education.
5. Passer, M.W. and Smith, R.E. (2010). Psychology: The Scienceof mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup> Edition, ISBN-13-9781259003059/ISBN-10-1259003051
7. Morgan C.T., King R.A, WeissJ.RadSchopler,J.(2012). (latestedition). Introduction to Psychology. TATA McGraw Hill EducationPvt.NewDelhi.
8. Sing, A. K (2012). Uchta Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-II**  
**MAJOR PAPER-2**

**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE):**

**Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks).

**End Semester Examination (ESE):**

**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-II
<b>Paper – Foundations of Bio-psychology</b>		
<b>Paper Code: MJ-2</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction to Biopsychology</b> <ul style="list-style-type: none"> <li>• Definition and Nature of Bio-Psychology;</li> <li>• Subject matter of Bio-Psychology</li> <li>• Methods of Bio-Psychology</li> <li>• Ethics in Bio-Psychology</li> </ul> <b>Unit 2: Neuron and Neural Conduction</b> <ul style="list-style-type: none"> <li>• Neuron –structure, types and Functions</li> <li>• Nerve Impulse and Neural conduction</li> <li>• Synapse and Synaptic transmission.</li> <li>• Neurotransmitters</li> </ul> <b>Unit 3: Nervous system</b> <ul style="list-style-type: none"> <li>• Structure and function of Central Nervous System(CNS)</li> <li>• Structure and function of Peripheral Nervous System(PNS)</li> <li>• Methods of Studying Functions of Brain</li> </ul> <b>Unit 4: Endocrine System:</b> <ul style="list-style-type: none"> <li>• Endocrine Glands –Concept and Type</li> <li>• Structure and functions of endocrine Glands</li> </ul>		

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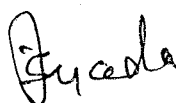
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• Abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal  
**Unit 5: Receptor, Effectors and Adjuster Mechanism**

- Receptor Cells
- Effectors Cells
- Adjustor Cells

**BOOKS RECOMMENDED:**

1. Breedlove, S. M., Rosenzweig, M. R. and Watson, N. V. (2007). Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience (5<sup>th</sup> Edition). Sunderland; Massachusetts
2. Carlson, N. R. (2009) Foundations of Physiology (6<sup>th</sup> Edition). New Delhi: Pearson
3. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Pinel, J.P. (2011). Biopsychology (8<sup>th</sup> Edition). New Delhi: Pearson Education. New Delhi: Tata McGraw-Hill.
5. Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.
6. Carlson, Neil, R. (2008) Foundations of Physiological Psychology. Pearson Education India



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-II****MAJOR PAPER-3****Practical-1**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

**Time: 3 hours**

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as - Experiment -30, Testing-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Certificate	Year-First	Semester-II
<b>Paper - Practical- I</b>		
<b>Paper Code: MJ-3P</b>		<b>Core Compulsory</b>
<b>Credit: 4 (120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM: 40</b>
<b>Group A: Experiment: Verbal Learning and Sensory Motor Learning</b>		
<ol style="list-style-type: none"> <li>1. Memorizing non-sense syllables by the method of Simple Reproduction</li> <li>2. Memorizing non-sense syllables by the method of Serial Reproduction</li> <li>3. Bi-lateral transfer(Positive transfer) in sensory motor learning</li> <li>4. Habit-interference (Negative transfer)</li> </ol>		
<b>Group B: Testing : Perception, Emotion, Mental Health and Stress</b>		
<ol style="list-style-type: none"> <li>1. Defence Mechanism Inventory by Mrinal and Singhal</li> <li>2. Emotional Maturity Scale by Singh and Sengupta or by Singh and Bhargava</li> <li>3. Mental Health Battery by Singh and Sengupta</li> <li>4. Stress Test by Singh Personal Stress Source Inventory</li> </ol>		
<b>BOOKS RECOMMENDED:</b>		
<ol style="list-style-type: none"> <li>1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas</li> <li>2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.</li> <li>3. Sinha, R.R.P (2001). Manovigyanme prayog, Parikchanaur Snakhiyeki. Patna: Bharti Bhawan</li> <li>4. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan</li> </ol>		

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER -III**  
**MAJOR PAPER-4****Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

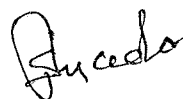
There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Second</b>	<b>Semester-III</b>
<b>Paper – Cognitive Psychology</b>		
<b>Paper Code: MJ-4</b>		<b>Core Compulsory</b>
<b>Credit: 4(60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM: 100</b>		<b>SIE=25, ESE=75</b>
<b>PM: 40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Cognitive Psychology:</b> <ul style="list-style-type: none"> <li>• Origin and Definitions</li> <li>• Approaches of Cognitive Psychology</li> <li>• Current Status of Cognitive Psychology</li> </ul>		
<b>Unit 2: Intelligence:</b> <ul style="list-style-type: none"> <li>• Definitions, Nature and Types</li> <li>• Theories of intelligence-Two factor, Multiple factor and Group factor theory</li> <li>• Impact of heredity and environment on intelligence</li> <li>• Concept of Emotional Intelligence</li> </ul>		
<b>Unit 3: Thinking:</b> <ul style="list-style-type: none"> <li>• Meaning and nature of thinking</li> <li>• Types of Thinking</li> </ul>		




- Jean Piaget' contributions in children's thinking
- Role of Set in thinking

**Unit 4: Concept Formation and Problem Solving:**

- Nature and Importance of Concept
- Types of Concept
- Factors influencing Concept Formation
- Meaning and Nature of Problem Solving
- Steps of Problem Solving
- Methods of Problem Solving

**Unit 5: Attention**

- Meaning and Characteristics of Attention
- Types of Attention
- Distraction of Attention
- Determinants of Attention

**BOOKS RECOMMENDED:**

1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) :Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
3. Baron, R.and Misra,G. (2013). Psychology.NewDelhi: Pearson.
- 4.Ciccarelli, S. K. and Meyer, G. E.(2010). Psychology. New Delhi Pearson Education.
5. Passer, M.W. and Smith, R.E. (2010). Psychology: TheScienceof mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup> Edition, ISBN-13-9781259003059/ISBN-10-1259003051
7. Morgan C.T., King R.A, WeissJ.RadSchopler,J.(2012). (latestedition).Introduction to psychology. TATA McGraw Hill Education Pvt .New Delhi.
8. Mangal S.K(2000)General Psychology, New Delhi: Sterling Publishers Pvt.Ltd.
9. Shashi Jain(Latestedition) Introduction to Psychology. NerwDelhi: Kalyani Publishers.

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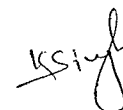
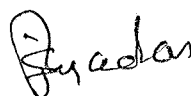
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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER -III**  
**MAJOR PAPER-5**  
**Practical-2***Instruction to faculty members and Question Setter for:***End Semester Examination (ESE):**  
**hours****Time:3**

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Second</b>	<b>Semester-III</b>
<b>Paper - Practical-2</b>		
<b>Paper Code: MJ-5/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b>Group A: Experiments; Attention and Problem Solving</b>		
1 Effect of organization of stimulus materials on span of attention		
2.Effect of distraction of attention on mental task		
3.Fluctuation of attention		
4.Role of Mental Set in Problem Solving		
<b>Group B: Testing: Intelligence</b>		
1.Alexander's Battery Test of Intelligence(Pass Along Test,Koh's Block Design Test, Cube Construction Test)		
2.Mohsin's General Intelligence Test		
3.Raven's Progressive Matrices		
4.Joshi 's Test of Intelligence		
<b>Reference Books:</b>		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas		
2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.		
3.Sinha,R.R.P(2001). Manovigyanme prayog, ParikchanaurSnakhiyeki.Patna: BhartiBhawan.		
4.Singh,A.K.(2011).UchhtarManovigyanikPrayogaurParikshan.Patna:BhartiBhawan		



SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

SEMESTER-IV  
MAJOR PAPER-6

Theory

*Instruction to faculty member sand Question Setter for:*

**Semester Internal Examination (SIE):**

**Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks ).

**End Semester Examination (ESE):**

**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

<b>Program/Class: Undergraduate</b>	<b>Year-Second</b>	<b>Semester-IV</b>
<b>Diploma</b>		
<b>Paper - Fundamentals of Social Psychology</b>		
<b>Paper Code: MJ-6</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction:</b>		
<ul style="list-style-type: none"><li>• History of Social Psychology</li><li>• Definition, Nature and Scope of Social Psychology</li><li>• Relationship with Sociology and Anthropology</li><li>• Current status of Social Psychology in India and its application</li></ul>		
<b>Unit 2: Understanding Social Behaviors:</b>		
<ul style="list-style-type: none"><li>• Self and its process- Self-concept, Self-esteem, Self- presentation</li><li>• Person Perception, Social perception and its determinants</li><li>• Attitude- Nature</li></ul>		
<b>Unit 3: Group, Group Dynamics and Group Cohesiveness:</b>		
<ul style="list-style-type: none"><li>• Group-Meaning, Classification, Structure and Functions, Distinction between Primary and Secondary groups</li><li>• Group Formation</li></ul>		





- Group Dynamics-Meaning
- Group Cohesiveness- Meaning, Factors influencing group cohesiveness and Effects of group cohesiveness

**Unit 4:Leadership:**

- Nature and Definition;
- Type and Traits of theories of leadership
- Functions of a leader
- Difference between Democratic and Authoritarian leadership

**Unit 5: Public Opinion**

- Definition; Factors influencing Public Opinion
- Role of media in Public Opinion
- Measurement of Public Opinion

**BOOKS RECOMMENDED:**

1. Baron, R.A and Byrne, D. (2000). Social Psychology. New Delhi: Prentice Hall.
2. Crutch, D., Crutchfield, R.S. and Balachey, E.L. (1962) Individual in Society, A text book of Social Psychology, McGraw Hill
3. Hewitt, J.P. (1986). Self and Society: A symbolic interactions social psychology. Boston; Allyn and Bacon.
4. Pandey, J. (Ed.) (1998). Psychology in India: The state of the art. Basic and applied social psychology. (Vol. II). New Delhi: Sage.
5. Secord and Backman (1978). Social Psychology. New York: McGraw Hill.
6. Singh, A.K. (2002). Samaj Manovigyan Ki Roop Rekha. Patna: Motilal Banarsidas (In Hindi).
7. Suleman, Md. (1991). Adhunik Samaj Manovigyan. Patna: Shukla Book Depot (In Hindi).
8. Panday, J. (Ed.) (1980). Perspectives on Experimental Social Psychology in India. New York: Concept.
9. Alam and Razaque (2012). Social Dimension of Human Behavior. New Delhi: Manak Publication.

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**  
**SEMESTER-IV**  
**MAJOR PAPER-7**  
**Theory**

*Instruction to faculty members and Question Setter for:*

**Semester Internal Examination (SIE):**

**Time: 1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):**

**Time: 3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-IV
<b>Paper - Introduction to Personality</b>		
<b>Paper Code: MJ-7</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit- 1: Introduction:</b> <ul style="list-style-type: none"> <li>• Personality-Concept,</li> <li>• Type and Trait Approach</li> </ul> <b>Unit- 2: Determinants of Personality:</b> <ul style="list-style-type: none"> <li>• Biological</li> <li>• Socio-cultural</li> </ul> <b>Unit- 3: Psychodynamic Theories of Personality</b> <ul style="list-style-type: none"> <li>• Psychoanalytical Approach- Freud, Adler and Jung</li> <li>• Neo-Freudian Theories- Lewin's Field Theory, Erikson's Psychosocial Theory and Eric Fromm's Sociological Theory</li> </ul> <b>Unit-4 Social Learning Theories of Personality:</b> <ul style="list-style-type: none"> <li>• Bandura</li> <li>• Dolard and Miller</li> </ul> <b>Unit -5: The Humanistic Theories:</b> <ul style="list-style-type: none"> <li>• Carl Rogers' Self theory</li> <li>• Maslow's Self-Actualization theory;</li> </ul>		

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**BOOKS RECOMMENDED:**

1. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
2. Bisoff, L. J. (1970). Interpreting Personality Theories. New York: Harper and Row.
3. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
4. Hall C. and G. Lindzey (1978). Theories of Personalities (III Ed.) New York: J Wiley and Sons
5. Morgan C. T., King R. A., Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGraw Hill Education Pvt. New Delhi.
6. Passer, M. W. and Smith, R. E. (2010). Psychology: The Science of mind and behavior. New Delhi: Tata McGraw-Hill.
7. Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup> Edition, ISBN-13-9781259003059/ISBN-10-1259003051
8. Sing, A. K (2012). Adhunik Samanya Monavigyan. Patna: Motilal Banarsidas. (In Hindi)
9. Srivastava Ramji, et al. (2012). Personality Psychology. Agamgarh: Motilal Banarsidas. (Hindi version).
10. Suleman, Md. (2012) : Adhunik Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
11. Zeigler D. J. (1991). Personality Theories: Basic Assumptions, Research and Applications (2<sup>nd</sup> ed). International Students Edition.

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-IV**  
**MAJOR PAPER-8**  
**Practical- 3**

*Instruction to faculty members and Question Setter for:*

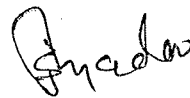
**End Semester Examination (ESE):**  
**hours**

**Time:3**

*The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.*

*(Note: There is no internal examination in practical paper)*

<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Second</b>	<b>Semester-IV</b>
<b>Paper - Practical-3</b>		
<b>Paper Code: MJ-5/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM: 100</b>		<b>PM: 40</b>
<p><b>Group A: Experiments: Sensation, Perception and Illusion</b></p> <ol style="list-style-type: none"> <li>1. Determination of two point threshold by method of limit</li> <li>2. Determination of DL for lifted weights and visual lengths by the method of limit</li> <li>3. Effect of fatigue on RL</li> <li>4. Mullar-Layer Illusion by method of average error</li> </ol>		
<p><b>Group B. Testing –Personality Assessment:</b></p> <ol style="list-style-type: none"> <li>1. MMPI</li> <li>2. 16 Personality Factors</li> <li>3. Eyejenk' s Personality Questionnaire (EPQ-Indian Adaptation)</li> <li>4. Type A Type B Personality Test</li> </ol>		
<b>Reference Books:</b>		
1. Bhargav, M. (2009) Manovaijyanik Parikshan Awam Mapan, Bhargav Book House, Agra		
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
4. Sinha, R.R.P (2001). Manovigyan me prayog, Parikchan aur Snakhiyeki. Patna: Bharti Bhawan		
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-V**  
**MAJOR PAPER-9**  
**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE):**

**Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):**

**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-V
<b>Paper - Foundations of Developmental Psychology</b>		
<b>Paper Code: MJ-9</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM: 100</b>		<b>SIE=25, ESE=75</b>
<b>PM: 40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction:</b>		
<ul style="list-style-type: none"> <li>• Human Development</li> <li>• Developmental Psychology- Concept, Objectives, Scope and Utility</li> <li>• Major issues in Developmental Psychology</li> </ul>		
<b>Unit 2: Periods of Life Span Development::</b>		
<ul style="list-style-type: none"> <li>• Prenatal development ;Birth and Infancy</li> <li>• Childhood</li> <li>• Adolescence</li> <li>• Adulthood</li> <li>• Physical development and physical growth cycle</li> </ul>		
<b>Unit 3: Domains of Human Development:</b>		
<ul style="list-style-type: none"> <li>• Cognitive development: Perspective e of Piaget</li> <li>• Language development</li> <li>• Motor/Physical development</li> </ul>		

- Emotional development
- Moral development

**Unit 4: Sensory and Perceptual Development:**

- Sensory Process
- Perceptual Process

1. Skin Response(GSR)

- Sensory capacity of Infants
- Development of Perceptual ability
- Dimensions and Determinants of Perceptual Development

**Unit 5: Socio- Cultural Context for Human Development:**

- Family
- Peers, Play behaviour
- Media and Schooling
- Human development in the Indian Context

**BOOKS RECOMMENDED:**

1. Berk-; Child development.

2. Bee and Byod-; Developing Child

3- Hurlock-; Child Psychology

4- Liebert Polous, and Marmor-; Developmental Psychology

5- Ramjee Srivastava and others-; Adhunik Vikasatmak Manovigyan

6--RRP, Sinha, Child Development

7. Singh, A.K. (1995) Saral Vikasatmak Ewam Samaj Manovigyan. Motilal Banarsidas, Patna.

8. Singh, R.N. (2008) Adhunik Vikasatmak Manovigyan, Aggarwal Publication, Agra

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## SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

### SEMESTER-V MAJOR PAPER-10 Theory

#### **Instruction to faculty members and Question Setter for:**

#### **Semester Internal Examination (SIE):**

**Time: 1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

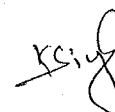
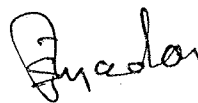
(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

#### **End Semester Examination (ESE):**

**Time: 3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

<b>Program/Class: Bachelor's Degree</b>	<b>Year-Third</b>	<b>Semester-V</b>
<b>Paper - Fundamentals of Clinical Psychology</b>		
<b>Paper Code: MJ-9</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM: 100</b>		<b>SIE=25, ESE=75</b>
<b>PM: 40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Foundation of Clinical Psychology:</b>		
<ul style="list-style-type: none"><li>• Concept and Nature of Clinical psychology</li><li>• Scope and functions of Clinical Psychology</li><li>• Problems of Clinical Psychology</li><li>• Training and Education of Clinical Psychologists</li></ul>		
<b>Unit 2: Clinical Psychologists in Action:</b>		
<ul style="list-style-type: none"><li>• Role of Clinical Psychologists in Mental Hospitals.</li><li>• Role of Clinical Psychologists in Child Guidance clinics</li><li>• Role of Clinical Psychologists in Schools</li><li>• Role of Clinical Psychologists in Vocational Guidance Centre</li></ul>		
<b>Unit 3: Professional Issues and Skill of Therapists:</b>		
<ul style="list-style-type: none"><li>• Professional Training</li></ul>		



- Professional Regulation
- Professional Ethics
- Skills of Therapists

**Unit 4: Clinical Assessment:**

- Meaning and Nature of clinical assessment
- Meaning and Types of Psychodiagnoses
- Process and purpose of Clinical Assessment
- Stages and Components of Clinical diagnoses

**Unit 5: Therapeutic Techniques:**

- Behaviour Therapy
- Cognitive Therapy
- Client Centred Therapy
- Family TherapyH

**BOOKS RECOMMENDED:**

1. Beistein, Douglas A and Neitzel, Michael T (1987) Introduction to Clinical Psychology, New York: Academic Press
2. Kaplan, H. I. and Shadock, B.J. (1988) Comparison Textbook of Psychiatry, (5<sup>th</sup> edition) Baltimore, W. Wilkins.
3. Korchin, Sheldon, J (1982) Modern Clinical Psychology, New Delhi CBS Publication.
4. Wolberg, L.R. (1988). The Techniques of Psychotherapy (IV Edition) Vol.-I and Vol-II, Philadelphia, Grune and Stratton Inc.
5. Hassan, S. (2000) Naidanik Manovigyan, Patna, Motilal Banarsi Das.
6. Singh, A.K. (2002) Uchhtar Naidank Manovigyan. Motilal Banarsidas, Patna.

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## SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE

### SEMESTER-V MAJOR PAPER-11 Practical 4

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

**Time:3 hours**

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Bachelor's Degree	Year-Third	Semester-V
<b>Paper - Practical-4</b>		
<b>Paper Code: MJ-11/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b>Group A: Remembering and Forgetting</b> 1. A comparative study of Recall and Recognition 2. Role of context factor in Recognition 3. Phenomenon of Proactive Inhibition(PI) 4. Phenomenon of Retroactive Inhibition(RI)		
<b>Group B: Testing: Aptitudes and Values</b> 1. Numerical Aptitude Test of Differential Aptitude Test(DAT) 2. Verbal Reasoning Test of Differential Aptitude Test(DAT) 3. Alport- Vernon-Lindzey Scale of Values(Indian Adaptation) 4. Moral Value Scale by Gupta and Singh		
<b>Reference Books:</b>		
1. Bhargav, M. (2009) Manovaigyanik Parikshan Awam Mapan, Bhargav Book House, Agra		
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
4. Sinha, R.R.P (2001). Manovigyan me prayog, Parikchan aur Snakhiye ki. Patna: Bharti Bhawan		
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-VI**  
**MAJOR PAPER-12**

**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE):**

**Time:1 hour**

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks ).

**End Semester Examination (ESE):**

**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsof1markeach.Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
Paper - Systems and Schools in Psychology		
Paper Code: MJ-12		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
<b>Unit 1: Systems in Psychology:</b> <ul style="list-style-type: none"><li>• Meaning and Types</li><li>• Evaluation of Systems of Psychology</li><li>• Basic Issues in Psychology</li></ul>		
<b>Unit 2: Structuralism and Functionalism:</b>		
<b>(A) Structuralism:</b> <ul style="list-style-type: none"><li>• Systematic Psychology of Wilhelm Wundt</li><li>• Contribution of Wundt as an Experimentalist</li><li>• Titchner's Structural Psychology</li></ul>		
<b>(B) Functionalism:</b> <ul style="list-style-type: none"><li>• Antecedents of Functionalism</li><li>• Contributions of John Dewey, James Rowland Angell and Harvey Carr,</li><li>• Functionalism as a System</li></ul>		

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**Unit 3: Behaviourism:**

- Antecedents factors of Behaviourism
- Watsonian Behaviourism as a System
- Watson's experiments and views on Learning, Emotion and Memory

**Unit 4: Gestalt Psychology:**

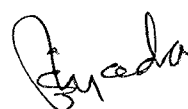
- Contributions of Max Wertheimer, Wolfgang Kohler and Kurt Koffka
- Basic experimental contributions of Gestalt Psychology
- Gestalt Psychology as a system

**Unit 5: Psychoanalysis and neo-Freudians:**

- Contributions of Freudian Psychoanalysis
- Individual Psychology of Alfred Adler
- Analytical Psychology of Carl Jung

**BOOKS RECOMMENDED:**

1. Boring, E.G.(1929) A History of Experimental Psychology. The century Company
2. Hergenhahn, B.R.(2005) An Introduction to the History of Psychology Thomas Wordsworth.
3. Leahey, T.H.(2012, Seventh Edition). History of Psychology: From Antiquity to Modernity, Taylor and Francis Group.
4. Panday, Ramprasad (2012). Manovigyan ka Itihas. Rjkamal Prakashan
5. Sharma, R.N. Manovigyan ka Itihas. Laxmi Narayan Agarwal, Agra.
6. Singh, A.K. (2015). A Comprehensive History of Psychology Patna: Motilal Banarsidas (In English).
7. Singh, A.K. (2012). Manovigyan ke Sampraday avam Etihās, Patna: Motilal Banarsidas (In Hindi).



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VI  
MAJOR PAPER-13  
Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks ).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

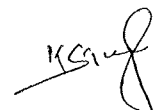
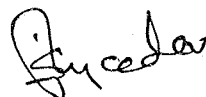
Program/Class: Bachelor's Degree	Year-Third	Semester-VI
<b>Paper - Psychological Assessment</b>		
<b>Paper Code: MJ-13</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction:</b>		
<ul style="list-style-type: none"> <li>• Origin and Development of Psychological Testing</li> <li>• Types of Psychological Tests</li> <li>• Characteristics of a good Psychological test.</li> </ul>		
<b>Unit 2: Measurement in Psychology:</b>		
<ul style="list-style-type: none"> <li>• Level of Measurement-Nominal Scale, Ordinal Scale, Interval Scale and Ratio Scale.</li> <li>• Uses of Measurement</li> <li>• Psychological and Physical Measurement</li> <li>• Measurement and Evaluation</li> </ul>		
<b>Unit 3: Test Construction:</b>		
<ul style="list-style-type: none"> <li>• Steps</li> <li>• Test Standardization</li> <li>• Test Reliability-Types</li> <li>• Test Validity-Types</li> </ul>		
<b>Unit 4: Measurement of Aptitude:</b>		
<ol style="list-style-type: none"> <li>3. Aptitude- Definition and Characteristics</li> <li>4. Differential Aptitude Tests</li> </ol>		

**5. Specific Aptitude Tests****Unit 5: Measurement of Attitudes:**

- Attitude-Definition and Nature
- Thurston's Scale
- Likert's Five Point Scale
- Bogardus's Social Distance Scale

**BOOKS RECOMMENDED:**

1. Anastasi, Anne(1988). Psychological Testing, London, McMillan Publishing Copany.
2. Asthana, Bipin (Second Edition). Measurement and Evaluation in Psychology and Measurement. Vinod Pustak Bhandar, Agra.(In English)
3. Bhargav, Mahesh (2009). Adhunik Manovagyanik Parikshan avam Mapan, H.P. Bhargav Book Hause, Agra.
4. Chromback, Lee, J. Essentials of Psychological Testing. New York: Harpar and Row



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-VI**  
**MAJOR PAPER-14**  
**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE):**

**Time:1 hour**

The Semester Internal Examination shall have two components (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks).

**End Semester Examination (ESE):**

**Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
<b>Paper - Introduction to Indian Psychological Thoughts</b>		
<b>Paper Code: MJ-14</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit 1: Introduction:</b>		
<ul style="list-style-type: none"> <li>• Psychology in India during Ancient time</li> <li>• Cognitive Processes in Ancient Indian Psychology               <ul style="list-style-type: none"> <li>a) Perception</li> <li>b) Attention and Distraction</li> <li>c) Learning</li> <li>d) Memory and Imagination e) Thought and Language</li> </ul> </li> </ul>		
<b>Unit 2: Personality in Ancient Indian Psychology:</b>		
<ul style="list-style-type: none"> <li>• Explanation of Personality in Upanishad</li> <li>• Yoga Theory of Personality</li> </ul>		
<b>Unit 3: Abhidhamma- An Eastern Personality Theory:</b>		
<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Kushal(Healthy) and Akushal(Unhealthy) Factors</li> <li>• Types of Neutral Nature properties</li> </ul>		

*G. S. Choudhary*

*K. Singh*

- Personality types- Sensual, Hateful and Deluded

**Unit 4: Healthy Personality and Mental Disorders:**

- Akushal Karak as source of Mental Disorder
- Meditation- Means to Healthy Personality
- Arahat- Ideal type of Healthy Personality

**Unit 5: Development of Modern Indian Psychology:**

- Clinical Psychology
- Social Psychology
- Experimental Psychology
- Industrial Psychology

**BOOKS RECOMMENDED:**

1. Panday, Ramprasad (2012). Manovigyan ka Itihas. Rjkamal Prakashan
2. Rahman, A. and Jawaid, A., (1994). Manovigyan ka Sanchhipt Iihas. Patna: Motilal
3. Rao, K. Ramakrishna, Paranjpe, Anand C. (2016). Psychology in the Indian Tradition, Springer. (In English)
4. Sharma, R.N. Manovigyan ka Itihas. Laxmi Narayan Agarwal, Agra.
5. Singh, A.K. (2015). A Comprehensive Hystory of Psychology Patna: Motilal Banarsidas (In English).
6. Singh, A.K. (2012). Manovigyan ke Sampraday avam Etihas, Patna: Motilal Banarsidas (In Hindi).
7. Sinha, Jadunath (2017). Indian Psychology (VI-1, Vol-2, Vol-3). Patna: Motilal Banarsidas

*R. Prasad*

*Y. Singh*

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-VI**  
**MAJOR PAPER-15**  
**Practical 5**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

**Time:3 hours**

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note:T here is no internal examination in practical paper)

Program/Class: Bachelor's Degree	Year-Third	Semester-VI
<b>Paper - Practical-5</b>		
<b>Paper Code: MJ-15/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<p><b>Group A: Motivation and Emotion:</b></p> <ol style="list-style-type: none"> <li>1. Effect of Knowledge of Results on Performance</li> <li>2. Zeigarnik Phenomenon</li> <li>3. Colour Preference test-bythe method of paired-comparison.</li> <li>4. Effect of Affective state on Respiration</li> </ol>		
<p><b>Group B: Testing: Attitude, Interest and Adjustment:</b></p> <ol style="list-style-type: none"> <li>1. Sodhi's Attitude Scale</li> <li>2. Gayekwar Suvarn Pramod and Sonawane Sanjiv Arjunrao' Adolescents Holistic Scientific Attitude Scale</li> <li>3. Interest Inventory by Dr. Raghuraj Pal Singh</li> <li>4. Bell's Adjustment Inventory(Indian Adaptation)</li> </ol>		
<b>Reference Books:</b>		
1. Bhargav, M.(2009) Manovaigyanik Parikshan Awam Mapan, Bhargav Book House, Agra		
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
4. Sinha, R.R.P(2001). Manovigyan me Prayog, Parikshan aur Snakhiyeki. Patna: Bharti Bhawan		
5. Singh, A.K.(2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VII**  
**MAJOR PAPER-16****Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree With Hons./Hons. with Research	Year-Fourth	Semester-VII
<b>Paper - Educational Psychology</b>		
<b>Paper Code: AMJ-01</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit- 1:Introduction:</b> <ul style="list-style-type: none"> <li>• Concept of Education</li> <li>• Definition and Aims of Educational Psychology</li> <li>• Scope of Educational Psychology</li> <li>• Limitations of Educational Psychology</li> </ul> <b>Unit- 2:Class Room Teaching:</b> <ul style="list-style-type: none"> <li>• Individual Differences-Concept and Determinants</li> <li>• Interclass Grouping- Special Plans of Students grouping for class room teaching</li> </ul> <b>Unit- 3:Education for Exceptional Children:</b> <ul style="list-style-type: none"> <li>• Meaning and Characteristics of Exceptional Children</li> <li>• Advantages and Disadvantages of labeling exceptional children</li> <li>• Gifted Children Concept, Education and adjustment Fromm's Sociological Theory</li> </ul> <b>Unit-4: Education for Special Children:</b> <ul style="list-style-type: none"> <li>• Attention Deficit Disorder(ADD)-Concept, Adjustment and Education for ADD Children</li> <li>• Adjustment and Education for Attention Deficit Hyperactive Disorder Children(ADHD)</li> </ul>		

**Unit -5: Education Technology and Programmed Learning:**

- Meaning and importance of education technology
- Meaning and importance of programmed learning
- Skinner's viewpoint towards programmed learning
- Digital learning-Google Classroom, White Board, Edmodo

**BOOKS RECOMMENDED:**

1. Divesta and Thompson(1985).Educational Psychology. New York Applelton Centry.
2. Fraudsem, AN(1961). Educational Psychology. New York Mc Graw Hill.
3. Lindgren,H.(1976). Educational Psychology in the classroom. HongKog:John Wiley.
4. 4.Rao, S. Narayan (2002). Educational Psychology. New Delhi: New Age International (P) Limited Publishers.
5. S. S Chauhan (1984). Advanced Educational Psychology. New Delhi: Vikas Publishing House Pvt. Ltd.
6. Skinner, CE (2002). Educational Psychology. New Delhi: Prentice Hall of India Ltd.



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VII**  
**MAJOR PAPER-17**  
**Theory*****Instruction to faculty members and Question Setter for:******Semester Internal Examination (SIE):******Time:1 hour***

*The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.*

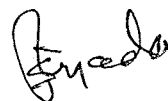
*There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.*

*(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks ).*

***End Semester Examination (ESE):******Time:3 hours***

*The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.*

<b>Program/Class: Bachelor's Degree With Hons./Hons. with Research</b>	<b>Year-Fourth</b>	<b>Semester-VII</b>
<b>Paper - Foundations of Organizational Psychology</b>		
<b>Paper Code:AMJ-02</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit- 1:Organizational Psychology:</b>		
<ul style="list-style-type: none"> <li>• Definition and Nature</li> <li>• Meaning and elements of Organizational behavior</li> <li>• Organizational structure and its type; Theories of Organization-Classical theory, Neo-classical theory, Modern Theory</li> </ul>		
<b>Unit- 2: Problems of Employees</b>		
<ul style="list-style-type: none"> <li>• Employers and employees relationship</li> <li>• Leadership-Definition and Types, Leadership Skills, Qualities of a successful supervisor; Training of a supervisor</li> </ul>		
<b>Unit- 3:Communication:</b>		
<ul style="list-style-type: none"> <li>• Meaning and nature of communication</li> <li>• Communication-Process, Models</li> <li>• Communication Networks; Communication Flow</li> </ul>		




- Barriers to communication
- Measures of effective communication

#### **Unit-4: Job Satisfaction**

- Concept and determinants
- Incentives- Financial and Non-Financial
- Theories of job satisfaction-Maslow, Vroom, Herzberg, Stogdill
- Measurement of job satisfaction
- Methods to improve job satisfaction

#### **Unit -5: Organizational Culture**

- Meaning and characteristics of organizational culture
- Importance of Organizational Culture
- Creation and Maintenance of organizational culture

#### **BOOKS RECOMMENDED:**

1. Blumand Naylor(1968).Industrial Psychology: Its theoretical Social Foundation. Tokyo :WhetherHill.
2. Dunnette,MD(1976).HandbookofIndustrialandOrganizationalPsychology.Chicago:RandMc Nally.
3. Mohanty,S(1983).TextBookofIndustrialandOrganizationPsychology.NewYork:OxfordandI BH PublishingCompany.
4. Robbins, SP (2001). Organizational Behaviour. (IX edition). New Delhi: Pearson Education.Schein,E.H.(1997).OrganizationalPsychology.NewDelhi:Prentice Hallof India.
5. Aamodt,M.G (2023).Industrial/Organizational Psychology: An Applied Approach(Ninth Edition)
6. Spector,PE.(2016) .Industrial and Organizational Psychology.Research and Practices Willy India Addition

*Arada*

*K Singh*

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VII**  
**MAJOR PAPER-18**  
**Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.


Program/Class: Bachelor's Degree With Hons./Hons. with Research	Year-Fourth	Semester-VII
<b>Paper – Emergence of Environmental Psychology</b>		
Paper Code:AMJ-03		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30
<b>Unit- 1:Introduction:</b>		
<ul style="list-style-type: none"> <li>• Definition and subject matter</li> <li>• General orientation of nature and environment</li> <li>• Methods- Survey research, Field studies, and Experimental method</li> </ul>		
<b>Unit- 3: Theoretical Approach:</b>		
<ul style="list-style-type: none"> <li>• Environmental behavior theories</li> <li>• Environmental load theory</li> <li>• Behavioural constrain theory</li> <li>• Barker's Ecological theory</li> <li>• Environmental Stress theory</li> </ul>		
<b>Unit- 4: Social issues in environmental psychology</b>		
<ul style="list-style-type: none"> <li>• Crowding; Nature of crowding</li> <li>• Theories of crowding</li> <li>• Effect of Crowding on human behaviour</li> </ul>		
<b>Unit-5: Pollution:</b>		




- Nature and types-Noise Pollution, Air Pollution, Water Pollution
- Factors associated to the pollution
- Psychological and Physical consequences of pollution

**BOOKS RECOMMENDED:**

1. Bann, A., Singer, J. and Valin, S. (1978). *Advances in Environmental Psychology*. New York: Eribaum.
2. Ittelson, W. H. et al. (1974). *An Introduction to Environmental Psychology*. New York: Rinehart and Winston.
3. Jain, Udai (1985). *The Psychological Consequences of Crowding*. New York: Sage.
4. Stokols, D. and Altman (1987). *Handbook of Environmental Psychology*. (Eds). New York: Wiley.
5. Stokols, D. (Ed) (1977). *Perspectives on Environment and Behaviour*. New York: Sage.



SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSESEMESTER-VIIMAJOR PAPER-18Practical 5

*Instruction to faculty member sand Question Setter for:*

**End Semester Examination (ESE): Time:3 hours**

*The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.*

*(Note: There is no internal examination in practical paper)*

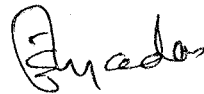
<b>Program/Class: Bachelor's Degree With Hons./Hons. with Research</b>	<b>Year-Forth</b>	<b>Semester-VII</b>
<b>Paper - Practical-5</b>		
<b>Paper Code: AMJ-04/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b><u>MAJOR PAPER-18</u></b> <b><u>Practical- 5</u></b>		
<i>Instruction to faculty members and Question Setter for:</i>		
<b>End Semester Examination (ESE):</b>		<b>Time:3 hours</b>
<i>The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.</i>		
<i>(Note: There is no internal examination in practical paper)</i>		
<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Second</b>	<b>Semester-IV</b>
<b>Paper - Practical-5</b>		
<b>Paper Code: AMJ-04/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b>Group A: Work and Fatigue, and Reaction Time</b>		
1. Effect of Fatigue on Physical Muscular Work		
2. Effect of Fatigue on Mental Work		
3. Simple Reaction Time		
4. Complex Reaction Time		

**Group B: Testing:**

1. Job Satisfaction Scale by Amar Singh and T.R. Sharma
2. Occupational Stress Index by Shrivastava and Singh
3. Noise Sensitivity Scale by Mohar, Bhatia and Sahgal
4. Work Motivation Scale by K.G. Aggarwal

**Reference Books:**

1. Bhargav, M. (2009) Manovigyanik Parikshan Awam Mapan, Bhargav Book House, Agra
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.
4. Sinha, R.R.P. (2001). Manovigyan me prayog, Parikshan aur Snakhiye ki. Patna: Bharti Bhawan.
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan



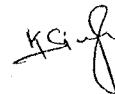
**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VIII**  
**MAJOR PAPER-20**  
**Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks. There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered. (Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks;90<Attd,5marks )

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

<b>Program/Class: Bachelor's Degree Year-Fourth With Hons./Hons. with Research</b>	<b>Semester-VIII</b>
<b>Paper – Statistics in Psychology</b>	
<b>Paper Code: MJ-20</b>	<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>	<b>1 Credit=15 hrs</b>
<b>FM:100</b>	<b>S IE=25, ESE=75</b>
<b>PM:40</b>	<b>SIE=10, ESE=30</b>
<b>Unit- 1:Introduction:</b> <ul style="list-style-type: none"> <li>• Meaning and application of statistics in psychology</li> <li>• Difference between Parametric and Non Parametric statistics</li> <li>• Measurement in psychology-Meaning and level of measurement</li> </ul>	
<b>Unit-2:Central Tendency and Variability :</b> <ul style="list-style-type: none"> <li>• Mean, Mode and Median</li> <li>• Average Deviation</li> <li>• Quartile Deviation</li> <li>• Standard Deviation</li> </ul>	
<b>Unit- 3: Normal Distribution:</b> <ul style="list-style-type: none"> <li>• Normal Probability Curve-Properties and Application</li> <li>• Deviation from Normality-Skewness and its Types, Kurtosis and its Types</li> </ul>	
<b>Unit- 4:Correlation and Measurement of Co-efficient of Correlation:</b> <ul style="list-style-type: none"> <li>• Nature types and utilities of Correlation</li> <li>• Methods of computation of correlation- Pearson's Product Moment Correlation, Bi-serial</li> </ul>	

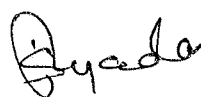



**Correlation Method, Point bi-serial Correlation Method****Unit-5: t-Test, ANOVA and Chi-Square test:**

- t-Test and its application
- ANOVA-Assumptions and applications-Simple and Complex ANOVA
- Chi-Square test-Meaning and Application

**BOOKS RECOMMENDED:**

1. Chadha, N. K. and Sehgal, P. R. L. (1984). Statistical Methods in Psychology. New York: EEP.
2. Freeman F. S. (1976). Theory and Practice of Psychological Testing. New Delhi: Oxford BHPub Co.
3. Garrett, H. E. (1991). Statistics in Psychology and Education. Bombay: Allied Pacific Pvt. Ltd.
4. Guilford, J. P. (1987). Psychometric Methods. New Delhi: Tata McGraw Hill.
5. Kurtz, A. K., and Mayo, M. T. (1979). Statistical Methods in Education and Psychology. New York: Springer-Verlag.
6. Mohsin, S. M. (1992). Fundamental Statistics in Behavioural Science. Patna: Motilal Banarsidas.
7. Sidney, Sigel and Costellan, N. John (1988). Non-parametric Statistics for the Behavioural Sciences. New York: McGraw Hill Book Company.



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VIII**  
**RESEARCH COURSE-I**  
**Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.


There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd, 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree Hons. with Research	Year-Fourth	Semester-VIII
<b>Paper – Research Methods in Psychology</b>		
<b>Paper Code: RC-1</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit- 1: Introduction:</b>		
<ul style="list-style-type: none"> <li>• Meaning of Research and Objectives of Research</li> <li>• Types of Research: Descriptive vs. Analytical Research, Applied vs. Fundamental Research, Quantitative vs. Qualitative Research, Conceptual vs. Empirical Research</li> </ul>		
<b>Unit- 2: Research Process:</b>		
<ul style="list-style-type: none"> <li>• Stages of psychological research</li> <li>• Hypothesis- Meaning, Criteria and Process of formulating hypothesis; Types of hypothesis- Directional - Non directional and Null hypothesis</li> <li>• Ethical issues in research</li> <li>• APA format of Reporting research and Referencing style</li> </ul>		
<b>Unit- 3: Research design:</b>		
<ul style="list-style-type: none"> <li>• Meaning and Purpose</li> <li>• Types of research design; Experimental and Non-Experimental research design; Advantages and disadvantages of experimental designs</li> </ul>		

- Variable-Meaning and types; Techniques of controlling extraneous variables-elimination, constancy, balancing, counterbalancing, randomization

**Unit-4: Data Collection and Digital Analysis of Data:**

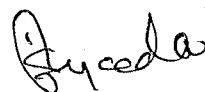
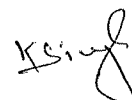
- Primary and Secondary Data
- Sample and Sampling Methods
- Observation Method, Interview Method, Questionnaires, Case Study Method, Historical Method, Survey Method
- Uses of Excel, Uses of SPSS

**Unit -5: Psychological Tests:**

- Steps involved in construction of a Psychological Test
- Standardization of a psychological test-Reliability, Validity and Norms

**BOOKS RECOMMENDED:**

1. Ahuja, R. (2002). Research Methods. Jaipur: Rawat Publication.
2. Brooto, K. D. (1992). Experimental Designs in Behavioral Research. New Delhi: Willey Eastern.
3. Kerlinger, F.M. (1973). Foundations of Behavioral Researches New York: Holt Rinehart and Winston Inc.
4. Mohisn. SM (1985). Research Methods in Behavioral Research. New Delhi: Wiley.
5. Moser, C.A and G. Kalton ( 1971) – Survey Methods in Social Investigation. New York: Heniman Educational Books.
6. Singh Arun Kumar (1997). Tests, Measures and Research Methods in Behavioural Sciences. Patna: Bharti Bhawan. (In Hindi).
7. Suleman, M. (1999). Research Method in Psychology, Sociology and Education. Patna: General Book Agency. (In Hindi).
8. Best and Kahn, Research Methodology, PHI Limited.
9. Kothari, C.R. Research Methodology (Methods and Techniques), New Age Publisher.

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VIII**  
**RESEARCH COURSE-II(RC-2)**  
**DISSERTATION/PROJECT**  
**Credit-8, FM=200**

Students will be allotted to select problems from different fields of psychology. The students will have to work under the supervision of a teacher of the department. They will have to select a problem in consultation with their supervisor. The collected data will have to be analyzed and interpreted in the light of aims and objectives formulated earlier. The students will be required to submit electronically typed two copies of hardbound dissertation before the examination.

**Overall project dissertation may be evaluated under the following heads:**

- Motivation for the choice of topic
- Project dissertation design
- Methodology and Content depth
- Results and Discussion
- Future Scope & References
- Participation in Internship programme with reputed organization
- Application of Research technique in Data collection
- Report Presentation
- Presentation style

**Distribution of marks as follows:**

- Assessment of Project Synopsis : 75 marks
- Assessment of Project Thesis : 100 marks
- Viva-Voce: 25 mark

*Signature*      *KSingh*

ORSYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSESEMESTER-VIII  
ADVANCE MAJOR PAPER-1  
Theory**Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

<b>Program/Class: Bachelor's Degree With Hons.</b>	<b>Year-Fourth</b>	<b>Semester-VIII</b>
<b>Paper -Psychopathology</b>		
<b>Paper Code: AMJ-01</b>	<b>Core Compulsory</b>	
<b>Credit: 4 (60 hours)</b>	<b>1 Credit=15 hrs</b>	
<b>FM:100</b>	<b>SIE=25, ESE=75</b>	
<b>PM:40</b>	<b>SIE=10, ESE=30</b>	
<b>Unit- 1:Introduction:</b> <ul style="list-style-type: none"> <li>• Meaning and Nature</li> <li>• Difference between Normal and Abnormal Behaviour</li> <li>• Meaning and Criteria of Abnormal Behaviour</li> <li>• Classification of Mental Disorders-DSM- IV TR and DSM-5, ICD</li> </ul> <b>Unit- 2: Models of abnormal behavior:</b> <ul style="list-style-type: none"> <li>• Psychodynamic Model;</li> <li>• Humanistic Model;</li> <li>• Biological Model;</li> <li>• Socio-cultural Model</li> <li>• Humanistic-Existential</li> </ul>		

**Unit- 3: Somatic Symptom and Dissociative Disorders:**

- Meaning and nature of Somatic Symptom Disorder
- Somatic Symptom Disorders- Hypochondriasis, Somatization disorder, Pain disorder, Conversion Hysteria
- Dissociative Disorders-Meaning, Nature and Types

**Unit-4: Anxiety and Schizophrenic Disorders:**

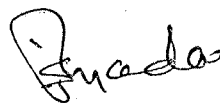
- Nature and Types of Anxiety Disorders
- Phobia; Generalized anxiety disorder; Post-Traumatic disorder; Obsessive-Compulsive disorder – Clinical signs and symptoms, Etiology and Management
- Meaning and Clinical Symptoms of Schizophrenia
- Types, Dimension, Etiology and Treatment of Schizophrenia

**Unit -5: Mood and Personality Disorders:**

- Meaning and Types of Mood Disorders
- Major Depressive Disorders and Bi-polar Disorders-Symptoms, Etiology and Treatment
- Meaning, Nature and Clinical Picture of Personality Disorders
- Causal Factors, Treatment and Outcomes of Personality Disorders

**BOOKS RECOMMENDED:**

1. Oltman TF and Emery RE (1995) Abnormal psychology. New Delhi: Prentice Hall of India Pvt. Ltd.
2. Kisker, G.W (1985). Disorganized personality. New Delhi: Mc Graw Hill.
3. Adams. HE and Sutkar, P.B (1984) Comprehensive Hand Book of Psychopathology
4. Gmer, R.J (1998). Fundamentals of Abnormal Psychology. New York: WH Frenchman and Co
5. Singh A.K. (2022). Adhunik Manovikrity Vigyan. Patna Motilal: Banarsidas
6. Q.G. Alam and Srivastava, A. (2012). Apsamanya Manovigyan. Azamgarh: Motilal Banarsidas
7. Sinha, R.R.P. and Mishra, B.K. (2006) Asamanya Mnovigyan: Bharti Bhavan (Publishers & Distributers)
8. Singh, R.N. Anjuman, N, and Bharadwaj, S.S. (2013) Manovikrity Manovigyan ke Adhar: Aggarwal Publication, Agra




**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER-VIII**  
**ADVANCE MAJOR PAPER-2**  
**Theory****Instruction to faculty members and Question Setter for:****Semester Internal Examination (SIE):****Time:1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

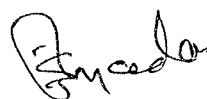
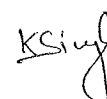
There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Bachelor's Degree With Hons.	Year-Fourth	Semester-VIII
<b>Paper - Counselling Psychology</b>		
<b>Paper Code:AMJ-02</b>		<b>Core Compulsory</b>
<b>Credit: 4 (60 hours)</b>		<b>1 Credit=15 hrs</b>
<b>FM:100</b>		<b>SIE=25, ESE=75</b>
<b>PM:40</b>		<b>SIE=10, ESE=30</b>
<b>Unit- 1:Counselling:</b>		
<ul style="list-style-type: none"> <li>• Definition, scope and goals of counselling</li> <li>• Counselling process; Counselling skills</li> <li>• Historical development; Current status; Counselling as a help in different professions</li> </ul>		
<b>Unit- 2:Techniques of counselling:</b>		
<ul style="list-style-type: none"> <li>• Theory, methods, advantages and limitations of counselling</li> <li>• Psychodynamic approach-Freud, Jung, Adler; Neo- Freudians-Eric Erikson, Karen Horney; Humanistic Approach-Abraham Maslow; Phenomenological Approach- Carl Rogers</li> </ul>		
<b>Unit- 3:Counselling Applications:</b>		
<ul style="list-style-type: none"> <li>• Child and adolescents counselling</li> <li>• Family counselling</li> <li>• Career counselling</li> <li>• Substance abuse counselling</li> <li>• Counselling for elderly</li> <li>• Crisis intervention counselling</li> </ul>		
<b>Unit-4:Ethical issues of Counselling:</b>		

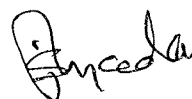
- Legal consideration in Counselling
- Ethical consideration in Counselling

**Unit -5: Indian Approach to Counselling:**

- Yoga
- Meditation

**BOOKS RECOMMENDED:**

1. Alam, Shah (2009). The Theory and Practice of Counselling. New Delhi: Global Vision Private Ltd.
2. Belkin, G.S. (1988). Introduction to Counselling. W. G.: Brown Publishers.
3. Ben, Ard, Jr. (Ed) (1977). Counselling and Psychotherapy: Classics on Theories and Issues. 4. New York: Science and Behaviour Books Co.
4. Brammer, L. M. and Shostrom, B. L. (1977). Therapeutic Psychology: Fundamental of Counseling Psychology (3<sup>rd</sup> Ed). Englewood Cliffs: Prentice Hall.
5. Modden, G. R. (1988). Legal Issues in Social Work: Counselling and Mental health. Thousand Oaks: Sage Publication.
6. Nelson, J (1982). The Theory and Practice of Counselling Psychology. New York: Holt, Rinehart and Winston.
7. Udupa, K. N. (1985). Stress and its Management by Yoga. Delhi: Motilal Banarsi Das.
8. Windy, D. (1985). Counselling in Action. New York: Sage Publication.
9. Yalom, I. D. (1980). Existential psychotherapy. New York: Basic Books.



**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-VIII**  
**ADVANCE MAJOR PAPER3**  
**Practical-6**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

**Time:3 hours**

The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note:There is no internal examination in practical paper)

<b>Program/Class: Bachelor's Degree With Hons.</b>	<b>Year-Fourth</b>	<b>Semester-VIII</b>
<b>Paper – Practical-6</b>		
<b>Paper Code:AMJ-03/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b><u>MAJOR PAPER-04</u></b> <b><u>Practical 6</u></b>		
<i>Instruction to faculty members and Question Setter for:</i>		
<b>End Semester Examination (ESE): Time:3 hours</b>		
The Question for- semester exam Practical Exam will be of equal to 100 Marks and will be of 3 hours duration. Distribution of marks in end semester exam will be as –Experiment 1-30, Testing 1-30, Viva-Voce-20 and N.B-20. Four Questions will be set – Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.		
(Note:There is no internal examination in practical paper)		
<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Fourth</b>	<b>Semester-VIII</b>
<b>Paper - Practical</b>		
<b>Paper Code:AMJ-06/P</b>		<b>Core Compulsory</b>
<b>Credit: 4(120 hours)</b>		<b>1 Credit=30 hrs</b>
<b>FM:100</b>		<b>PM:40</b>
<b>Group A: Psychophysics and Perception</b>		
1. Verification of Weber's Law for lifted weights and visual lengths by using the:- (i) Methods of limit (ii) Constant stimuli method.		
2. Verification of Weber's Law for lifted weights and visual lengths by using the:- - (i) Methods of limit (ii) Constant stimuli method.		

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<p>3. Perception of time: Filled and unfilled 4. Perception of time: Short and long interval</p> <p><b>Group B: Testing:</b></p> <p>1. Personal Adjustment Inventory by C.G. Deshpanday 2. Marital Adjustment Questionnaire by P.Kumar 3. Academic Anxiety Scale for Children by A.K. Singh 4. Anxiety, Depression and Stress Scale by Pallavi Bhatnagar et.al</p>	
<b>Reference Books:</b>	
1. Bhargav, M. (2009) Manovigyanik Parikshan Awam Mapan, Bhargav Book House, Agra	
2. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas	
3. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.	
4. Sinha, R.R.P. (2001). Manovigyanic Prayog, Parikhan aur Snakhiyeki. Patna: Bharti Bhawan	
5. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan	

*Bhargava Singh*

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER -I**  
**MINOR PAPER-1A**  
**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE): Time:**

**1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd. 5 marks).

**End Semester Examination (ESE):**

**Time: 3 hours**

The End Semester Exam will be of 60 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

<b>Program/Class: Undergraduate</b>	<b>Year-First</b>	<b>Semester-I</b>
<b>Certificate</b>		
<b>Paper Code: MN 1A</b>	<b>Paper : Introduction to Psychology</b>	<b>Discipline/Inter Disciplinary Minor</b>
<b>Credit: 3 (45 hours)</b>		<b>1 Credit= 15 hours</b>
<b>FM: 75</b>		<b>SIE=15, ESE=60</b>
<b>PM: 30</b>		<b>SIE=06, ESE=24</b>
<b>Course Outcomes:</b> After the completion of course, the students will have ability to: 1. Understanding what Psychology is all about. 2. Understand the scope and the field of Psychology. 3. Developing familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, perception, thinking, emotion, sensation, attention including sensory process.		
<b>Unit 1: Introduction:</b> <ul style="list-style-type: none"><li>• Definition, nature and subject matter of Psychology;</li><li>• Branches of psychology- Cognitive, Abnormal, Social, Developmental, Clinical, Educational</li><li>• Methods of psychology- Observation, Experimental and Interview Methods</li></ul>		
<b>Unit 2: Sensory and Perceptual Processes:</b> <ul style="list-style-type: none"><li>• Structure and Functions of Eye</li><li>• Structure and Functions of Ear</li></ul>		

- Perceptual-Concept and Process
- Views on Perception: Gestalt and Behaviouristic

**Unit 3: Sensation and Attention:**

- **Sensation:** Definition and Characteristics
- **Attention:** Meaning and phenomena (span of attention, division of attention, fluctuation and distraction),
- Determinants: objective and subjective

**Unit 4: Learning:**

- Definition and Nature
- Methods of learning
- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning,

**Unit 5: Memory:**

- Meaning and Nature of memory
- Types of memory- Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- **Forgetting:**
- Concept, Nature and Causes

**BOOKS RECOMMENDED:**

1. Sing, A. K (2012). Adhunik Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
2. Suleman, Md. (2012) : Adhunik Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
3. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
4. Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup> Edition, ISBN-13-9781259003059/ISBN-10-1259003051
5. Morgan C.T., King R.A, Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGraw Hill Education Pvt. New Delhi.
6. Mangal S.K (2000) General Psychology, New Delhi: Sterling Publishers Pvt. Ltd.
7. Shashi Jain (Latest edition) Introduction to Psychology. New Delhi: Kalyani Publishers.

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER -I**  
**MINOR PAPER-1A**  
**Practical**

***Instruction to faculty members and Question Setter for:***

***End Semester Examination (ESE): Time:3 hours***

***The Question for-semester exam Practical Exam will be of equal to 25 Marks Distribution of marks in end semester exam will be as - experiment-15 Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.***

***(Note: There is no internal examination in practical paper)***

<b>Program/Class: Undergraduate Certificate</b>	<b>Year-Second</b>	<b>Semester-III</b>
<b>Paper - Practical I</b>		
<b>Paper Code: MN 1A/P</b>		<b>Discipline/Inter Disciplinary Minor</b>
<b>Credit: 1</b>		<b>1 Credit=30 hrs</b>
<b>FM:25</b>		<b>PM:10</b>
<b>Experiments:</b>  1.Simple Method in Verbal learning 2. Serial Method in Verbal learning 3. Paired Associate Method in Verbal learning 4. Whole vs Part Method in Verbal learning		
<b>Reference Books:</b>		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: Motilal Banarsidas		
2. Sulaiman, M. (1996). Manovigyanik Prayog Aur Parikshan. Patna: Motilal Banarsidas.		
3. Sinha, R.R.P (2001). Manovigyan me prayog, Parikhan aur Spakhiyeki. Patna: Bharti Bhawan		
4. Singh, A.K. (2011). Uchchar Manovigyanik Prayog aur Parikshan. Patna: Bharti Bhawan		

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER-III**  
**MINOR PAPER-1B**

**Theory**

**Instruction to faculty members and Question Setter for:**

**Semester Internal Examination (SIE):**

**Time: 1 hour**

The Semester Internal Examination shall have two components. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

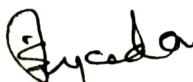
(Attendance Upto 75%, 1 mark; 75 < Attd. < 80, 2 marks; 80 < Attd. < 85, 3 marks; 85 < Attd. < 90, 4 marks; 90 < Attd., 5 marks).

**End Semester Examination (ESE): 60**

**Time: 3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

<b>Program/Class: Undergraduate</b>	<b>Year-Second</b>	<b>Semester-III</b>
<b>Diploma</b>		
<b>Paper – Community Psychology</b>		
<b>Paper Code: MN-1B</b>	<b>Disciplinary/Interdisciplinary Minor</b>	
<b>Credit: 3 (45 hours)</b>	<b>1 Credit=15 hrs</b>	
<b>FM: 75</b>	<b>SIE=15, ESE=60</b>	
<b>PM: 30</b>	<b>SIE=06, ESE=24</b>	
<b>Course Outcomes:</b> This course provides: <ol style="list-style-type: none"><li>1. knowledge about how community issues can impact the health and wellness of individuals.</li><li>2. knowledge about the community as a context for the individuals within it, and the relationship of the individual to the community and society.</li><li>3. knowledge to understand the functioning of the community, including the quality of life of the persons within groups, organizations and institutions, communities, and society.</li><li>4. knowledge to work on issues like empowerment, civic participation, building a sense of community, problem prevention, health promotion and individual wellness.</li></ol>		
<b>Unit 1: Introduction:</b> <ul style="list-style-type: none"><li>• Definition of Community Psychology</li><li>• Historical contexts of Community Psychology:</li></ul>		





- Concept, evolution and nature of community mental health.
- Types of community;
- Models of mental health services: mental, social, organizational and ecological.

**Unit 2: Core values:**

- Individual and family wellness; sense of community; respect for human diversity;
- Social justice; empowerment and citizen participation: collaboration and community strength

**Unit 3: Health promotion:**

- Process of community organization for health promotion;
- Community mental health program for child and maternal health, physically challenged and old age in the Indian context

**Unit 4: Intervention:**

- Community mental health intervention and community based rehabilitation; Training of the Para-professional and non-professionals.

**Unit 5: Community mental health in India:**

- Issues and challenges.

**BOOKS RECOMMENDED:**

1. Bloom, B. (1973). Community Mental Health— A critical analysis. New Jersey. General Learning Press.
2. Koch, C.H (1986)(ed.). Community Clinical Psychology. London: Croom Helm.
3. Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press.
4. Rappaport, J. (1977). Community psychology: Values Research and Action. New York: Holt, Rinehart and Wingston.
5. Singh, A.K. (2012). Adhunik Asamnya Manovigyan (Motilal Banarsi Das).
6. Singh, A.K. (2012). Uchta Naidanik Manovigyan (Motilal Banarsi Das).

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER -III**  
**MINOR PAPER-1B**  
**Practical**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE): Time:3 hours**

*The Question for-semester exam Practical Exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing- 15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.*

*(Note:There is no internal examination in practical paper)*

<b>Program/Class: Undergraduate Diploma</b>	<b>Year-Second</b>	<b>Semester-III</b>
<b>Paper - Practical</b>		
<b>Paper Code: MN 1B/P</b>	<b>Discipline/Inter Disciplinary Minor</b>	
<b>Credit: 1</b>	<b>1 Credit=30 hrs</b>	
<b>FM:25</b>	<b>PM:10</b>	
<p><b>Testing:</b></p> <ol style="list-style-type: none"> <li>1.Mohsin's General Intelligence Test</li> <li>2.Eyejenk' s Personality Questionnaire (EPQ-Indian Adaptation)</li> <li>3.Sinha's Manifest Anxiety Scale</li> <li>4. Mental Health Battery by Singh and Gupta</li> </ol>		
<b>Reference Books:</b>		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas		
2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.		
3.Sinha,R.R.P(2001). Manovigyanme prayog, ParikchanaurSnakhiyeki.Patna: BhartiBhawan		
4.Singh,A.K.(2011).UchhtarManovigyanikPrayogaurParikshan.Patna:BhartiBhawan		

**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER -V**  
**MINOR PAPER-1C**  
**Theory**

**Instruction to faculty members and Question Setter for :**

**Semester Internal Examination (SIE):**

The Semester Internal Examination shall have two component. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of question in written examination of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 marks each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance UP to 75%, 1<sup>st</sup> Mark: 75 < Attd. < 80, 2 marks: 80 < Attd. < 85, 3 marks: 85 < Attd. < 90, 4 marks: 90 < Attd, 5 marks ).

**End Semester Examination (ESE): 60**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Bachelor's Degree	Semester-V
<b>Paper- Psychology and Mental Health</b>	
<b>Paper Code: MN 1C</b>	<b>Disciplinary/Interdisciplinary Minor</b>
<b>Credit: 3 (45 hours)</b>	<b>1 Credit = 15 hrs</b>
<b>FM: 75</b>	<b>SIE = 15, ESE = 60</b>
<b>PM: 30</b>	<b>SIE = 06, ESE = 24</b>
<p><b>Course Outcomes:</b> Good mental health is a state of well-being that enables us to cope with daily stressors, perform tasks effectively, realize our professional and personal goals, and contribute to society. This course provides:</p> <ol style="list-style-type: none"> <li>1. knowledge about mental health which includes a number of dimensions: self-esteem, realization of one's potential, the ability to maintain fulfilment, meaningful relationships and psychological well-being.</li> <li>2. knowledge about components of good mental health.</li> <li>3. knowledge about distinction between good mental health and mental illness.</li> <li>4. understanding about factors influencing mental health and psychological well-being of individuals.</li> <li>5. knowledge about the adjustment of human beings to the world and to the each other with a maximum effectiveness and happiness.</li> <li>6. knowledge of methods of interventions for improving mental health.</li> </ol>	
<p><b>Unit I: Introduction:</b></p> <ul style="list-style-type: none"> <li>• Definition and meaning of Mental Health</li> <li>• Indicators of Good Mental Health and Poor Mental health</li> <li>• Common myths related to mental health</li> </ul>	

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- Strategies to improve mental health.

**Unit-II: Mental Health and Illness:**

- Behavioral and psychological correlates of illness
- Approaches to promoting wellness, Some common health beliefs and their implications.
- Models of health –The cognition models, The health belief model, The protection motivation model, Leventhal's self-regulatory model.

**Unit –III: Stress and Management techniques:**

- Definition, types and common signs of stress
- Stress influenced disorders-diabetes, heart disease and peptic ulcer
- Sources of stress across Adolescence and Adulthood: Relationship, peer relationship, academic stress, career-related concerns, substance use.
- Stress Management techniques-Grounding technique and diaphragmatic breathing.

**Unit-IV: Psychological Counseling and Mental Health:**

- Meaning and goals,
- Mental health professionals: Psychiatrist, Psychiatric social worker, Counsellor.
- The effective counselor: personality and self of the counselor.
- Counseling process-general steps.

**Unit-V: Mental Health in India:**

- Issues and challenges

**BOOKS RECOMMENDED:**

- 1.Howitz,A.V. and Scheid,T.L.(1999). Handbook for the study of Mental Health:Social Contaxts, Theories and Systems,Delhi Book Store.
- 2.Mhanty,N, Varadwaj,K. & Mishra, H.C. (2014)Exploration of Human Nature and Strength:Practical in Psychology,Divya Prakashan, Bhubansewar
- 3.Singh, A.K. Uchattar Naidanik Manovigyan.
- 4.Tylor,S.E. (2006). Health Psychology (6<sup>th</sup> Ed.).New York: Tata McGraw Hill
5. United Nation (2014), Mental Health Matters: Social Inclusion of Youth with Mental Health Conditions, Economic and Social Affairs, New York.

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER -V**  
**MINOR PAPER 1C**

**Practical**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

*The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.*

*(Note: There is no internal examination in practical paper)*

<b>Program/Class: Bachelore's Degree</b>	<b>Year- Third</b>	<b>Semester-V</b>
<b>Paper Code:MN P</b>		<b>Discipline/Inter Disciplinary Minor</b>
<b>Credit:1</b>		<b>1 Credit=30 hrs</b>
<b>FM:25</b>		<b>PM:10</b>
<p><b>Testing:</b></p> <ol style="list-style-type: none"> <li>1.Ego strength scale byQ. Hasan (Hindi)</li> <li>2.Noise Sensitivity Scale by Mohar, Bhatia and Sahgal.</li> <li>3.Life Satisfaction Scale by Pramod kumar.</li> <li>4.Occupational Stress Index by Shrivastava and Singh</li> </ol>		
<p><b>Reference Books:</b></p> <ol style="list-style-type: none"> <li>1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas</li> <li>2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.</li> <li>3.Sinha,R.R.P(2001). Manovigyanme prayog. ParikchanaurSnakhiyeki.Patna: BhartiBhawan</li> <li>4.Singh,A.K.(2011).UchchtarManovigyanikPrayogaurParikshan.Patna:BhartiBhawan</li> </ol>		

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**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE**

**SEMESTER -VII**  
**MINOR PAPER-1D**  
**Theory**

***Instruction to faculty members and Question Setter for :***

***Semester Internal Examination (SIE):***

*The Semester Internal Examination shall have two component. (a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.*

*There will be two groups of question in written examination of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 marks each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.*

*(Attendance UP to 75%, 1\*Mark: 75<Attd.<80, 2 marks: 80<Attd.<85, 3 marks: 85<Attd.<90, 4marks: 90<Attd, 5 marks ).*

***End Semester Examination (ESE): 60***

*The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.*

Program/Class: Bachelore's Degree Hons/Hons with Research	Year- Fourth	Semester-VII
<b>Paper- Psychology of Social Issues</b>		
<b>Paper Code:MN 1C</b>	<b>Disciplinary/Interdisciplinary Minor</b>	
<b>Credit:3 (45 hours)</b>	<b>1 Credit =15 hrs</b>	
<b>FM:75</b>	<b>SIE =15,ESE=60</b>	
<b>PM:30</b>	<b>SIE=06,ESE=24</b>	
<p><b>Course Outcomes:</b> Good mental health is a state of well-being that enables us to cope with daily stressors, perform tasks effectively, realize our professional and personal goals, and contribute to society. This course provides:</p> <ol style="list-style-type: none"> <li>1. knowledge about mental health which includes a number of dimensions: self-esteem, realization of one's potential, the ability to maintain fulfilment, meaningful relationships and psychological well-being.</li> <li>2. knowledge about components of good mental health.</li> <li>3. knowledge about distinction between good mental health and mental illness.</li> <li>4. understanding about factors influencing mental health and psychological well-being of individuals.</li> <li>5. knowledge about the adjustment of human beings to the world and to the each other with a maximum effectiveness and happiness.</li> <li>6. knowledge of methods of interventions for improving mental health.</li> </ol> <p><b>Unit 1:Introduction:</b></p> <ul style="list-style-type: none"> <li>• Definition and nature of social psychology</li> <li>• Importance and applications of social psychology</li> <li>• Increasing role of Social Psychology in social problems</li> </ul>		

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**Unit 2: Crime and Criminals::**

- Definition, nature and characteristics of Crime and Criminals
- Psychological, Biological and Socio-cultural explanation of Crime and Criminals
- Preventive measures of Crime

**Unit 3: Social Inequity and social Injustice:**

- The concept of social justice and injustice
- Reactions to injustice; Social interventions to remove injustice

**Unit 4::Social issue and Anti-Social Behaviour:**

- Concepts of Poverty and Deprivation
- Psychological analysis of deprivation and poverty Social deprivation and poverty
- Child labour; Child abuse Corruption; Bribery and other forms of anti-social behaviour

**Unit 5: Domestic Violence:**

- Nature and categories of violence–Violence in families and marriage; Atrocities against women; Sex- determination
- Dowry-deaths- causes and remedies
- Physiological correlates of Emotion
- Measurement of Emotion – Galvanic Skin Response(GSR)

**BOOKS RECOMMENDED:**

1. Singh, AK. (2013). SamajManovigyankiRuprekha. Patna:MotilalBanarsidas.
2. Suleman, Md(2012).ManovigyanaurSamajikSamasyaye. Patna: MotilaBanarsidas.
3. Prasad, Navratan(2009). SamajikSamasyaye. Patna: MotilalBanarsidas.
4. Baron ,RandByrne(2010).Social Psychology.NewDelhi: Pearson Education.
5. K, Renu(2010). ApradhsashtraaurSamajikSamasyaye. New Delhi: Atlantic Publication.
- 6.Pandey,G(2010). SamajManovigyan. New Delhi:Atlantic Publication.
- 7.Baron ,RandByrne(2010).Social Psychology.NewDelhi: Pearson Education.
- 8.Becker, Howard(2004). Social problem: A modern approach. New York: JohnWilley




**SYLLABUS OF PSYCHOLOGY DISCIPLINE SPECIFIC COURSE****SEMESTER -VII**  
**MINOR PAPER 1D**  
**Practical**

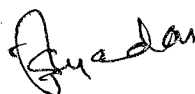
*Instruction to faculty members and Question Setter for :*

**End Semester Examination (ESE):**

*The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.*

*(Note: There is no internal examination in practical paper)*

<b>Program/Class: Bachelo's Degree Hons/Hons with Research</b>	<b>Year- Fourth</b>	<b>Semester-VII</b>
<b>Paper Code:MN P</b>	<b>Discipline/Inter Disciplinary Minor</b>	
<b>Credit:1</b>	<b>1 Credit=30 hrs</b>	
<b>FM:25</b>	<b>PM:10</b>	
<p><b>Testing:</b></p> <ol style="list-style-type: none"> <li>1.Agression Scale by Mathur and Bhatnagar</li> <li>2.Prejudice Scale by Sharma and Bharadwaj</li> <li>3. Mohsin's Bel I Adjustment Inventory.</li> <li>4.Social distance Scale by Dewedi, Bhatnagar and Asthana</li> </ol>		
<b>Reference Books:</b>		
1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas		
2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.		
3.Sinha,R.R.P(2001). Manovigyanme prayog, ParikchanaurSnakhiyeki.Patna: BhartiBhawan		
4.Singh,A.K.(2011).UchcharManovigyanikPrayogaurParikshan.Patna:BhartiBhawan		

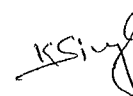


**SEMESTER-I/II/III****Multidisciplinary Course in Psychology**  
**Theory***Instruction to faculty members and Question Setter for:***End Semester Examination (ESE):****Time:3 hours**

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

*(Note: There is no internal examination)*

<b>Program/Class: Undergraduate</b>	<b>Year-First/Second</b>	<b>Semester-I/II/III</b>
<b>Certificate/ Diploma</b>		
<b>Paper –Introduction to General Psychology</b>		
<b>Paper Code: MDC/PSY</b>	<b>Multidisciplinary Course</b>	
<b>Credit: 3</b>	<b>1 Credit=15 hrs</b>	
<b>FM:75</b>	<b>PM:30</b>	
<p><b>Course Outcomes:</b> After the completion of course:</p> <ol style="list-style-type: none"> <li>1. The students will have ability to understand what Psychology is all about.</li> <li>2. The students will understand the scope and the field of Psychology.</li> <li>3. Develop familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, and perception, forgetting and human sensory process.</li> </ol> <p><b>Unit 1:Introduction:</b></p> <ul style="list-style-type: none"> <li>• Definition and Goals of psychology;</li> <li>• Methods of Psychology- Observation, Experimental, and Interview method</li> </ul> <p><b>Unit 2:Sensory and Perceptual Processes:</b></p> <ul style="list-style-type: none"> <li>• Structure and function of eye and ear;</li> <li>• Perception: Concept and process, Views on perception: Behavioristic and Gestalt, Perceptual organization,</li> </ul> <p><b>Unit 2:Learning:</b></p> <ul style="list-style-type: none"> <li>• Nature and Definitions of Learning;</li> <li>• Role of Motivation in Learning;</li> <li>• Theories of Learning- Thorndike's Trial and Error theory, Kohler &amp; Kafka's Insight theory, Pavlov's Conditioning theory</li> </ul> <p><b>Unit 4(A) Memory:</b></p> <ul style="list-style-type: none"> <li>• Nature and Definitions of Memory;</li> </ul>		

- Process of Memory;
- Types of memory

**(B) Forgetting:**

- Nature and Definitions of Forgetting;
- Causes of Forgetting

**BOOK RECOMMENDED**

1. Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
2. Rahman, A. (1998): Samanya Manovigyan Vishayaur Viyakhya: Motilal Banarasidas.
3. Suleiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.
4. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
5. Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.
6. Robert Feldman (2011) Essentials of Understanding Psychology 10<sup>th</sup> Edition, ISBN-13-9781259003059/ISBN-10-1259003051
7. Morgan C.T., King R.A., Weiss J. Rad Schopler, J. (2012). (latest edition). Introduction to Psychology. TATA McGraw Hill Education Pvt. New Delhi.
8. Mangal S.K (2000) General Psychology, New Delhi: Sterling Publisher s Pvt. Ltd.

# FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

## Question format for 10 Marks:

F.M.=10	Subject/Code Time=1Hr.	Exam Year
<b>General Instructions:</b>		
i. Group A carries very short answer type compulsory question.		
ii. Answer 1 out of 2 subjective/descriptive questions given in Group B.		
iii. Answer in your own words as far as practicable.		
iv. Answer all sub parts of a question at one place.		
v. Numbers in right indicate full marks of the question.		
<b><u>Group A</u></b>		
1.		[5x1=5]
	i. ....	
	ii. ....	
	iii. ....	
	iv. ....	
	v. ....	
<b><u>Group B</u></b>		
2	.....	[5]
3	.....	[5]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

**FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION**



**Binod Bihari Mahato Koylanchal University, Dhanbad**

**Question format for 20 Marks:**

F.M.=20	Subject/Code Time=1Hr.	Exam Year
<b>General Instruction :</b>		
i. Group A carries very short answer type compulsory question. ii. Answer 1 out of 2 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b><u>Group A</u></b>		
1.	i. .... ii. .... iii. .... iv. .... v. ....	[5x1=5]
2.	.....	[5]
<b><u>Group B</u></b>		
3	.....	[10]
4	.....	[10]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 50 Marks:

F.M.=50	Subject/Code Time=3Hrs.	Exam Year
<b>General Instructiong:</b>		
i. Group A carries very short answer type compulsory question. ii. Answer 3 out of 5 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1. .... i. .... ii. .... iii. .... iv. .... v. ....		[5x1=5]
<b>Group B</b>		
2. ....		[15]
3. ....		[15]
4. ....		[15]
5. ....		[15]
6. ....		[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

**FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION**



**Binod Bihari Mahato Koylanchal University, Dhanbad**

**Question format for 60 Marks:**

F.M.=60	Subject/Code Time=3Hrs.	Exam Year
<b>General Instructions:</b>		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
	<u>Group A</u>	
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
2.	.....	[5]
3.	.....	[5]
	<u>Group B</u>	
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
7.	.....	[15]
8.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

**FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION**



**Binod Bihari Mahato Koylanchal University, Dhanbad**

Question format for 75 Marks:

F.M.=75	Subject/Code Time=3Hrs.	Exam Year
<b>General Instructions:</b>		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
1.	<ul style="list-style-type: none"> <li>i. ....</li> <li>ii. ....</li> <li>iii. ....</li> <li>iv. ....</li> <li>v. ....</li> </ul>	[5x1=5]
2.	.....	[5]
3.	.....	[5]
<b>Group B</b>		
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
7.	.....	[15]
8.	.....	[15]
9.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 100 Marks:

F.M.=100	Subject/Code Time=3Hrs.	Exam Year
<b>General Instruction:3:</b>		
i. Group A carries very short answer type compulsory question. ii. Answer 4 out of 6 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.	i. .... vi. .... ii. .... vii. .... iii. .... viii. .... iv. .... ix. .... v. .... x. ....	[10x1=10]
2.	.....	[5]
3.	.....	[5]
<b>Group B</b>		
4.	.....	[20]
5.	.....	[20]
6.	.....	[20]
7.	.....	[20]
8.	.....	[20]
9.	.....	[20]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

# **BINOD BIHARI MAHTO KOYALANCHA UNIVERSITY, DHANBAD(JHARKHAND)**



**FOUR YEARS UNDERGRADUATE PROGRAM (FYUGP)**

**SYLLABUS: DISCIPLNE SPECIFIC MINOR- 2  
(FROM VOCATIONAL/DISCIPLINE)  
IN PSYCHOLOGY**

**AS PER NEP-2020**

**FYUGP\_NEP 2020 (From Session 2022-2023 onwards)**

**SYLLABUS MINOR-2 PSYCHOLOGY(FROM VOCATIONAL/DISCIPLINE), BBM KU, DHANBAD, JHARKHAND**

Jharkhand, NEP Regulations for FYUGP, 2022 onwards  
**Table I: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 160]**

Level of Courses	Semester	MJ; Discipline Specific Courses – Core or Major (80)	MN; Minor from discipline (16)	MN; Minor from vocational (16)	MDC; Multidisciplinary Courses [Life sciences, Physical Sciences, Mathematical and Computer Sciences, Data Analysis, Social Sciences, Humanities, etc.] (9)	AEC; Ability Enhancement Courses (Modern Indian Language and English) (8)	SEC; Skill Enhancement Courses (9)	VAC; Value Added Courses (6)	IAP; Internship/ Dissertation (4)	RC; Research Courses (12)	AMJ; Advanced Courses in lieu of Research (12)	Credits	Double Major (DMJ)		
100-199: Foundation or Introductory courses	2	3	4	5	6	7	8	9	10	11	12	13	14		
	1	4	4		3	2	3	4				20	4+4		
	II	4+4		4	3	2	3					20	4+4		
	<b>Exit Point: Undergraduate Certificate provided with Summer Internship/ Project (4 credits)</b>														
	200-299: Intermediate-level courses	III	4+4	4		3	2	3					20	4+4	
		IV	4+4+4		4		2		2				20	4+4	
		<b>Exit Point: Undergraduate Diploma provided with Summer Internship in 1<sup>st</sup> or 2<sup>nd</sup> year/ Project (4 credits)</b>													
		V	4+4+4.	4						4				20	4+4
	300-399: Higher-level courses	VI	4+4+4+4		4								20	4+4	
		<b>Exit Point: Bachelor's Degree</b>													
	400-499: Advanced courses	VII	4+4+4+4	4									20	4+4	
		VIII	4		4						12	4+4+4	20	4+4	
		<b>Exit Point: Bachelor's Degree with Hons./Hons. with Research</b>													
													160	224	

Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

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**SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE  
/RESEARCH PROGRAMME**

**Table-1: Semester wise Course Code and Credit Points for Practical  
Subjects:**

Semester	Common, Introductory, Major, Minor, Vocational/Discipline Specific Vocational & Internship Courses		Credit
	Code	Paper	
I	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
II	MJ	Major-2 (Discipline Specific Course)	4
	MJ	Major-3 (Discipline Specific Course)	4
	MN	Minor-2A (From Vocational/Discipline)	4
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
III	MJ	Major-4 (Discipline Specific Course)	4
	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
IV	MJ	Major-6 (Discipline Specific Course)	4
	MJ	Major-7(Discipline Specific Course)	4
	MJ	Major-8 (Discipline Specific Course)	4

	<b>MN</b>	Minor-2B (From Vocational/Discipline)	<b>4</b>
	<b>AEC</b>	Ability Enhancement Course	<b>2</b>
	<b>VAC</b>	Value Added Course	<b>2</b>
<b>V</b>	<b>MJ</b>	Major-9 (Discipline Specific Course)	<b>4</b>
	<b>MJ</b>	Major-10 (Discipline Specific Course)	<b>4</b>
	<b>MJ</b>	Major-11 (Discipline Specific Course)	<b>4</b>
	<b>MN</b>	Minor-1C(From Discipline)	<b>4 (3+1)</b>
	<b>IAP</b>	Internship/Dissertation	<b>4</b>
<b>VI</b>	<b>MJ</b>	Major-12 (Discipline Specific Course)	<b>4</b>
	<b>MJ</b>	Major-13 (Discipline Specific Course)	<b>4</b>
	<b>MJ</b>	Major-14 (Discipline Specific Course)	<b>4</b>
	<b>MJ</b>	Major- 15 (Discipline Specific Course)	<b>4</b>
	<b>MN</b>	Minor-2C (From Vocation/Discipline)	<b>4</b>
<b>VII</b>	<b>AMJ</b>	Advance Major-01 (Discipline Specific Course)	<b>4</b>
	<b>AMJ</b>	Advance Major- 02 (Discipline Specific Course)	<b>4</b>
	<b>AMJ</b>	Advance Major-03 (Discipline Specific Course)	<b>4</b>
	<b>AMJ</b>	Advance Major- 04 (Discipline Specific Course)	<b>4</b>
	<b>MN</b>	Advance Minor- 05 (From Discipline)	<b>4 (3+1)</b>
<b>VIII</b>	<b>AMJ</b>	Advance Major-XX (Discipline Specific Course)	<b>4</b>
	<b>MN</b>	Minor-2D (From Vocational/Discipline)	<b>4</b>
	<b>RC</b>	Research Courses(Dissertation)	<b>12</b>
		<b>Total Credit</b>	<b>160</b>

**Abbreviations:****MJ- Major Disciplinary/Interdisciplinary Courses****VAC- Value Added Course****MN- Minor Disciplinary/Interdisciplinary Courses****IAP- Internship****AMJ- Advance Major Disciplinary/Interdisciplinary Courses****RC- Research Course****MDC Multidisciplinary Course  
Course****SEC- Skill Enhancement****AEC-Ability Enhancement Course****SYLLABUS MINOR-2 PSYCHOLOGY(FROM VOCATIONAL/DISCIPLINE), BBM KU, DHANBAD, JHARKHAND**

**Table-2: Title of the Papers of Minor- 2 (From Vocational/Discipline)****Courses in Psychology**

Semester	Paper Code	Title of the Paper	Theory/Practical	Credits
II	MN-2A	Counselling Skills	Theory+Practical	4
IV	MN-2B	Psychology of Health and Wellbeing	Theory+Practical	4
VI	MN-2C	Youth, Gender and Identity	Theory+Practical	4
VIII	MN2-D	Psychology at Work	Theory+Practical	4

**Table-3: Distribution of Marks for Minor Papers-2(From Vocational /Discipline) Courses in Psychology:**

S.No.	Semester	Paper	Credit	Full Marks		Pass Marks	
				Theory (End Semester)	Practical/(Testing (End Semester)	Theory(End Semester)	Practical
1.	II	MN-2A	4	75	25	30	10
2.	IV	MN-2B	4	75	25	30	10
3.	VI	MN-2C	4	75	25	30	10
4.	VIII	MN-2D		75	25	30	10

## Semester-II

### MINOR PAPER-2A Psychology (Vocational/ Discipline Specific) Theory

*Instruction to faculty members and Question Setter for:*

*End Semester Examination (ESE):*

*The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.*

*Note: There is no Internal Examination in Theory Paper.*

<b>Program/Class: Undergraduate Certificate</b>	<b>Semester-II</b>	
<b>Title of the Paper- Counselling Skills</b>		
<b>Paper Code:MN-2A</b>	<b>Disciplinary/Interdisciplinary Minor from Vocational/Discipline</b>	
<b>Credit:3 (45 hours)</b>	<b>1 Credit =15 hrs</b>	
<b>FM:75</b>	<b>ESE=75, PM:30</b>	
<b>Learning Outcomes:</b> After successfully completing this course, the students will be able to:		
<ul style="list-style-type: none"> <li>• Having a comprehensive understanding of the profession of counselling, particularly in the Indian context.</li> <li>• Acquiring basic counselling skills of problem identification, and relationship building (e.g. empathy, listening, paraphrasing, unconditional positive regard).</li> <li>• Demonstrating skills of helping clients. Students may choose relaxation, reducing negative/maladaptive self-talk, and also learn skills of terminating the counselling relationship.</li> <li>• Developing qualities of an effective counsellor including increasing self-awareness, reflexivity, self-monitoring and objectivity.</li> <li>• Developing proficiencies to assist professional counsellors during intake interviews.</li> <li>• Helping clients having mild concerns in life; for instance acting as peer counsellors in the college/community.</li> </ul>		
<b>Unit</b>	<b>Topic</b>	<b>Hours</b>
Unit 1:Introduction	Defining counselling, goals of counselling, professional counsellors, basic counselling skills, Understanding counselling process: Development of helping relationship, counselor –counsee relationship, Counseling goal setting process, Ethical considerations in counselling	15

SYLLABUS MINOR-2 PSYCHOLOGY(FROM VOCATIONAL/DISCIPLINE), BBMKU,DHANBAD,JHARKHAND

*K Singh*      *Gayadar*

Unit 2:Basic Approaches to Counselling	Person centered approach, Psychodynamic approach, Behavioural counselling, Cognitive behavioural approach : CBT	10
Unit 3:Specific Counselling Skills	Paraphrasing and reflecting feelings, asking questions, self-disclosing, facilitating problem solving, Inside and outside skills of counselling, Self-monitoring skills as a counsellor, Training clients in relaxation, Improving client's self-talk and self-perceptions, terminating helping	10
Unit 4:Models of Counselling Skills	Nature and importance of counselling skills and working alliance, Rogers model of counselling skills, Carkhuff model of counselling skills, IPR model of counselling training, Indian models of counseling: the role of detachment and self-surrender	10

**Books Recommended:**

- Feltham, C and Horton, I.(2000). Handbook of Counselling and Psychotherapy. London:Sage.
- Gibson, R.L. and Mitchell, M.H. (2003). Introduction to Counselling and Guidance (6<sup>th</sup> Ed). New Delhi: Pearson India.
- Gliadding, S.T.(2009). Counselling: A Comprehensive Profession (6<sup>th</sup> Ed.) New Delhi: Pearson India.
- Misra, G. (Ed) (2010). Psychology in India, (Volume 3). Clinical and Health Psychology, New Delhi: Pearson India.
- Rao, S.(2002). Counselling and Guidance (2<sup>nd</sup> Ed.) New Delhi: McGraw Hill.

**PRACTICAL /TESTING**

***Instruction to faculty members and Question Setter for:***

***End Semester Examination (ESE):***

***The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.***

***(Note: There is no internal examination in practical paper)***

<b>Credit:1</b>	<b>1 Credit=30 hrs</b>
<b>FM:25</b>	<b>PM:10</b>
<b>Testing:</b>	
<ul style="list-style-type: none"> <li>• Emotional Maturity Test</li> <li>• Differential Personality Test</li> <li>• Type A and Type B Personality Test</li> <li>• Joshi,s General Intelligence Test</li> </ul>	

*Handwritten signatures:*

**Recommended Books:**

- Anastasi (1998) Psychological Testing. New York, McMillian
- Singh A. K. (2006). Advanced Psychological Experiments and Testing. Patna: MotilalBanarsidas Publication.
- Suleman, M. (1996). Manovigayan Me Prayog aum Parikashan. Patna: MotilalBanarsidas Publication.

K Singh

S. Yadav

## Semester-IV

### MINOR PAPER-2B Psychology (Vocational /Discipline Specific) Theory

**Instruction to faculty members and Question Setter for:**

**End Semester Examination (ESE):**

*The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.*

**Note: There is no Internal Examination in Theory Paper.**

<b>Program/Class: Undergraduate Diploma</b>	<b>Semester-IV</b>	
<b>Title of the Paper- Psychology of Health and Well-being</b>		
<b>Paper Code:MN-2B</b>	<b>Disciplinary/Interdisciplinary Minor from Vocational/Discipline</b>	
<b>Credit:3 (45 hours)</b>	<b>1 Credit =15 hrs</b>	
<b>FM:75</b>	<b>ESE=75, PM:30</b>	
<p><b>Learning Outcomes:</b> After successfully completing this course, the students will be able to:</p> <ul style="list-style-type: none"> <li>• Understanding the spectrum of health and illness for better health management</li> <li>• Identifying stressors in one's life and how to manage them</li> <li>• Understanding a variety of health enhancing, health protective, and health compromising behaviours and to be able to know their application in illness management.</li> <li>• Developing an understanding of human strengths and virtues, and gain insights into positive aspects of work.</li> </ul>		
<b>Unit</b>	<b>Topic</b>	<b>Hours</b>
Unit 1	Illness, Health and Well being: Continuum and Models of health and illness: Medical, Bio-psychosocial, holistic health; health and well being.	15
Unit 2	Stress and Coping: Nature and sources of stress; Personal and social mediators of stress; Effects of stress on physical and mental health; Coping and stress management	10
Unit 3	Health Management: Health-enhancing behaviors: Exercise, Nutrition,	10

SYLLABUS MINOR-2 PSYCHOLOGY(FROM VOCATIONAL/DISCIPLINE), BBMKU,DHANBAD,JHARKHAND



	meditation, Yoga; Health compromising behaviours (alcoholism, smoking, internet addiction and the like); Health Protective behaviours, Illness Management	
Unit 4	Promoting Human strengths and life enhancement: Classification of human strengths and virtues; cultivating inner strengths: Hope and optimism; gainful Employment and Me/We Balance	10

**Books Recommended:**

- Carr, A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge.
- DiMatteo, M.R. & Martin, L.R. (2002). Health psychology. New Delhi: Pearson.
- Forshaw, M. (2003). Advanced psychology: Health psychology. London: Hodder and Stoughton.
- Hick, J.W. (2005). Fifty signs of Mental Health. A Guide to understanding mental health. Yale University Press.
- Snyder, C.R., & Lopez, S.J. (2007). Positive psychology: The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.
- Taylor, S.E. (2006). Health psychology, 6th Edition. New Delhi: Tata McGraw Hill.

**PRACTICAL / TESTING**

***Instruction to faculty members and Question Setter for:***

***End Semester Examination (ESE):***

***The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.***

***(Note: There is no internal examination in practical paper)***

<b>Credit:1</b>	<b>1 Credit=30 hrs</b>
<b>FM:25</b>	<b>PM:10</b>
<b>Testing:</b>	
<ul style="list-style-type: none"> <li>• Defence mechanism Scale b</li> <li>• Self Concept Scale</li> <li>• Bell's Adjustment Questionnaire</li> <li>• Psychological Well-being Scale</li> </ul>	

*K. Singh* *Fayad*

**Recommended Books:**

- Anastasi (1998) Psychological Testing. New York, McMillian
- .Bhargav, M.(2009) Manovaigyanik Parikshan Awam Mapan, Bhargav Book House, Agra
- Singh A. K. (2006). Advanced Psychological Experiments and Testing. Patna: MotilalBanarsidas Publication.
- Suleman, M. (1996). Manovigayan Me PrayogaumParikashan. Patna: MotilalBanarsidas Publication.

## Semester-VI

### MINOR PAPER-2C Psychology (Vocational/ Discipline Specific)

#### Theory

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

*The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.*

*Note: There is no Internal Examination in Theory Paper.*

<b>Program/Class: Bachelor's Degree</b>	<b>Semester-VI</b>	
<b>Title of the Paper- Youth, Gender and Identity</b>		
<b>Paper Code:MN-2C</b>	<b>Disciplinary/Interdisciplinary Minor from Vocational</b>	
<b>Credit:3 (45 hours)</b>	<b>1 Credit =15 hrs</b>	
<b>FM:75</b>	<b>ESE=75, PM:30</b>	
<p><b>Learning Outcomes:</b> After successfully completing this course, the students will be able to:</p> <ul style="list-style-type: none"> <li>• Understanding the transitory phase of youth, the issues surrounding it and thereby developing sensitivity to the youth of today.</li> <li>• Developing an appreciation of the multiple influences that mould the identity of today's youth.</li> </ul>		
<b>Unit</b>	<b>Topic</b>	<b>Hours</b>
Unit 1: Introduction	Concepts of Youth: Transition to Adulthood, Extended Youth in the Indian context, Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender Role Attitudes, Gender Stereotypes , Concepts of Identity: Multiple identities Unit	15
Unit 2: Youth and Identity	Family: Parent-youth conflict, sibling relationships, intergenerational gap, Peer group identity: Friendships and Romantic relationships, Workplace identity and relationships, Youth culture: Influence of globalization on Youth identity and Identity crisis Unit	10
Unit 3: Gender and Identity	Issues of Sexuality in Youth, Gender discrimination, Culture and Gender: Influence of globalization on Gender identity	10

Unit 4: Issues related to Youth, Gender and Identity	Youth, Gender and violence, Enhancing work-life balance, Changing roles and women empowerment, Encouraging non-gender stereotyped attitudes in youth	10
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**Books Recommended:**

- Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.
- Baron, R.A., Byrne, D. & Bhardwaj, G (2010). Social Psychology (12th Ed). New Delhi: Pearson.

**PRACTICAL /TESTING**

*Instruction to faculty members and Question Setter for:*

**End Semester Examination (ESE):**

*The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.*

*(Note: There is no internal examination in practical paper)*

<b>Credit:1</b>	<b>1 Credit=30 hrs</b>
<b>FM:25</b>	<b>PM:10</b>
<p><b>Testing:</b></p> <ul style="list-style-type: none"> <li>• 16 Personality Factors Test</li> <li>• Allport Vernon Lindzey Scale of values</li> <li>• Interest Test by Raghuraj Pal</li> <li>• Personal Stress Source Inventory, SPSSI by A.K. Singh</li> </ul> <p><b>Recommended Books:</b></p> <ul style="list-style-type: none"> <li>• Anastasi (1998) Psychological Testing. New York, McMillan</li> <li>• Bhargav, M.(2009) Manovaigyanik Parikshan Awam Mapan, Bhargav Book House, Agra</li> <li>• Singh A. K. (2006). Advanced Psychological Experiments and Testing. Patna: Motilal Banarsidas Publication.</li> <li>• Suleman, M. (1996). Manovigayan Me Prayog aum Parikashan. Patna: Motilal Banarsidas Publication, Patna.</li> </ul>	

*K Singh* *P. Yadav*

**Semester-VIII****MINOR PAPER-2D Psychology (Vocational/ Discipline Specific)****Theory**

**Instruction to faculty members and Question Setter for:**

**End Semester Examination (ESE):**

**The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No. 2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.**

**Note: There is no Internal Examination in Theory Paper.**

<b>Program/Class: Bachelor's Degree with Hons/Hons. With Research</b>	<b>Semester-VIII</b>	
<b>Title of the Paper- Psychology At Work</b>		
<b>Paper Code:MN-2D</b>	<b>Disciplinary/Interdisciplinary Minor from Vocational</b>	
<b>Credit:3 (45 hours)</b>	<b>1 Credit =15 hrs</b>	
<b>FM:75</b>	<b>ESE=75, PM:30</b>	
<p><b>Learning Outcomes:</b> After successfully completing this course, the students will be able to:</p> <ul style="list-style-type: none"> <li>• Understanding the meaning and theoretical foundations of Industrial/ Organizational Psychology.</li> <li>• Knowing how to apply knowledge Industrial/ Organizational Psychology to the real work settings.</li> </ul>		
<b>Unit</b>	<b>Topic</b>	<b>Hours</b>
Unit 1: Introduction	Introduction to I/O Psychology: Definition, Brief History, Contemporary Trends and challenges	15
Unit 2: Work Motivation	Work Motivation: Theories and applications: Maslow, Herzberg, Goal Setting, Expectancy, Equity	10
Unit 3: Communication	Communication in Organizations: Communication process, purpose of communication in organizations, barriers to effective communication, managing communication	10
Unit 4: Leadership	Early approaches to leadership, contemporary approaches to leadership. Transformational & Transactional Leadership	10

SYLLABUS MINOR-2 PSYCHOLOGY(FROM VOCATIONAL/DISCIPLINE), BBM KU, DHANBAD, JHARKHAND

K Singh  
S. Yadav

**Books Recommended:**

- Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley
- Robbins, S. P. & Judge, T.A. (2008). Essentials of Organizational Behavior. 9th Edition. New Delhi: Prentice Hall of India
- Suleman, M. and Kumar, D. (2022) Adhunik Audyogic avum Sangathanatmak Manovigyan,

**PRACTICAL/TESTING*****Instruction to faculty members and Question Setter for:******End Semester Examination (ESE):***

*The Question for semester practical exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as –Testing-15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.*

*(Note: There is no internal examination in practical paper)*

**Credit:1****1 Credit=30 hrs****FM:25****PM:10****Testing:**

- Job Satisfaction Scale by Singh and Sharma (1999)
- Job Involvement Scale by Kapoor and Singh (1978)
- Work Motivation Questionnaire by K.G. Agarwal
- Organizational Climate Questionnaire Chudhary and Dhar

**Recommended Books:**

Anastasi (1998) Psychological Testing. New York, McMillian

Singh A. K. (2006). Advanced Psychological Experiments and Testing. Patna: Motilal Banarsidas Publication.

Suleman, M. (1996). Manovigyan Me Prayogaum Parikashan. Patna: Motilal Banarsidas Publication.

K Singh  
 Jyoti

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 75 Marks:

F.M.=75	Subject/Code Time=3Hrs.	Exam Year
<b>General Instructions:</b>		
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
1.	i. .... ii. .... iii. .... iv. .... v. ....	$(1 \times 5 = 5)$ <del>[5]</del>
2.	.....	[5]
3.	.....	[5]
<b><u>Group B</u></b>		
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
7.	.....	[15]
8.	.....	[15]
9.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		